

Syreradikal, vän eller fiende?

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SFAI kongress

Stockholm 22 sept 2015



Karolinska
Institutet

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Medical Inflammation Research



**Karolinska
Institutet**

Dogm
(en sanning som är
odiskutabel):

Syreradikaler orsakar
inflammation
och anti-oxidanter skyddar
mot det mesta som hotar oss

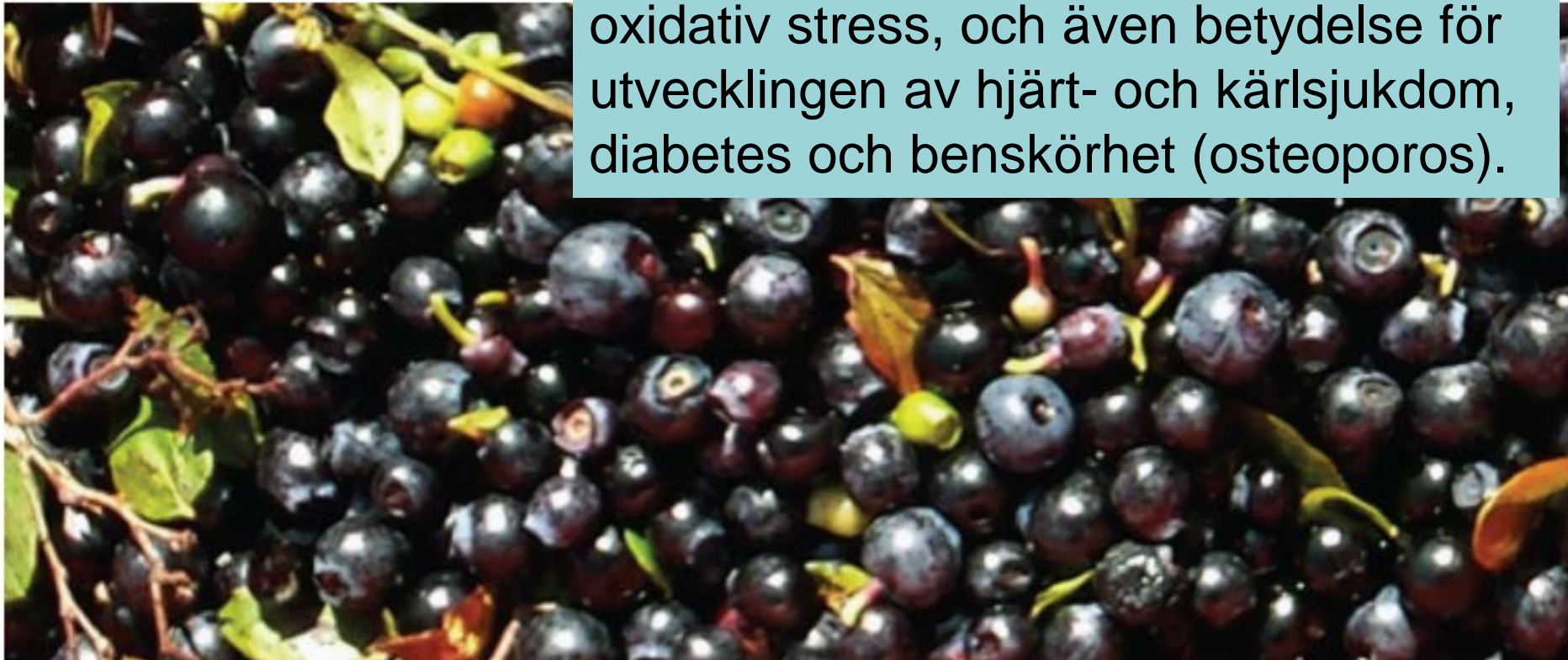


< Vitaminer och antioxidanter

Antioxidanter

Fria radikaler

Vi behöver syre för att andas men när syret omsätts bildas samtidigt fria radikaler. Fria radikaler kan ha skadande verkan på kroppen, så kallad oxidativ stress, och även betydelse för utvecklingen av hjärt- och kärlsjukdom, diabetes och benskörhet (osteoporos).



Klart fler antioxidanter i ekomat

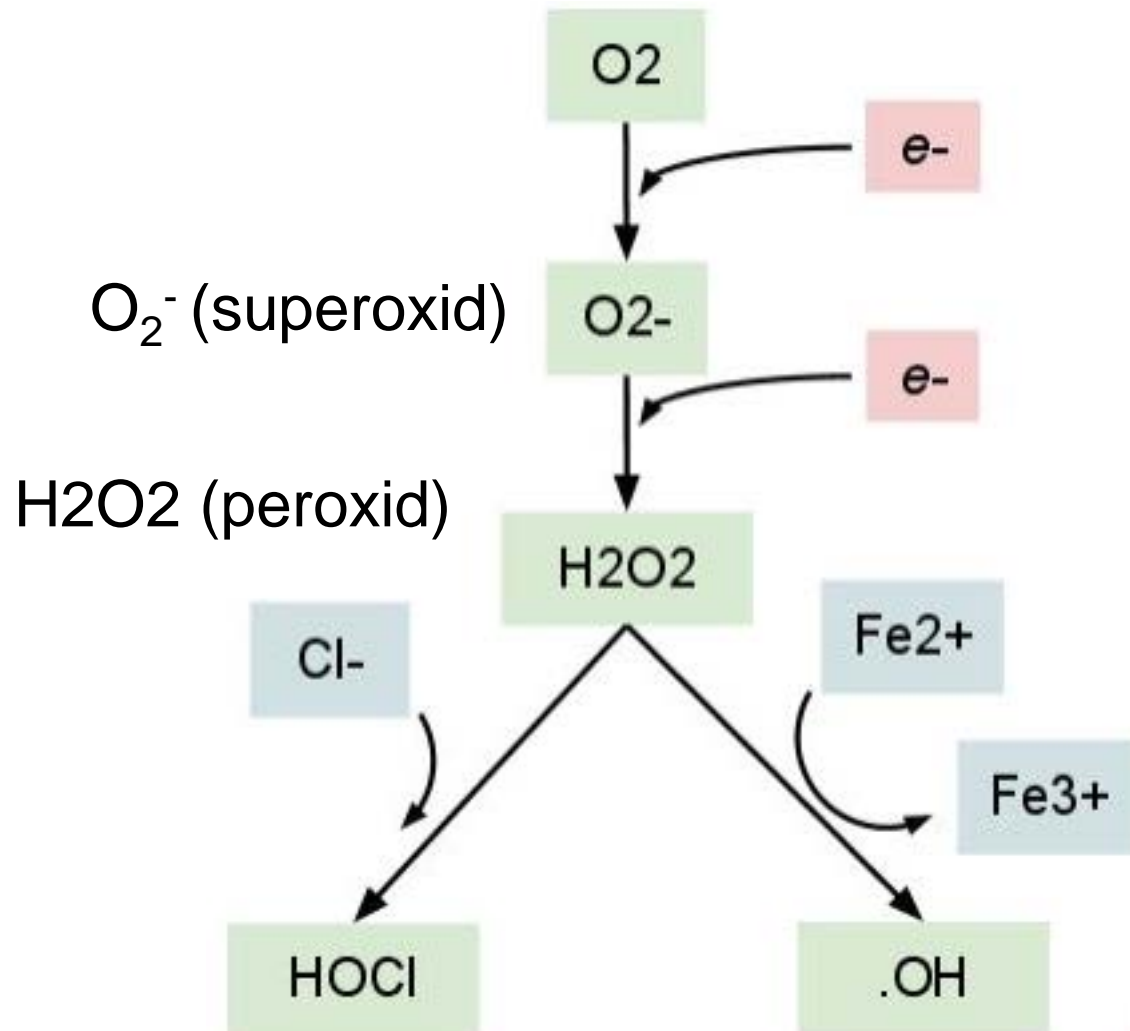
Publicerad 2014-07-12 16:26



Leif R Jansson/TT Ekologiskt är klart nyttigare än konventionellt odlat, enligt brittiska forskare.

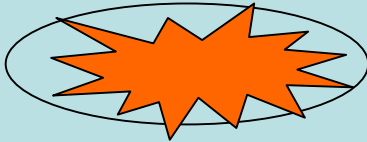
Vad är då syreradikaler?

Reaktiva syremetaboliter (reactive oxygen species/ROS) bildas av tillförsel av elektroner.

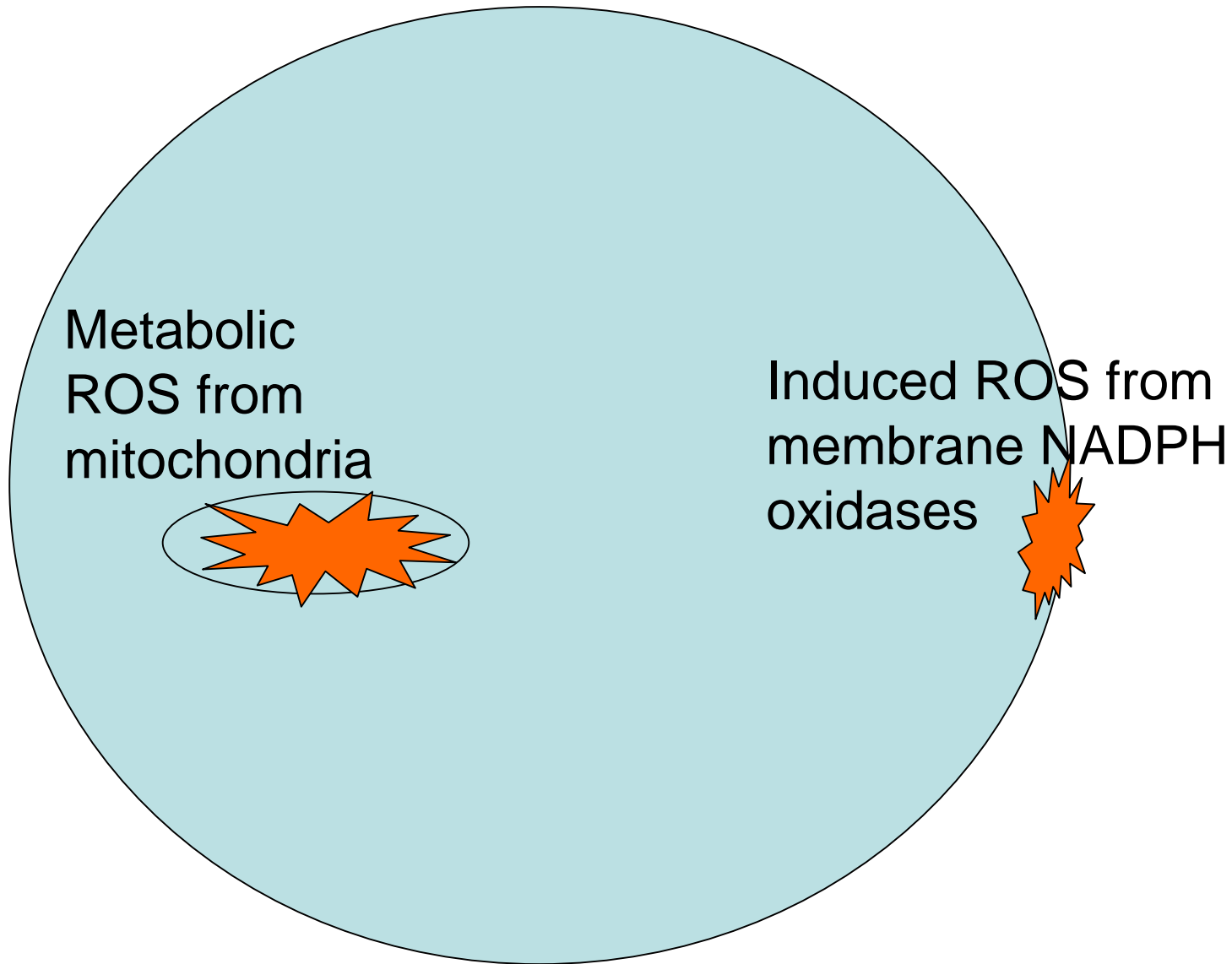


Where are ROS normally produced?

