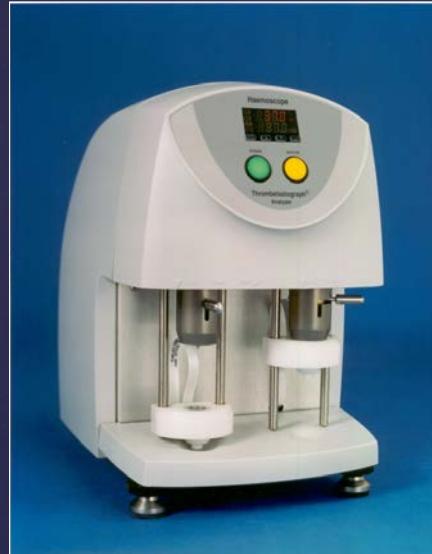


När det blöder- målstyrd transfusionsbehandling



Agneta Wikman docent, överläkare
Klinisk immunologi och transfusionsmedicin
Karolinska Universitetssjukhuset

Blödning

- Trauma: 10-15% blöder, 2,5% blöder massigt *Halmin M et al Crit Care 2013*

	No RBC Transfusions	1–9U RBC Transfusions	≥ 10U RBC Transfusions
Number of subjects (% of total)	5,136 (87.4)	589 (10.0)	152 (2.6)

- Obstetrisk blödning: ca 0,7-1 % får blodtransfusion vid/efter förlossning, ca 0,2% stor blödning ≥ 6 enh. E-konc. (*egna siffror Stockholm*)
- Thorax kirurgi
- Aorta/kärlkirurgi
- Levertransplantation
- Ortopediska operationer
- Cancerkirurgi
- Gastrointestinal blödning

Behandling

Traumapack

4:4:1 (4 enheter erytrocyter ,
4 enheter plasma, 1 enhet trombocyt)
cryoprecipitat

Tranexamsyra

Fibrinogenkoncentrat
rFVIIa (NovoSeven)

Protrombincomplex koncentrat (PCC)

Faktor VIII

Faktor XIII koncentrat (Cluvot)

Antitrombinkoncentrat



Hög ratio plasma/erytrocyter och trombocyter/erytrocyter

The American Journal of Surgery (2009) 197, 565–570

Zink KA et al

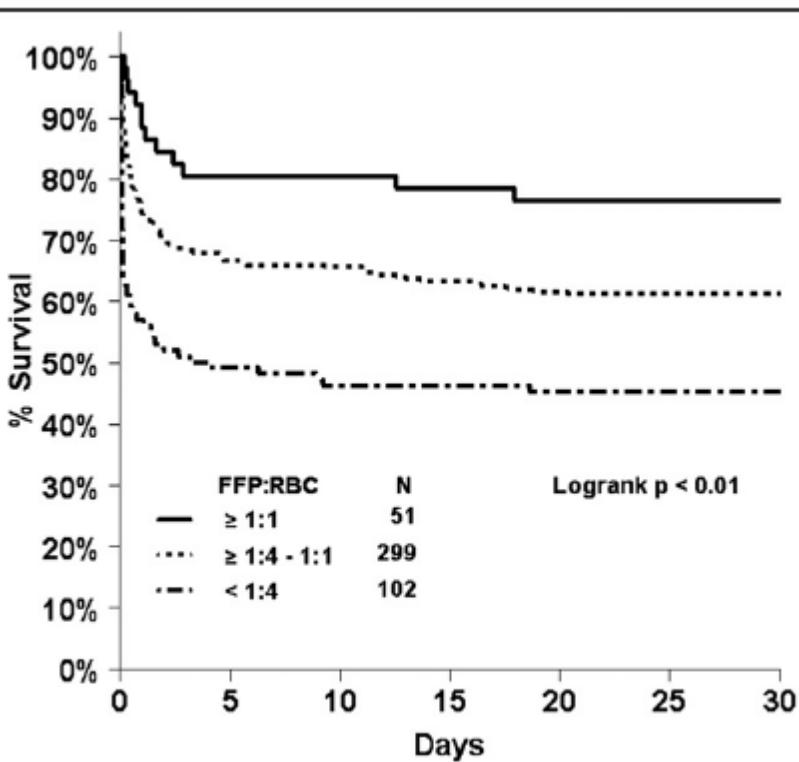


Figure 1 Survival by FFP:red blood cell ratio.

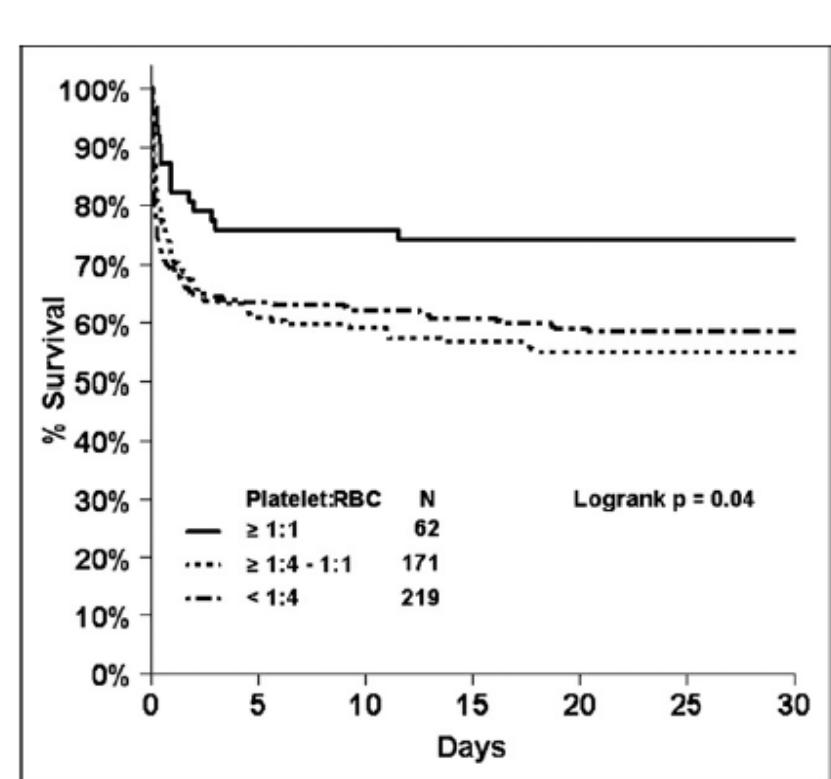
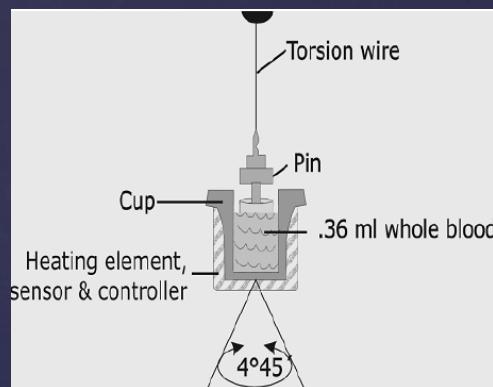


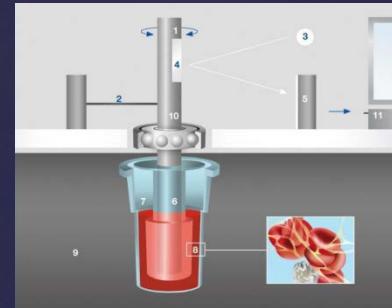
Figure 2 Survival by PLT:red blood cell ratio.