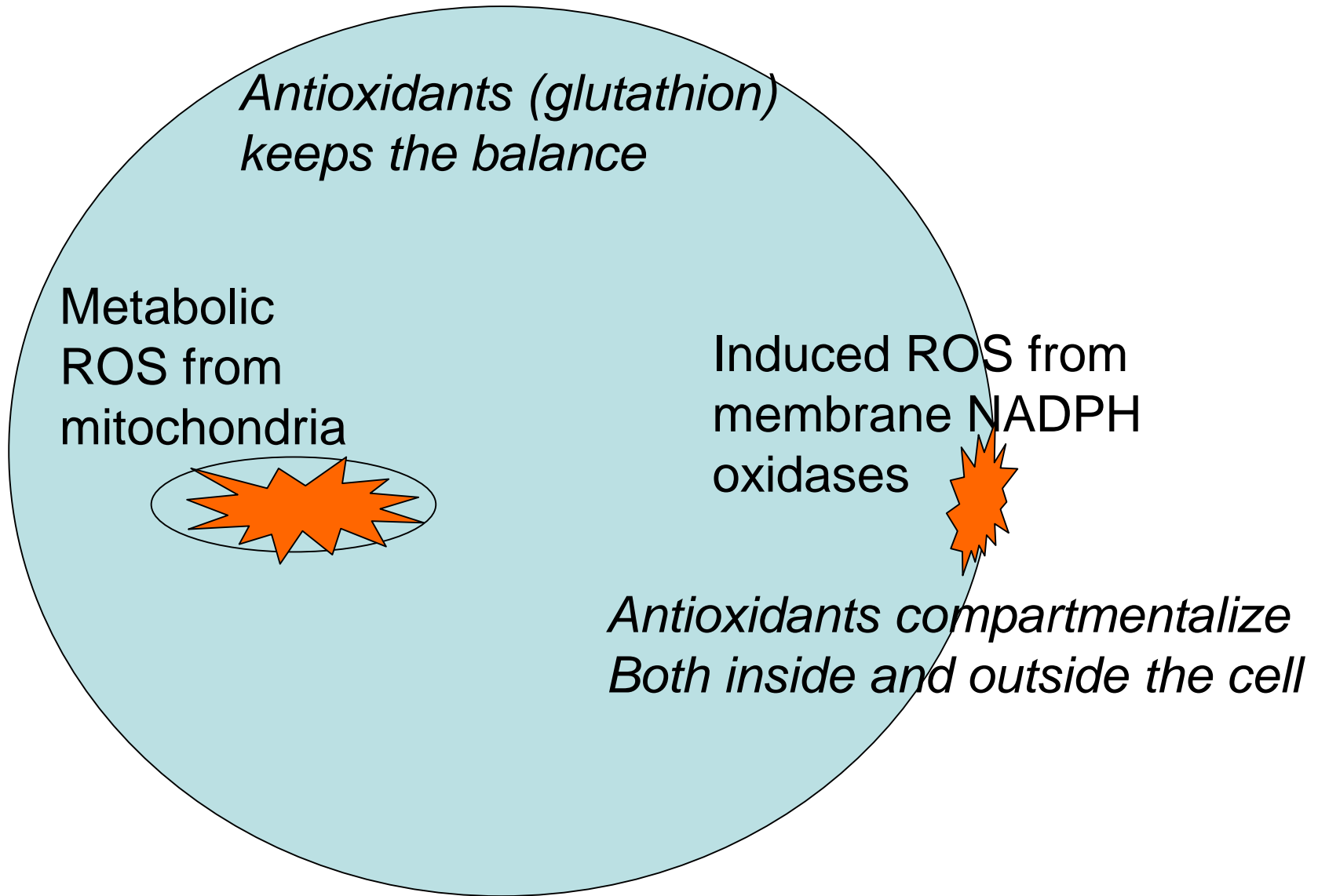
Metabolic
ROS from
mitochondria



Where are ROS normally produced?



Where are ROS normally produced?



ROS are well controlled!

In vivo ROS are well controlled and balanced by anti-oxidant systems and participates in most biological processes

It is a biologic regulator in vivo!

If in excessive amounts and without balanced anti-oxidants ROS are toxic

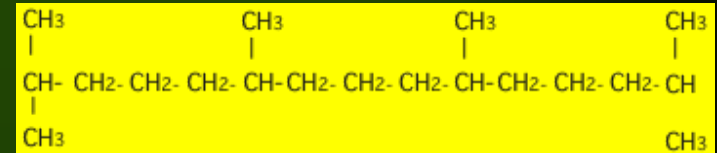
Which often happens in vitro!

The starting question

Which gene/s controls chronic inflammatory disease?

Pristane induced arthritis (PIA) - a model for rheumatoid arthritis (RA)

Induced with 150 μ l pristane subcutaneously
2-4 weeks later: onset of severe polyarthritis



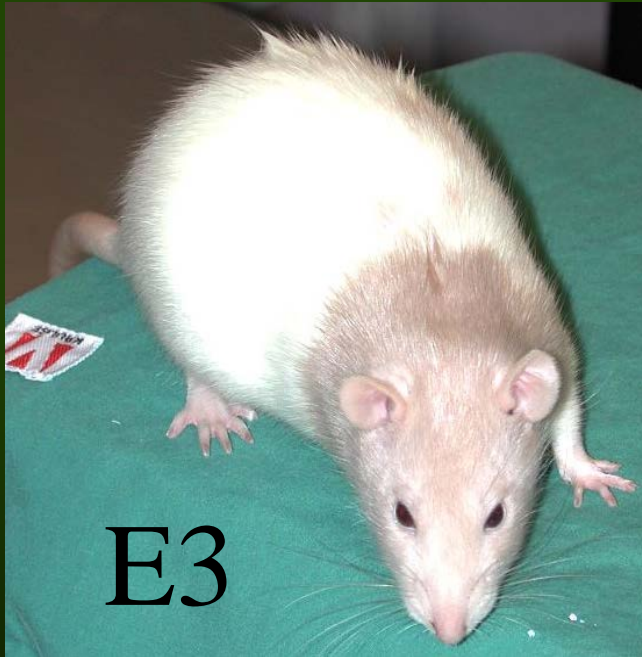
RA criteria

Morning stiffness
Arthritis >3 areas, > 6 weeks
Arthritis hand, > 6 weeks
Symmetric arthritis
Rheumatoid noduli
Serum rheumatoid factors
Radiographic changes

PIA

nd
+
+
+
nd
+
+

A rat cross with segregating genes



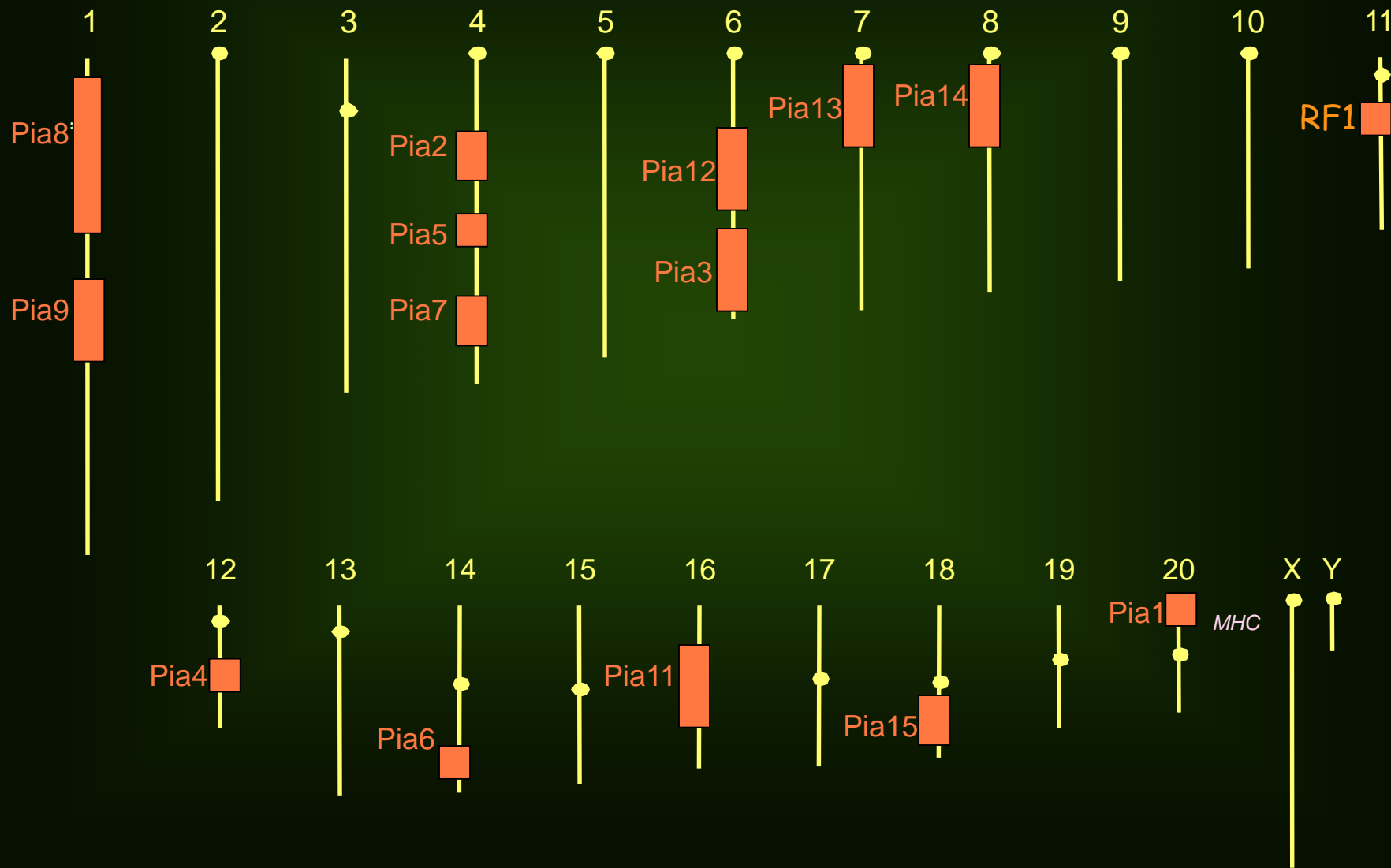
Loci associated with PIA based on >1000 rats in E3xDA crosses