Multicenter, retrospektivt 466 trauma patienter med massiv transfusion

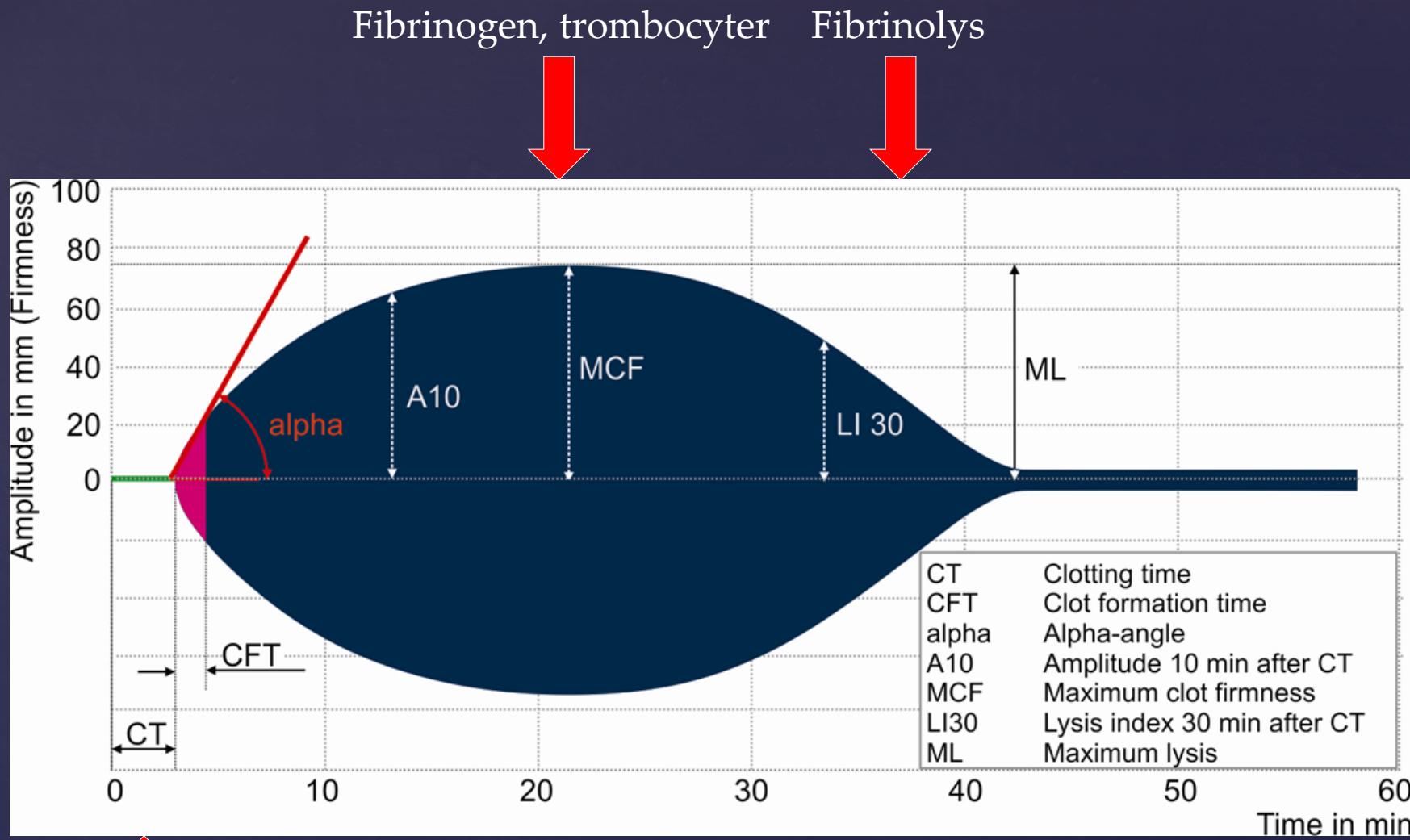


Kaolin aktivering
Funktionellt fibrinogen
Heparinas
Platelet mapping
Rapid TEG

Reagens



Extem
Intem
Fibtem
Heptem
Aptem
Platelets



Koagulations
faktorer

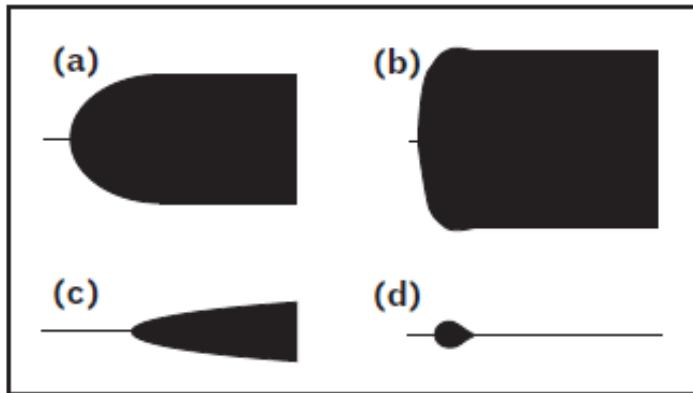


FIGURE 2. Schematic presentation of various VHA tracings:
(a) normal, (b) hypercoagulability, (c) hypocoagulability and
(d) primary hyperfibrinolysis. Source: [20] Scand J Trauma Resusc Emerg Med (previously published).

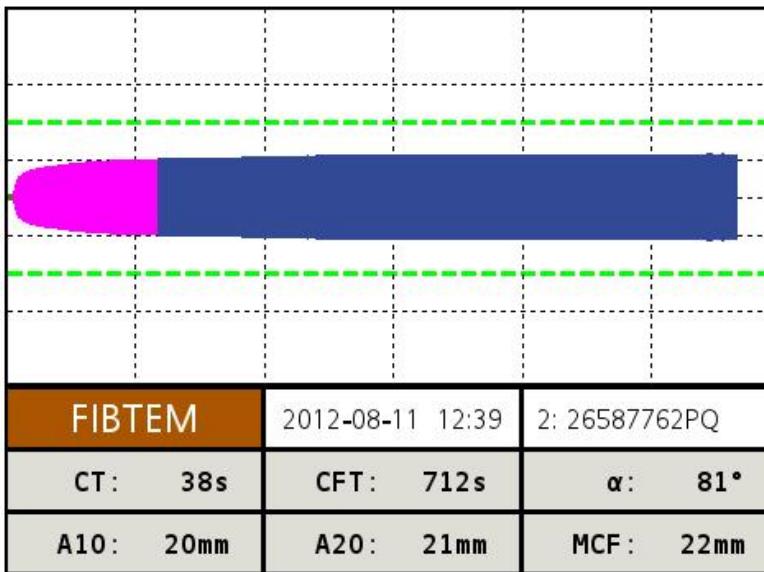
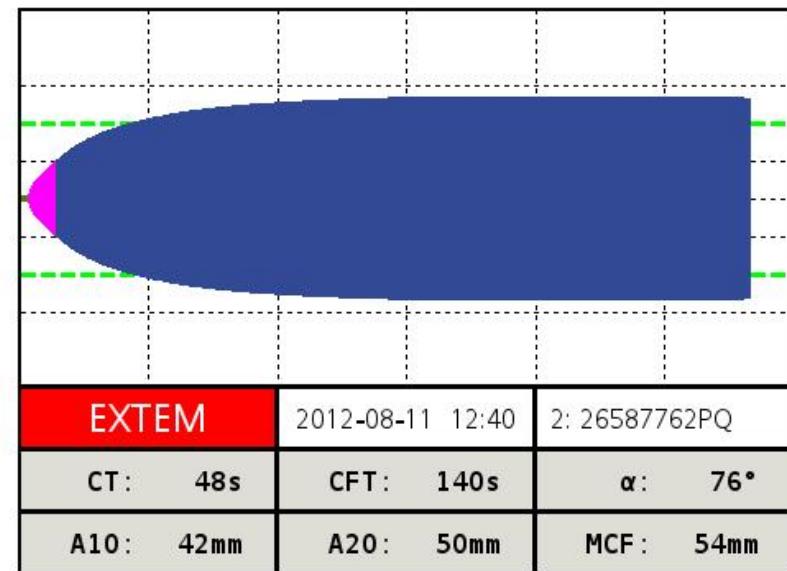
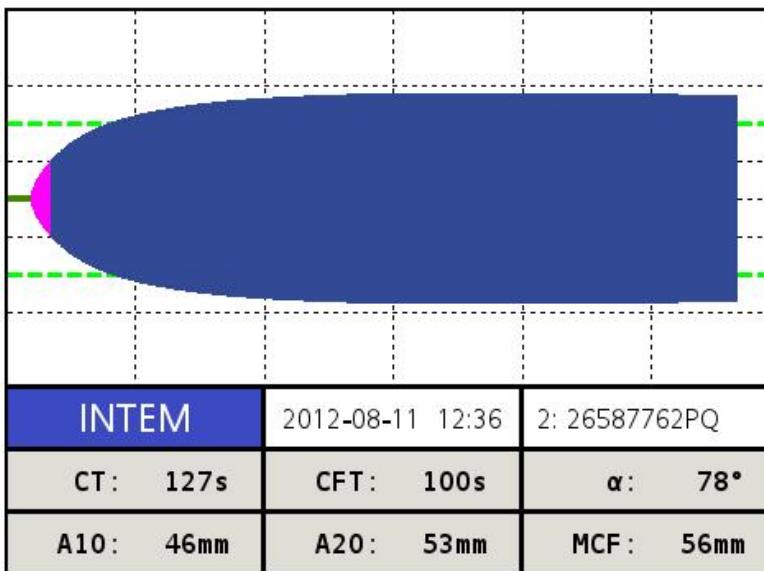
Johansson PI et al

Table 1 Grading of recommendations after [24] (reprinted with permission)