Vingsbo et al Nat Gen 98
Olofsson et al J Immunol 02

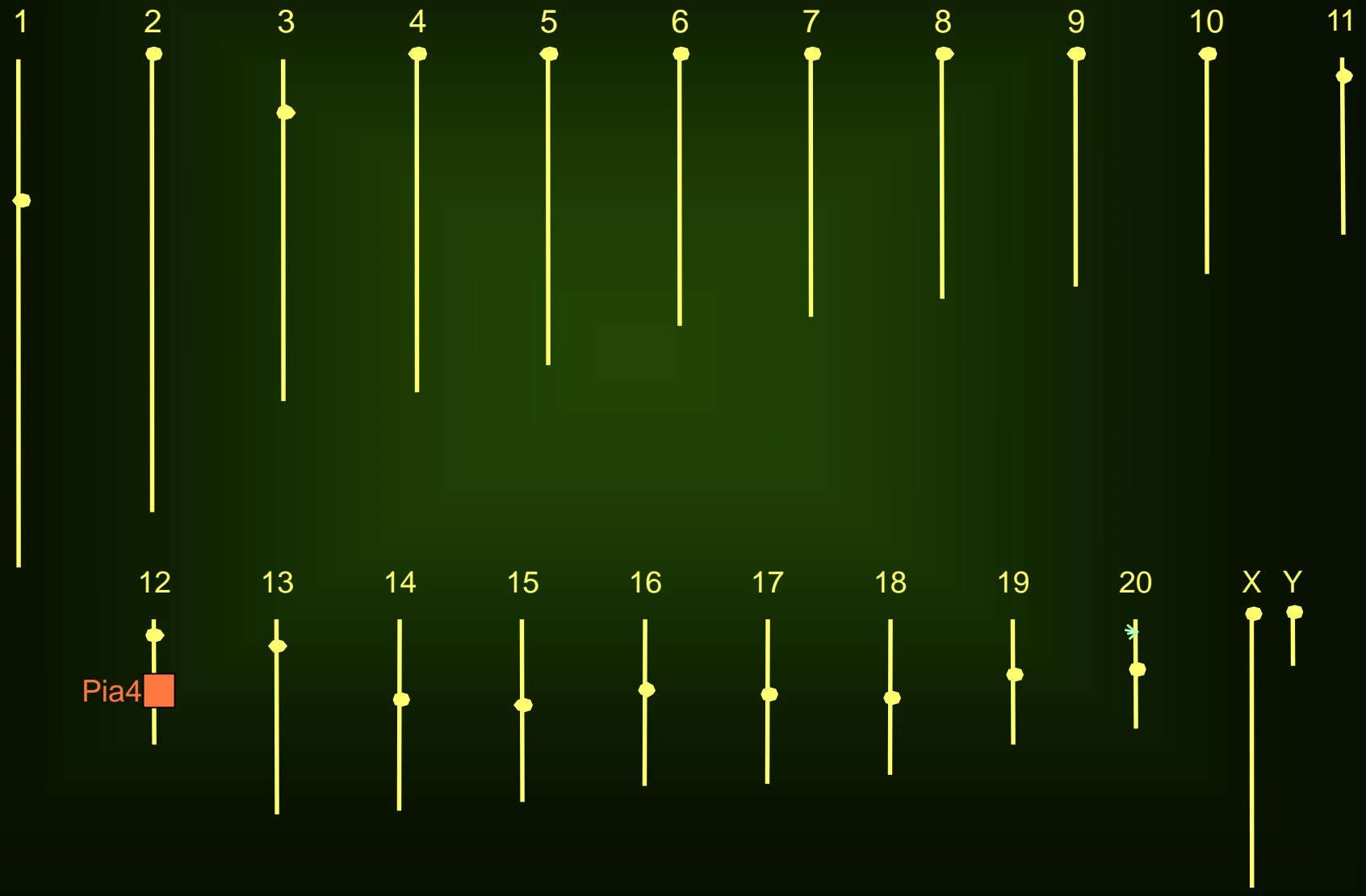
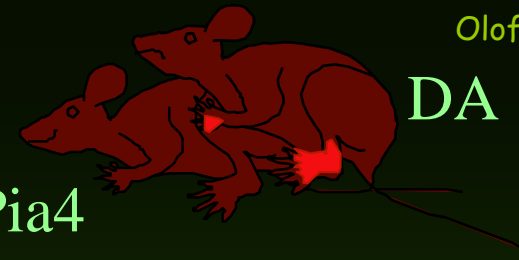
E3



DA



A DA congenic rat with the Pia4 derived from E3



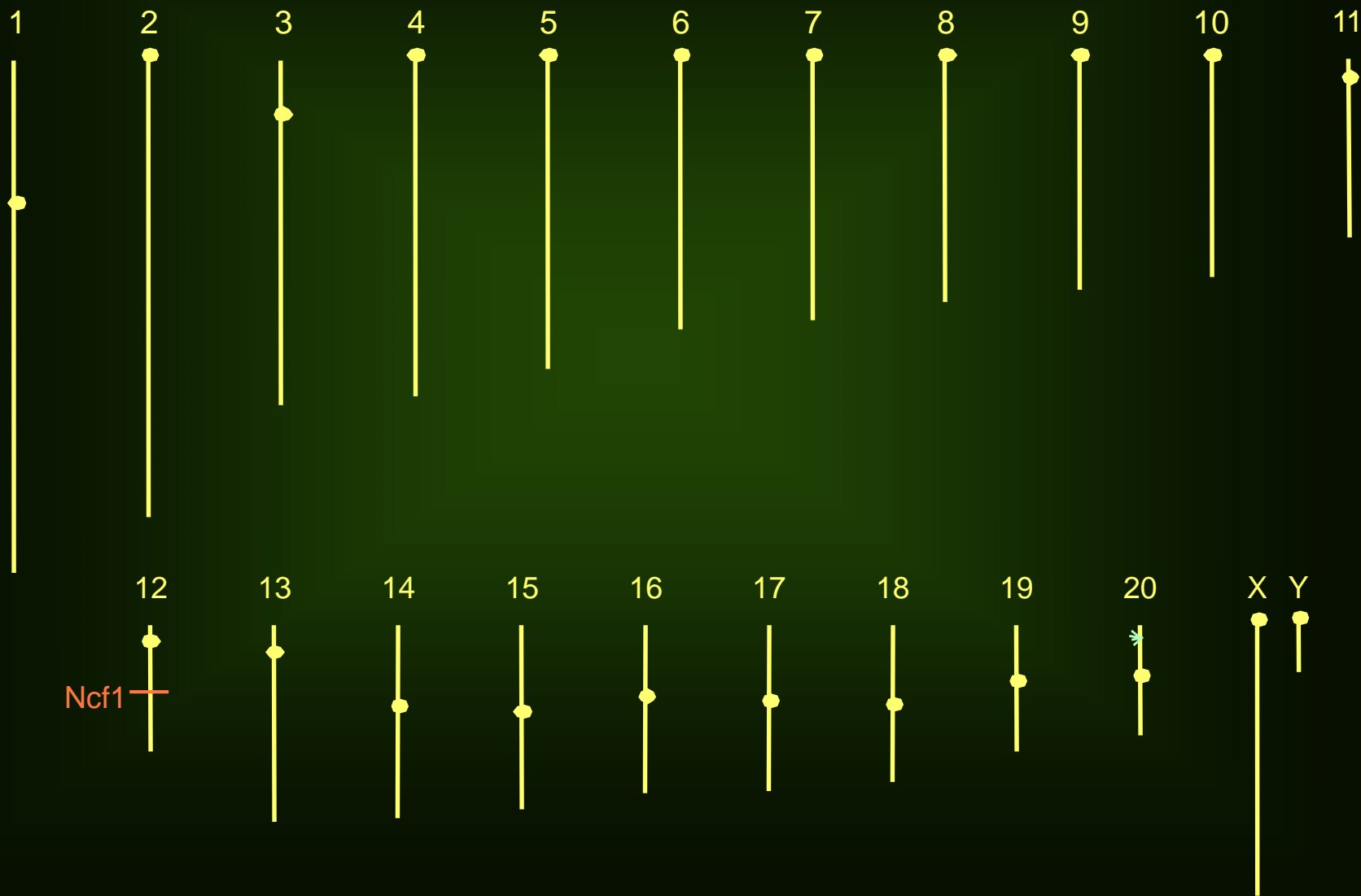
Positional cloning of Ncf1

(coding for p47phox)

Olofsson et al Nat Gen 03

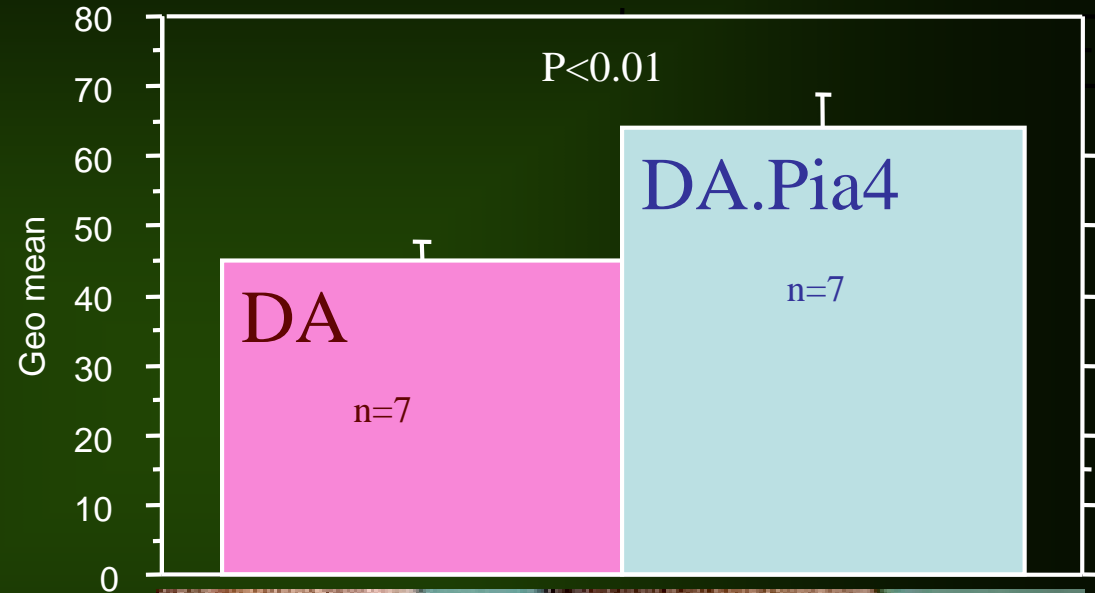


DA.Ncf1^{E3}



The DA.Pia4 rat has a higher degree of burst and is protected from disease, while the DA rat has a lower oxidative burst and is susceptible

Oxidative burst
in blood cells
from naïve
rats

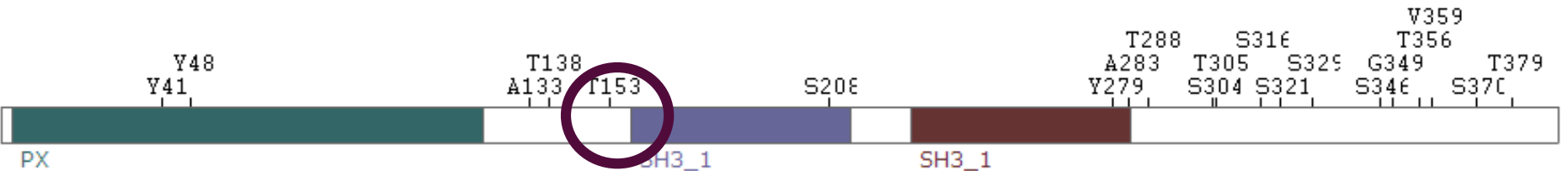
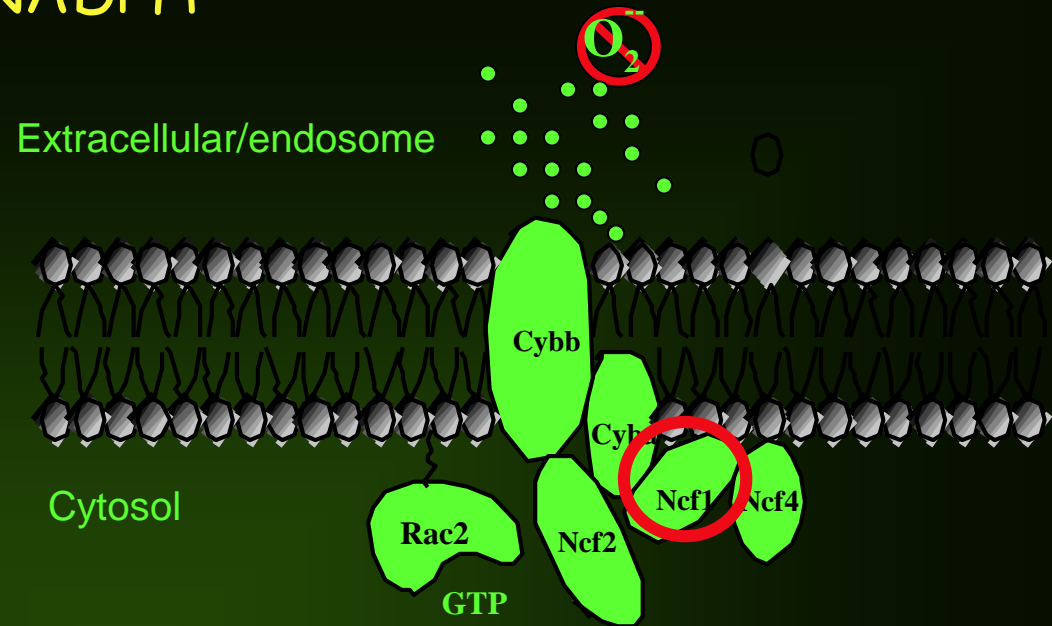


Development of
arthritis after pristane
injection

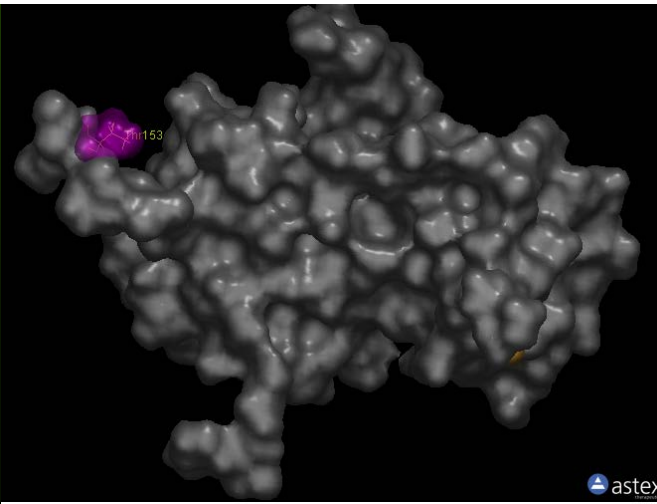


Ncf1 (p47phox) and the NADPH oxidase (NOX2) complex

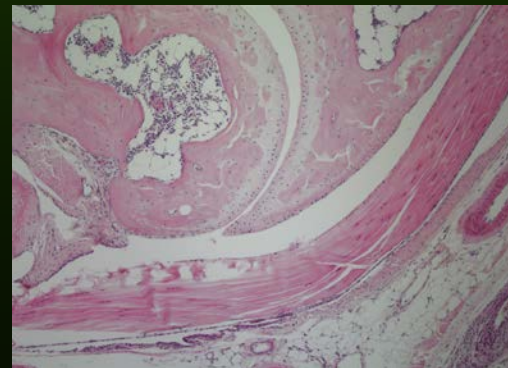
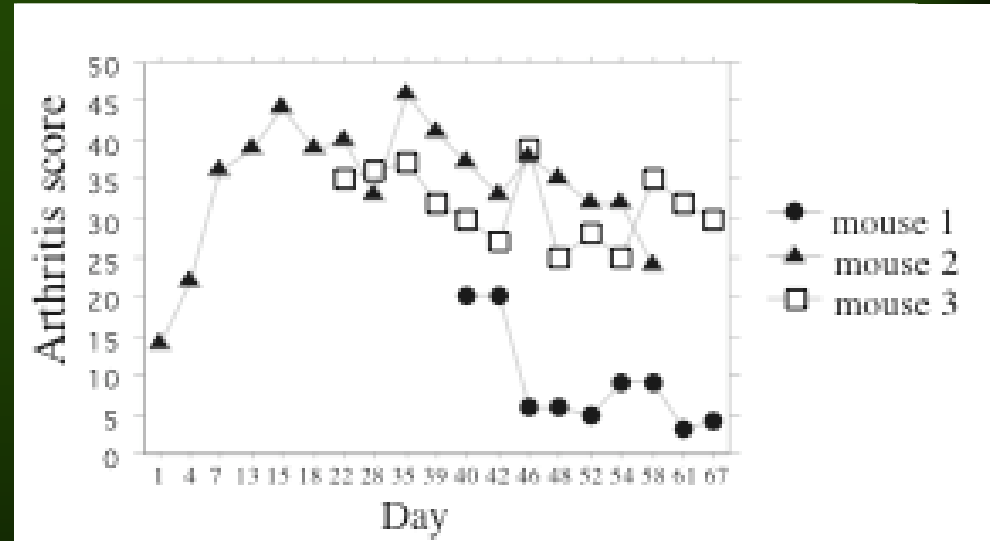
Ncf1 was cloned as an arthritis gene from an E3 derived locus in DA rats. M153T is associated with arthritis and oxidative burst function, confirmed both in vitro (transfections) and in vivo (natural recombinants).



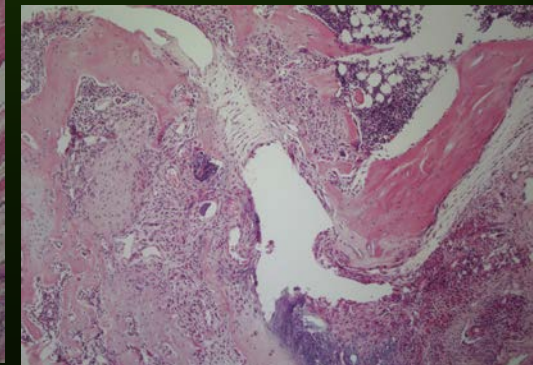
The mutation M153T is located in the hinge region between the SH domain region and the Px region