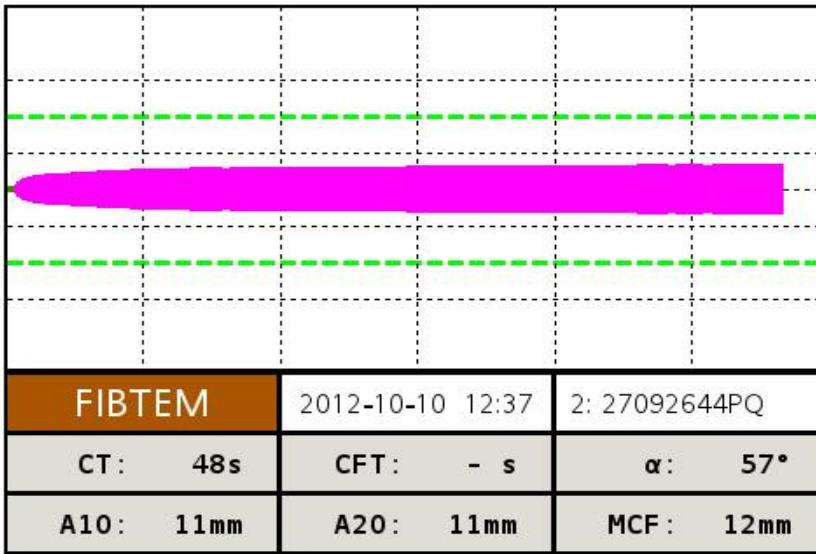
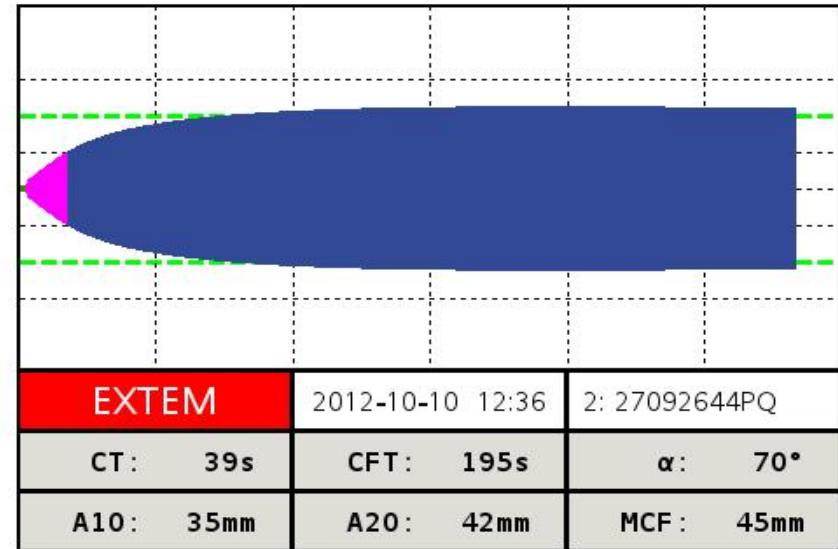
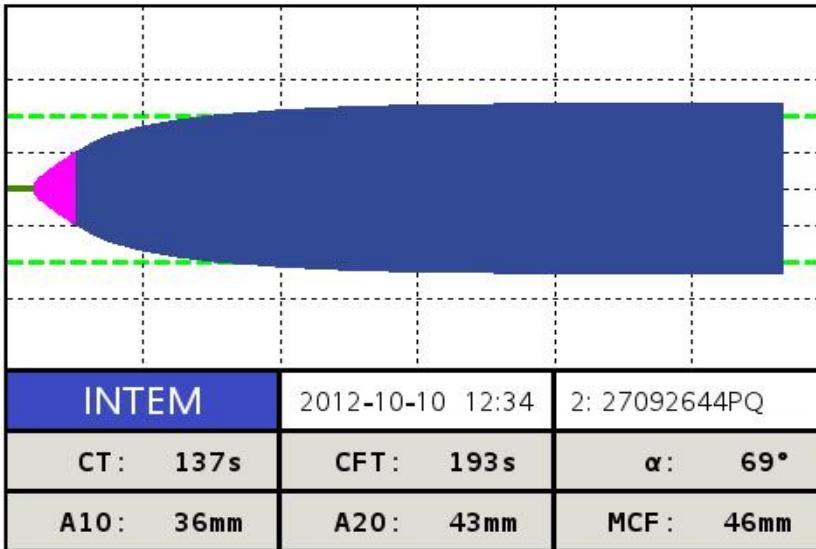
Grade of Recommendation	Clarity of risk/benefit	Quality of supporting evidence	Implications
1A			
Strong recommendation, high-quality evidence	Benefits clearly outweigh risk and burdens, or vice versa	RCTs without important limitations or overwhelming evidence from observational studies	Strong recommendation, can apply to most patients in most circumstances without reservation
1B			
Strong recommendation, moderate-quality evidence	Benefits clearly outweigh risk and burdens, or vice versa	RCTs with important limitations (inconsistent results, methodological flaws, indirect or imprecise) or exceptionally strong evidence from observational studies	Strong recommendation, can apply to most patients in most circumstances without reservation
1C			
Strong recommendation, low-quality or very low-quality evidence	Benefits clearly outweigh risk and burdens, or vice versa	Observational studies or case series	Strong recommendation but may change when higher quality evidence becomes available
2A			
Weak recommendation, high-quality evidence	Benefits close and burden	<i>We recommend the application of transfusion algorithms incorporating predefined intervention triggers based on POC coagulation monitoring assays to guide haemostatic intervention during cardiovascular surgery. 1C</i>	
2B			
Weak recommendation, moderate-quality evidence	Benefits closely balanced with risks and burden	RCTs with important limitations (inconsistent results, methodological flaws, indirect or imprecise) or exceptionally strong evidence from observational studies	Weak recommendation, best action may differ depending on circumstances or patients' or societal values
2C			
Weak recommendation, Low-quality or very low-quality evidence	Uncertainty in the estimates of benefits, risks and burden; benefits, risk and burden may be closely balanced	Observational studies or case series	Very weak recommendation; other alternatives may be equally reasonable

Rutin Karolinska sjukhuset

- Citratrör till transfusionsmedicin (rörpost eller någon som lämnar)
- Provet sätts 5 min. efter provtagning
- Kurvan ses på skärm bed-side på operation/IVA inom 10 min.
- Tolkning och bedömning av behandlande läkare inom 15-20 min.
- Riktad behandling

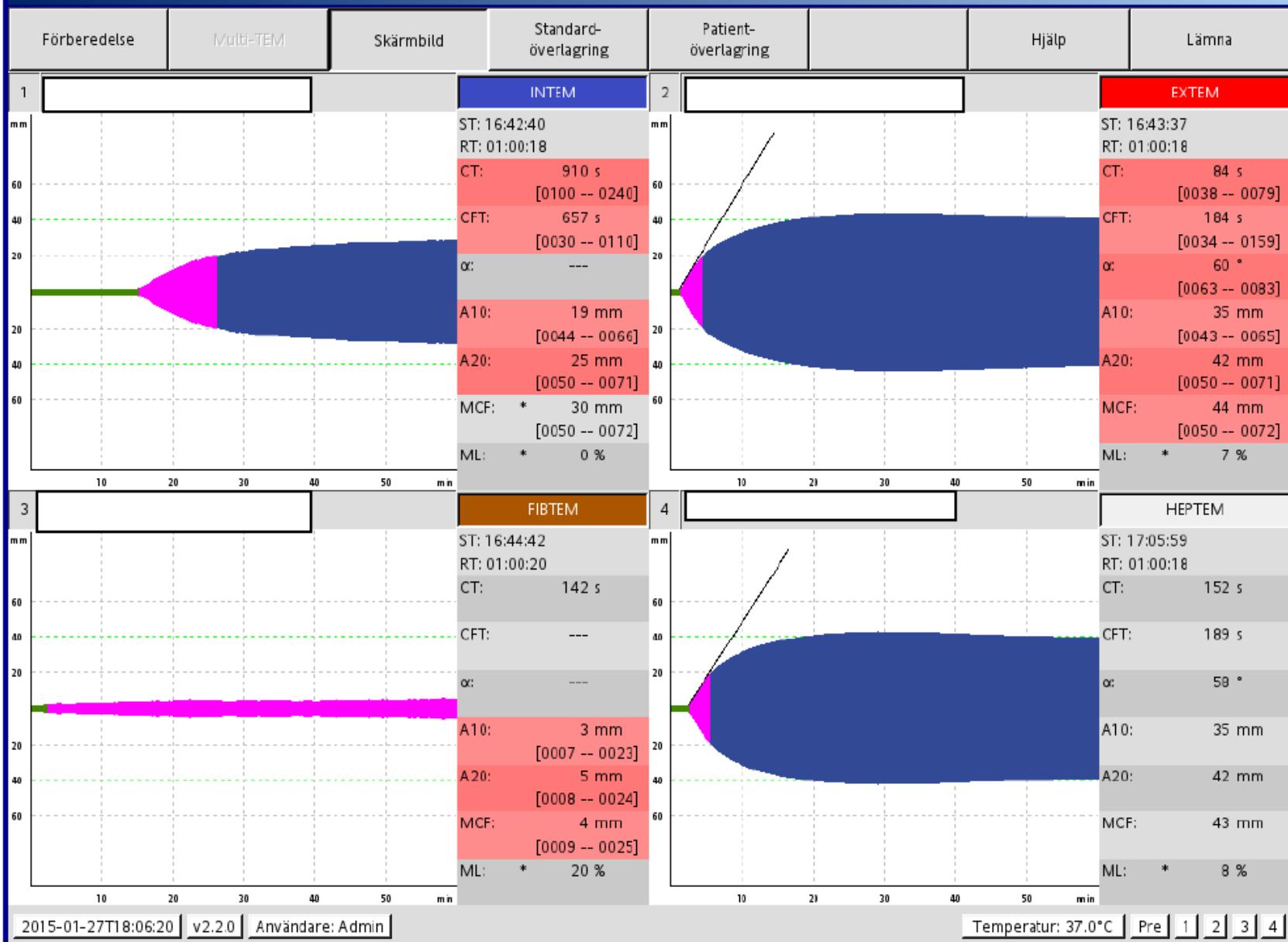


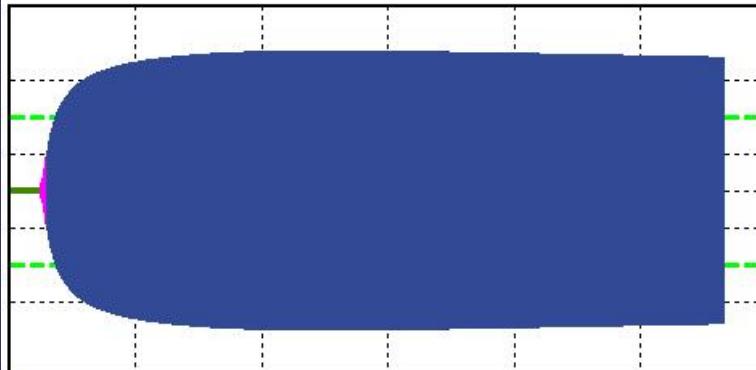
Normal range