Spontaneous arthritis in *Ncf1* mutated mice after partus



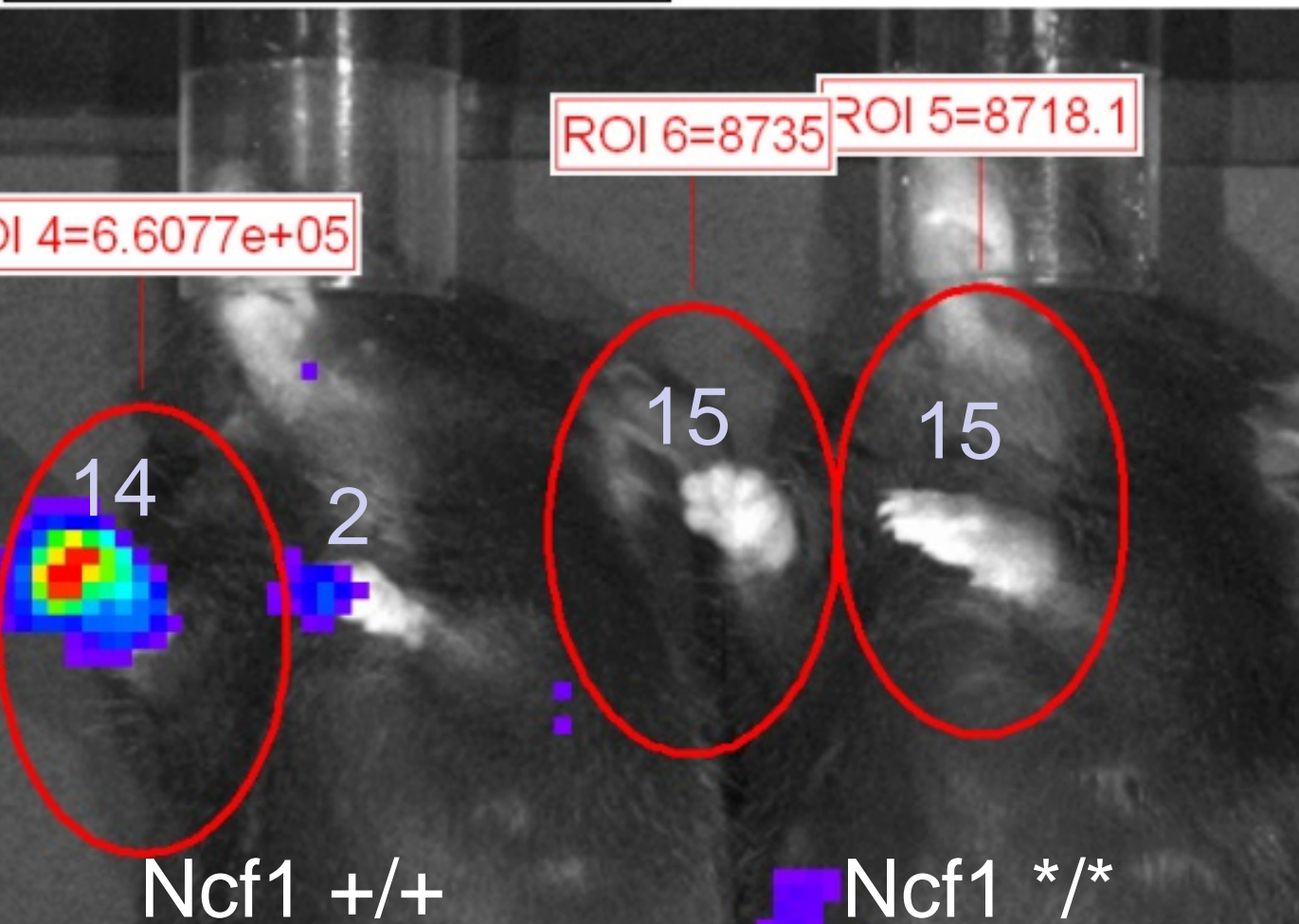
B10Q.*Ncf1**/* healthy



B10Q.*Ncf1**/* with spontaneous arthritis

Ncf1 controls oxidative burst in vivo

Total: Area Flux = 1.41157e+06



Ncf1wt (but not Ncf1*) show ROS production in joints with arthritis

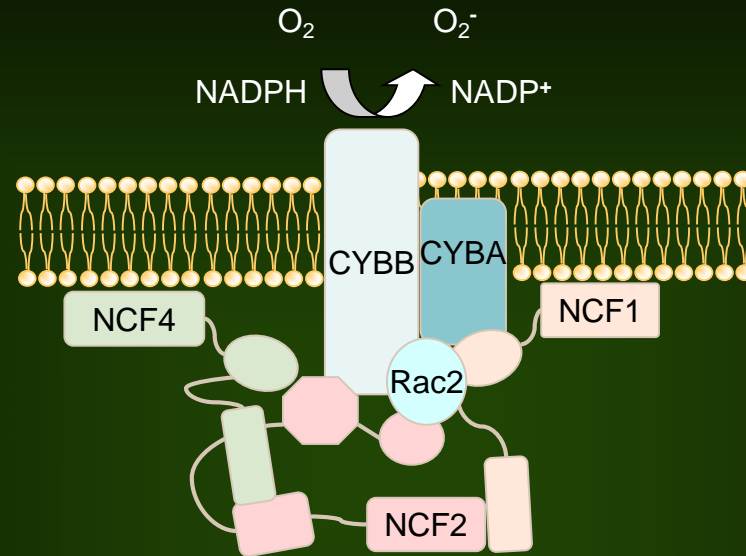
Collagen induced arthritis (CIA). L012 injected to visualize oxidative burst through luminescens

All paws surrounded by red circle have severe arthritis

Numbers indicate scores

White boxes indicate the amount of light produced by the dye within the circle

To analyse complexity we need a tool with the most minimal change affecting ROS in a controlled organism!

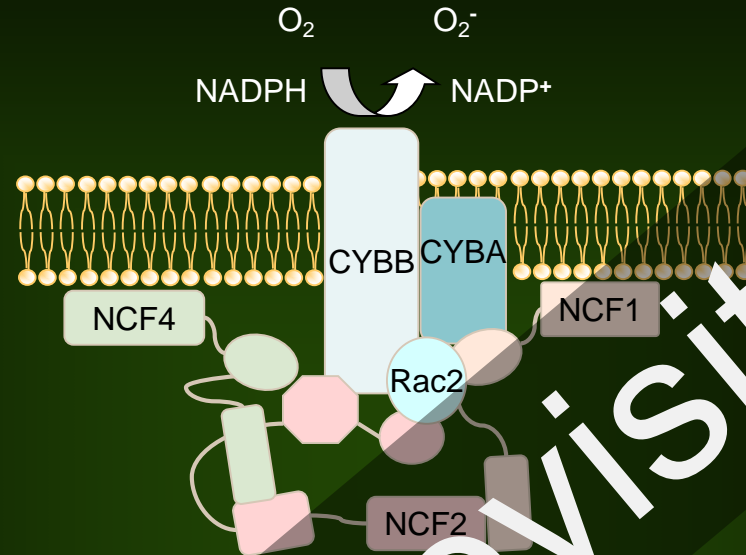


A single nucleotide polymorphism in the Ncf1 gene leads to blockage of electron transport over membrane induced by various inflammatory stimuli.

And is associated with complex disease. Against dogma.

...and we expect involvement in most inflammatory and biological settings!

To analyse complexity we need a tool with the most minimal change affecting ROS in a controlled organism!



A single nucleotide polymorphism in the Ncf1 gene leads to blockage of electron transport over membrane induced by various inflammatory stimuli.

And is associated with complex disease. Against dogma.

...and we expect involvement in most inflammatory and biological settings!

Redox revisited

So what? Who cares about mice and rats?

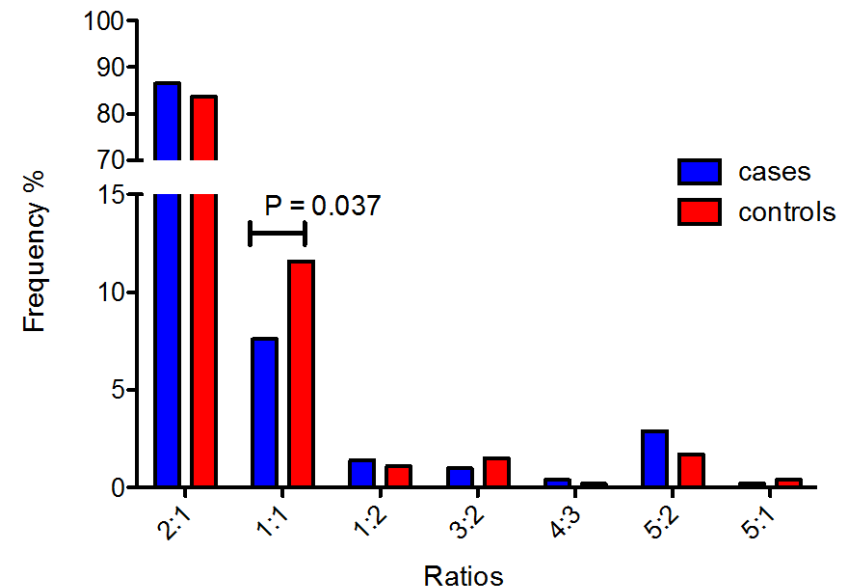
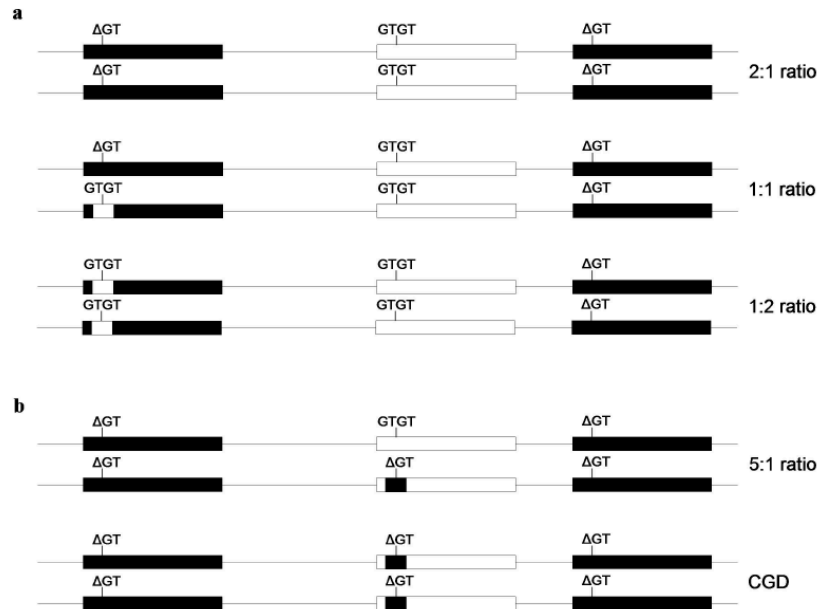
- Mutations in Ncf1 (or other NOX2 genes) cause CGD (chronic granulomatous disease) in humans
- Polymorphism in NOX2 genes are associated with autoimmune disease

NCF1 gene association with Rheumatoid Arthritis

Not included in any GWAS

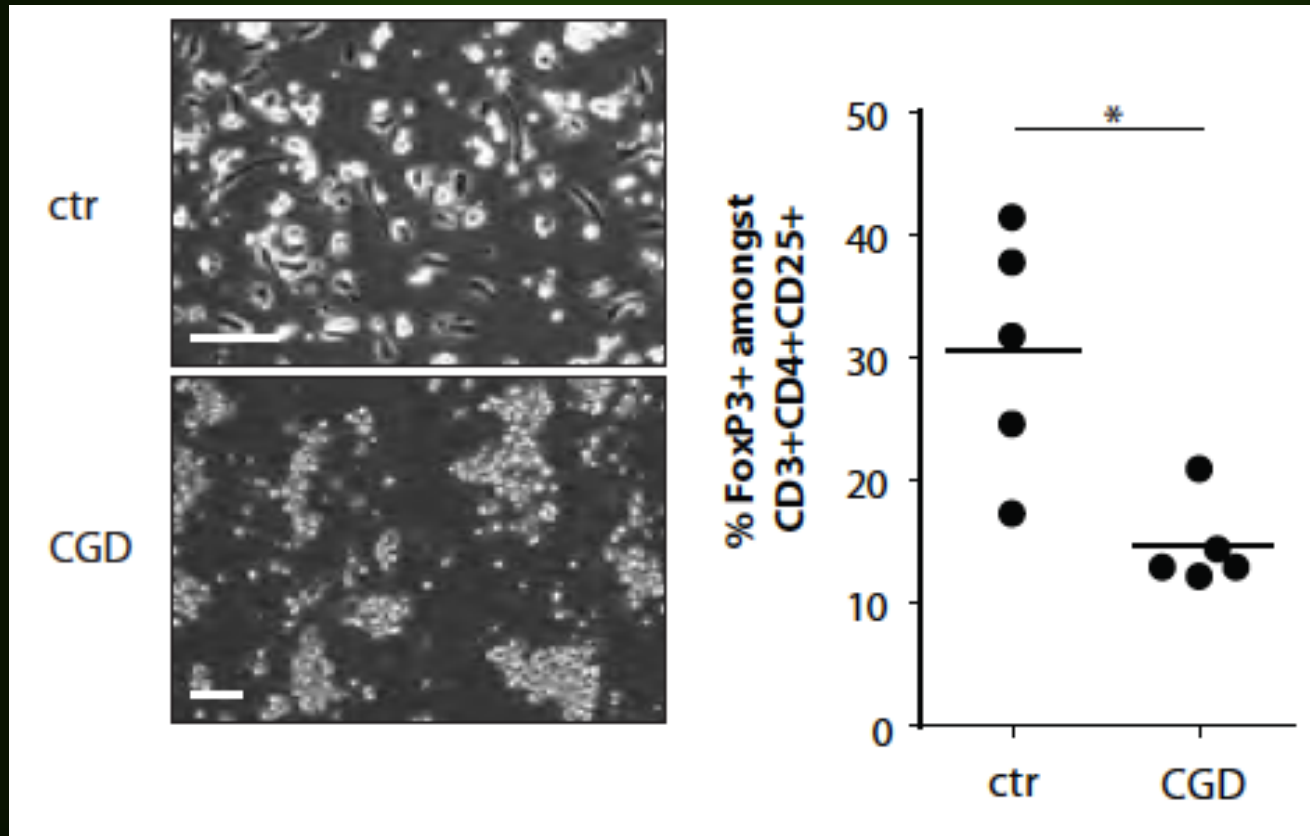
Copy number variation (affected have less copies 7% vs 11%, $p=0.037$)

Δ GT/GTGT ratio



Human chronic granulomatous diseases (CGD) show the same effect on inflammation and T cell activity

Activated T cells (decreased Treg function) due to lack of ROS in CGD
In both humans, mice and rats



A comparative analysis of downstream effects of NOX2 activation in humans, rats and mice

- 1) Mice with mutation in Ncf1, before and after arthritis
- 2) Rats with mutation in Ncf1, before and after arthritis
- 3) Humans with mutation in a NOX2 component (CGD)

mRNA expression of cells from blood and spleen.