 Intem CT 30-110s
 CFT 100-140s
 MCF 50-72 mm
 Extem CT 30-79 s
 CFT 34-159 s
 MCF 50-72 mm
 Fibtem
 MCF 9-25 mm



Normal range
 Intem CT 30-110s
 CFT 100-140s
 MCF 50-72 mm
 Extem CT 30-79 s
 CFT 34-159 s
 MCF 50-72 mm
 Fibtem
 MCF 9-25

Mätmodul ROTEM®

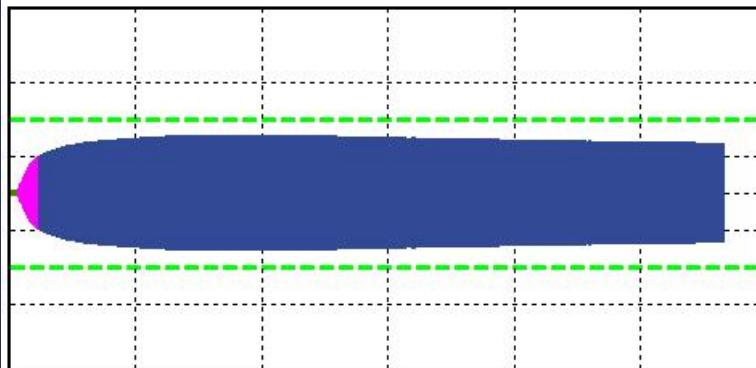




INTEM	2012-10-16 18:28	2: 27146838PQ
CT: 160s	CFT: 33s	α : 83°
A10: 71mm	A20: 75mm	MCF: 75mm

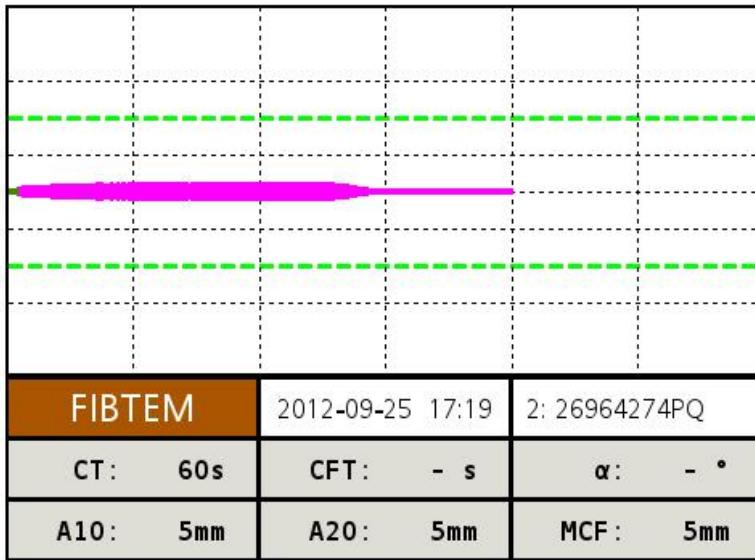
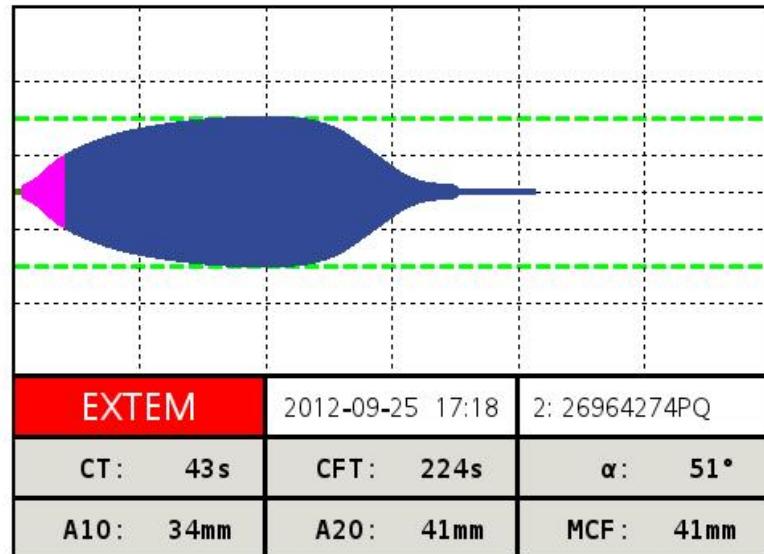
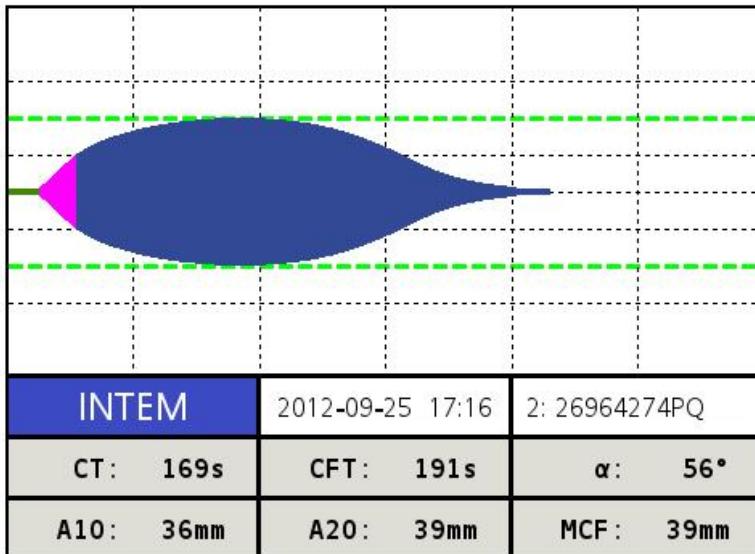


EXTEM	2012-10-16 18:29	2: 27146838PQ
CT: 59s	CFT: 44s	α : 81°
A10: 70mm	A20: 74mm	MCF: 74mm



FIBTEM	2012-10-16 18:30	2: 27146838PQ
CT: 48s	CFT: 109s	α : 73°
A10: 30mm	A20: 31mm	MCF: 31mm

Normal range
Intem CT 30-110s
CFT 100-140s
MCF 50-72 mm
Extem CT 30-79 s
CFT 34-159 s
MCF 50-72 mm
Fibtem
MCF 9-25



Normal range
 Intem CT 30-110s
 CFT 100-140s
 MCF 50-72 mm
 Extem CT 30-79 s
 CFT 34-159 s
 MCF 50-72 mm
 Fibtem
 MCF 9-25 mm

**Thrombelastography (TEG) or thromboelastometry
(ROTEM) to monitor haemotherapy versus usual care in
patients with massive transfusion (Review)**

Afshari A, Wikkelso A, Brok J, Møller AM, Wetterslev J



**THE COCHRANE
COLLABORATION®**

2011

9 RCT

776 patienter inkluderade,
thoraxkirurgi,
levertransplantation

Konklusion:

- Moderat stöd för att det medför minskad blödning och minskat transfusionsbehov
- ingen effekt på mortalitet, antal vårddagar, komplikationer
- Fler studier med fler inkluderade efterfrågas
- Studier vid olika kliniska tillstånd efterfrågas: trauma, aneurysm op, obstetriska blödningar, sepsis, pediatriskt/neonatala tillstånd

Thromboelastography (TEG) and rotational thromboelastometry (ROTEM) for trauma induced coagulopathy in adult trauma patients with bleeding (Review)

Hunt H, Stanworth S, Curry N, Woolley T, Cooper C, Ukoumunne O, Zhelev Z, Hyde C



**THE COCHRANE
COLLABORATION®**

2015

Syfte: Att diagnostisera TIC vid blödning

Inklusion 3 studies (300, 90, 40). ROTEM MCF jmf med INR

Konklusioner: låg evidens, otillräckliga studier, fler studier krävs, fler parametrar behöver analyseras



Thank You!
😊