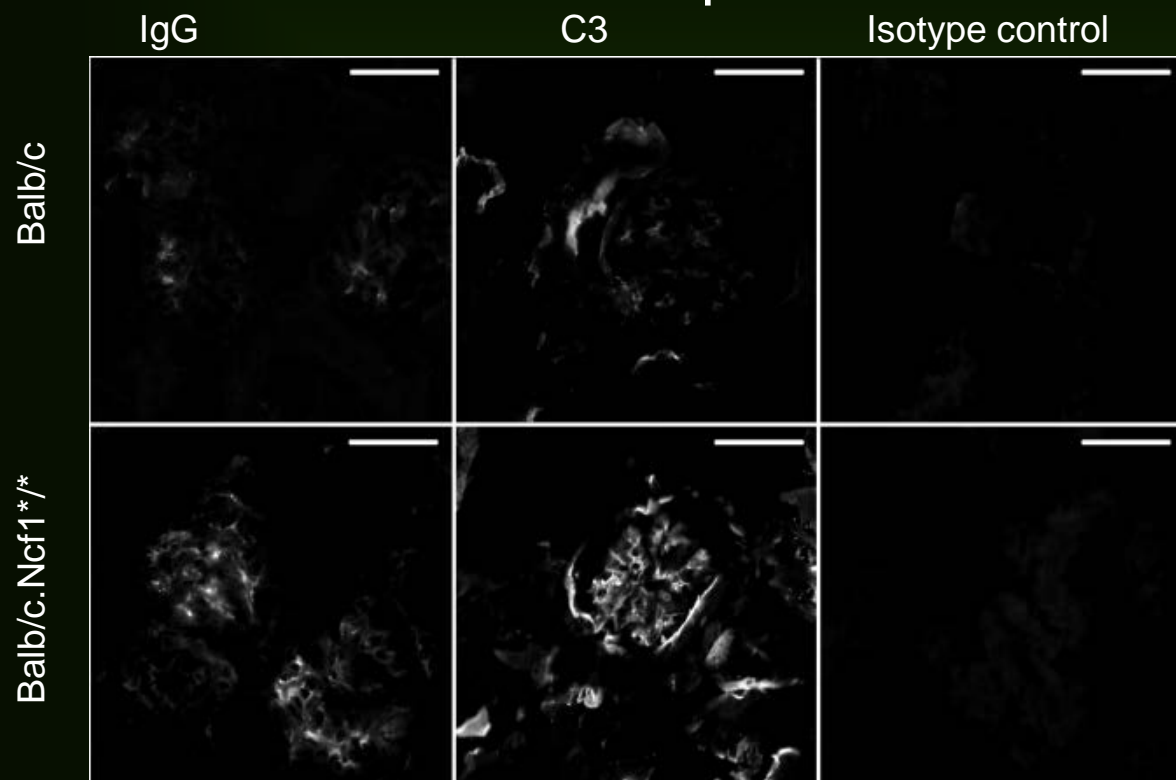
Which are the common downstream pathways?

Summary, NOX2 downstream pathways

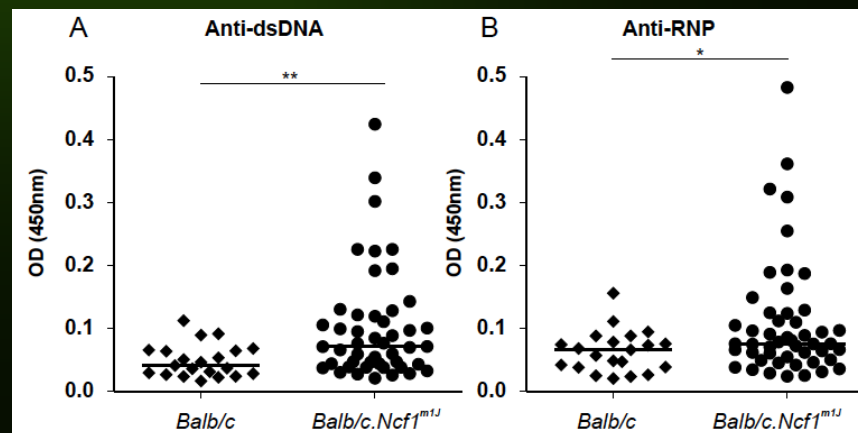
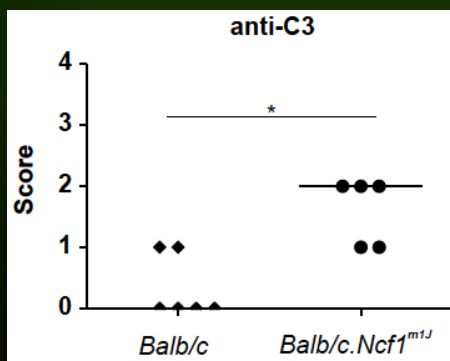
	Naive	Priming	Disease
Mice	STAT1	BCR/TCR STAT1	BCR/TCR STAT1
Rats	STAT1	TCR STAT1	TCR STAT1
Humans	STAT1 BCR		

Spontaneous development of lupus in Balb/c *Ncf1*^{*} mice - effect of the STAT1 pathway

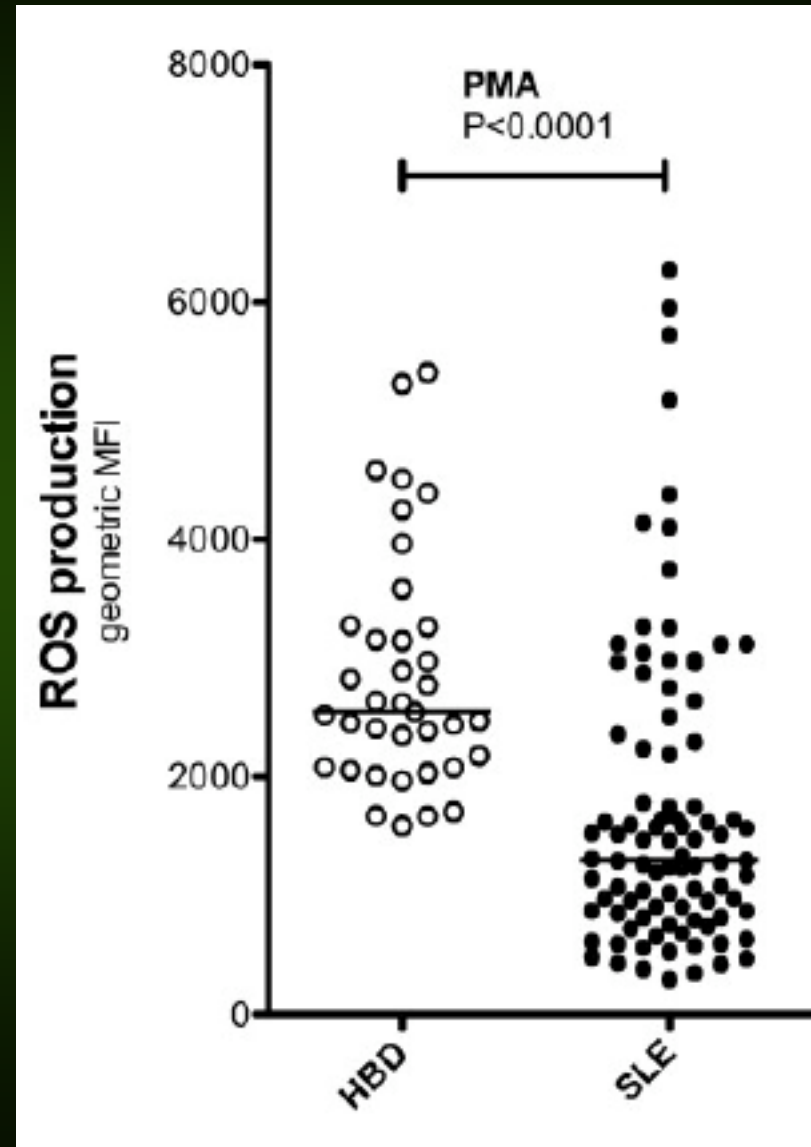
Glomerulonephritis



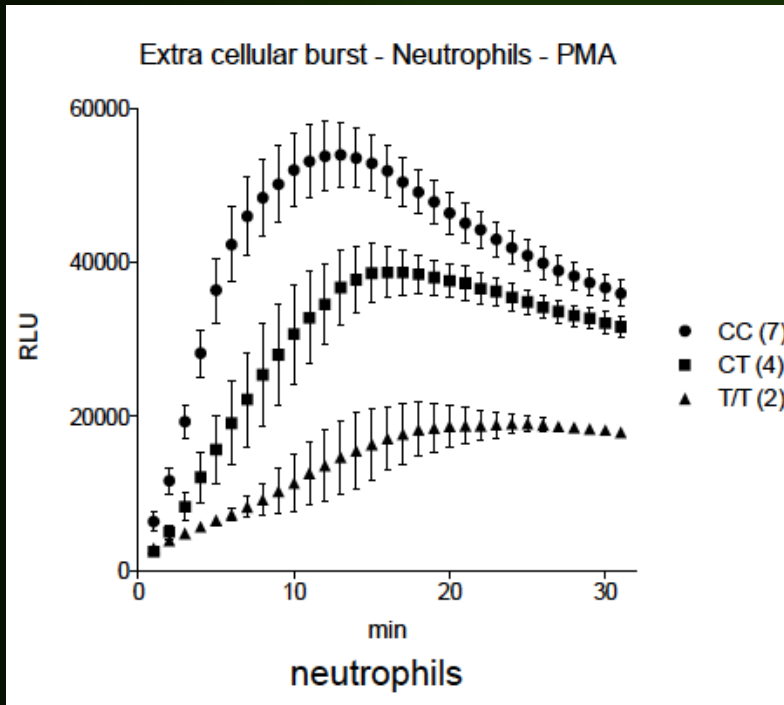
Serum autoantibodies



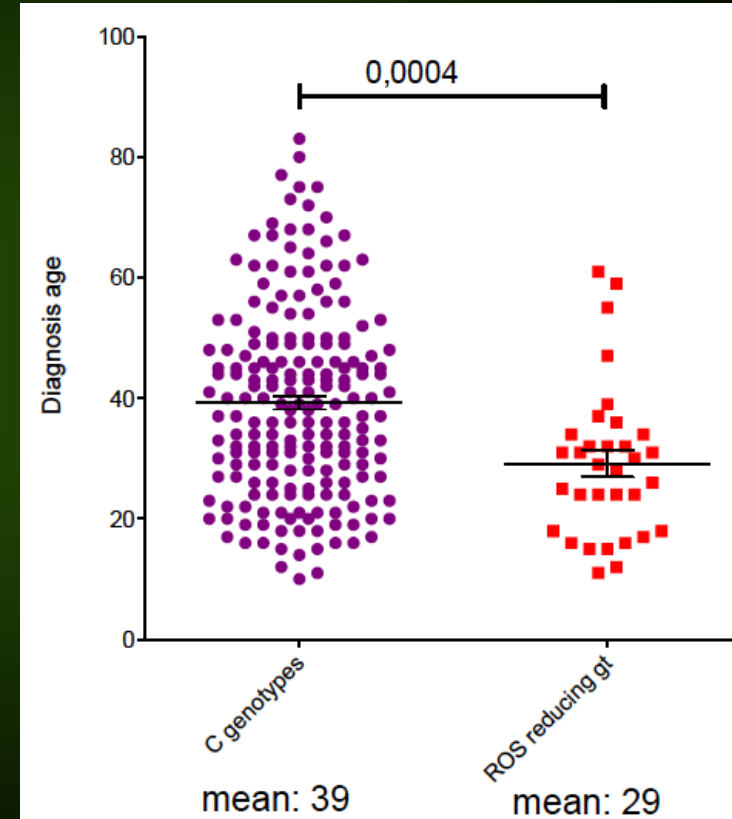
SLE patients blood cells produce less ROS than controls



Carriers of an Ncf1 allele giving low ROS develops more severe and earlier (10 years) SLE



A Ncf1 SNP associated with low ROS



CGD can get severe infections

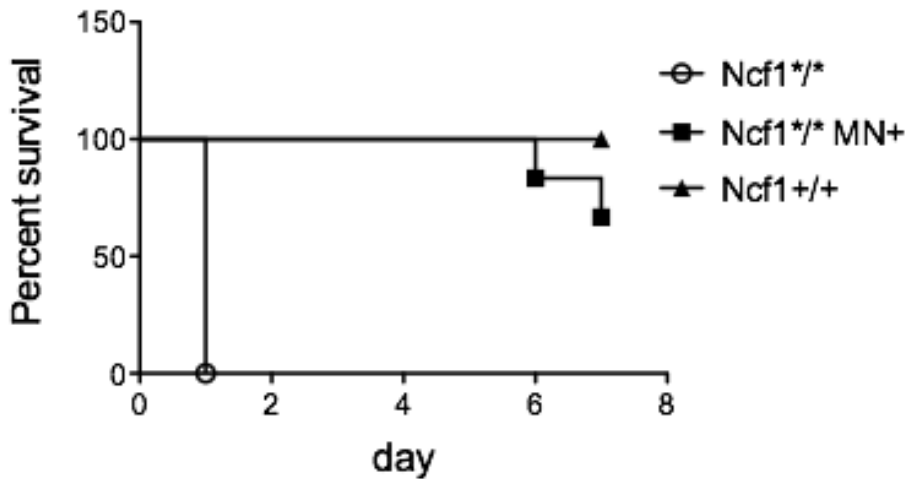
Is the observed chronic inflammation
secondary to infections?

The Ncf1 mutated mice develop infections typical of CGD

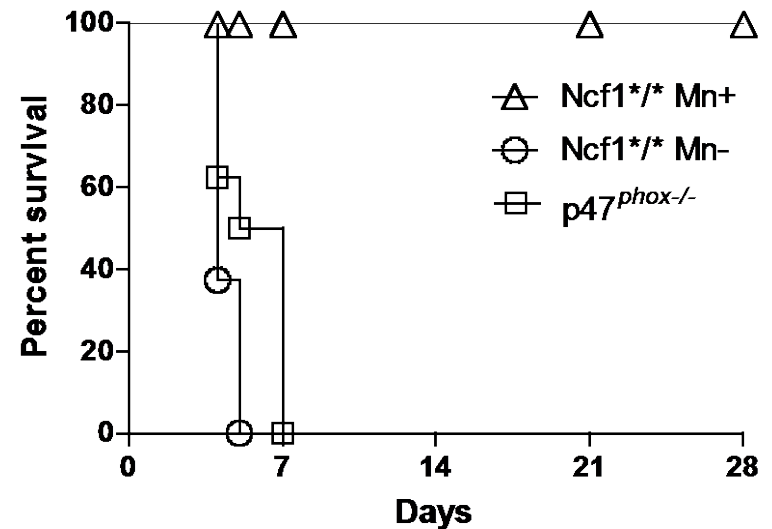
Interestingly, the protective effect is dependent of macrophages (not PMN)

ROS from macrophages protects against CGD associated infections

S.saprophyticus 0.8×10^8 /mouse

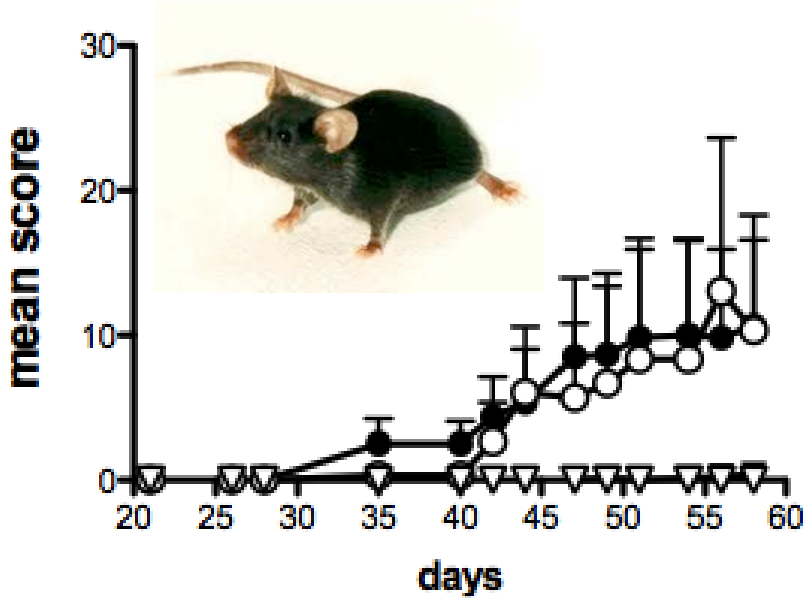


4×10^5 CFU /mouse *Burkholderia cepacia*



Is autoimmunity in CGD secondary to infections?

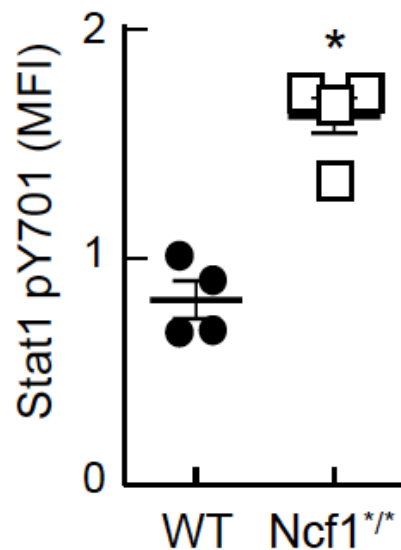
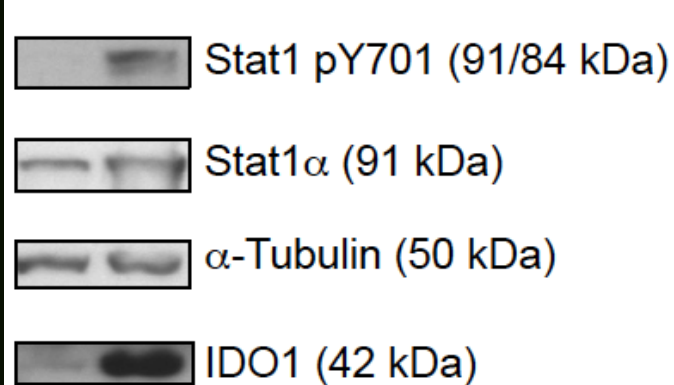
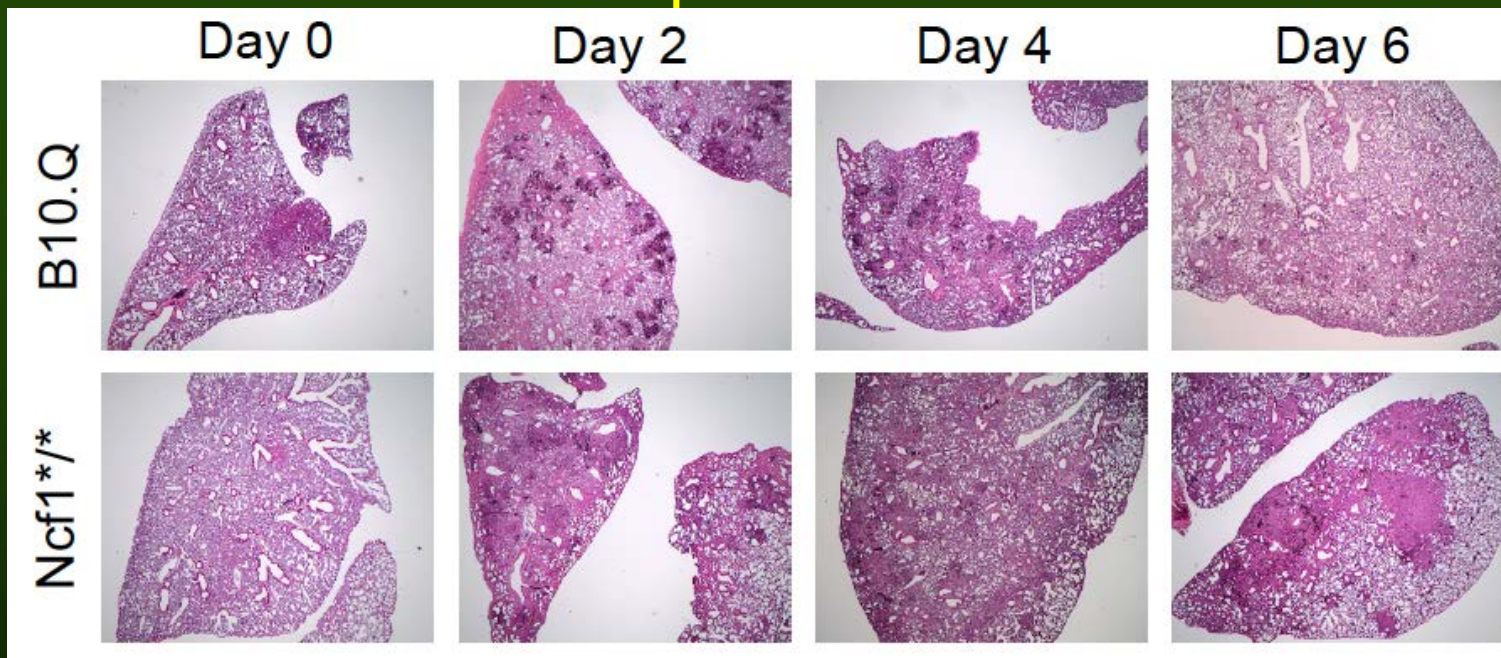
Germ free Ncf1 mutant mice are also susceptible to arthritis...



- GF Ncf1.B10Q
- SPF Ncf1.B10Q
- ▼ GF B10Q
- ▽ SPF B10Q

...and with the same pathways (STAT1, BCR/TCR) as conventional mice and humans

Nasal application of sterile aspergillosis antigen induces more severe pneumonitis in *ncf1*^{*} mice

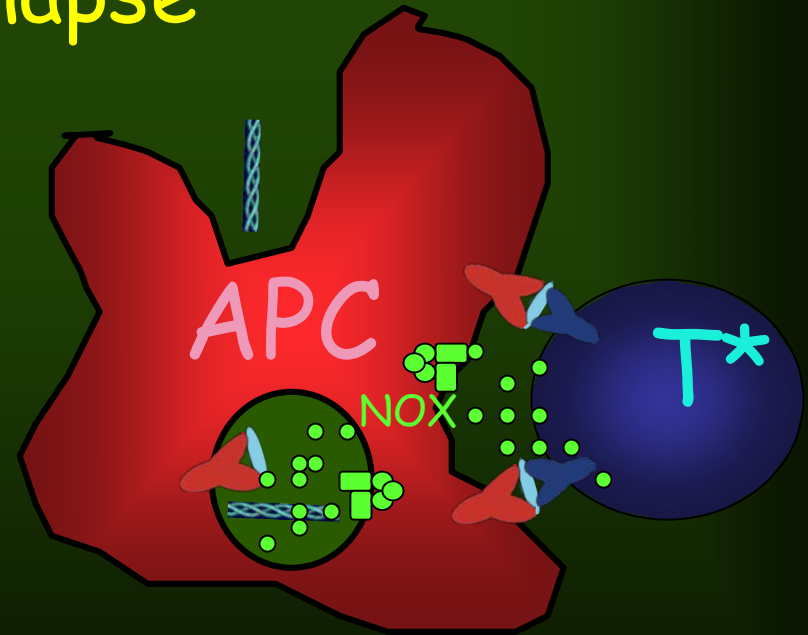


...and induction of STAT1 phosphorylation

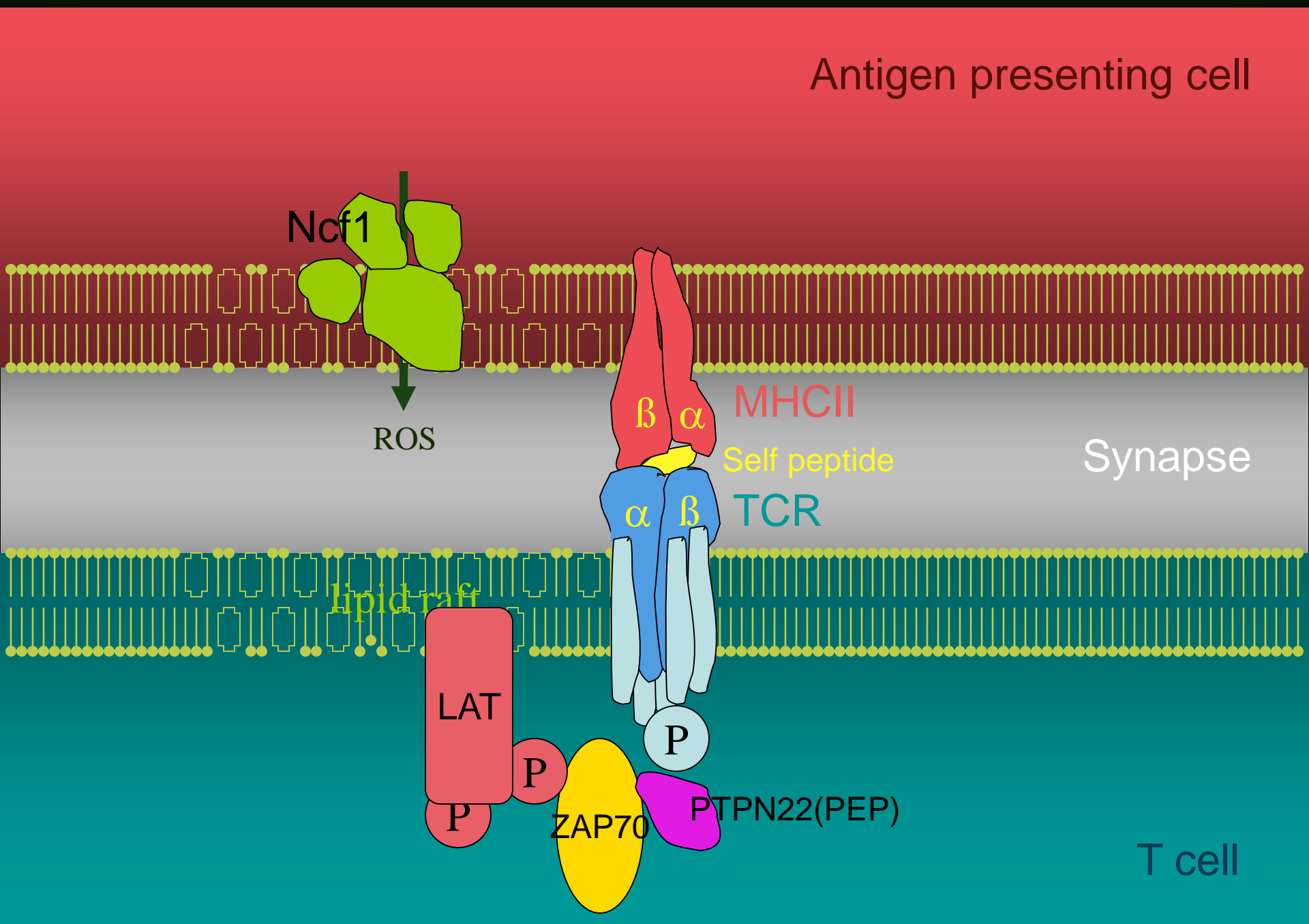
T cells:

Ncf1 polymorphism controls ROS
as a transmitter in the
immunological synapse

Antigen presenting cells
(APC) burst on T cells in the
synapse during antigen
presentation



T cell membrane proteins, LAT and PTP are possible ROS targets



Antigen presenting cell

Ncf1
ROS

MHCII
Self peptide
TCR

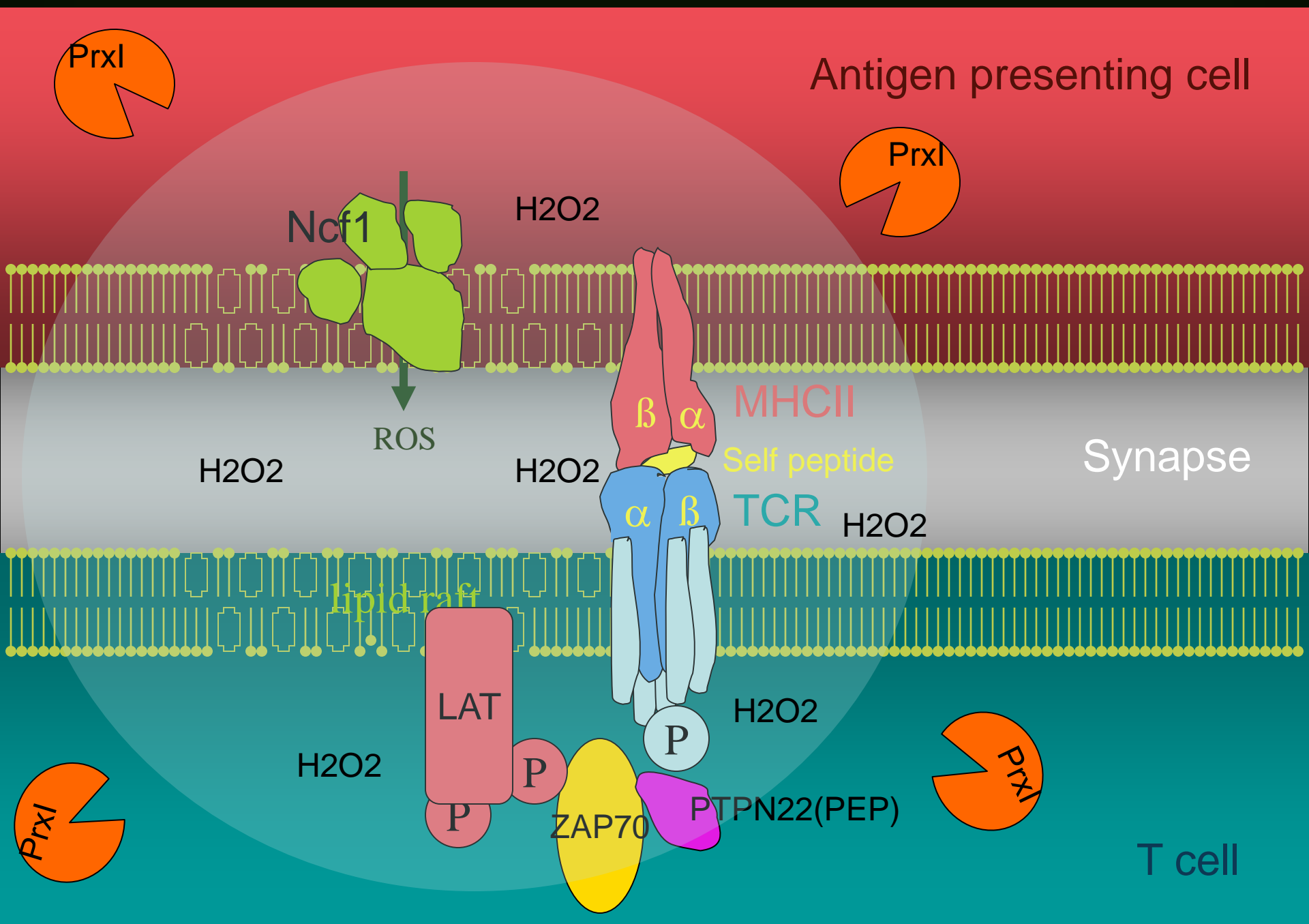
Synapse

lipid raft

LAT
P
ZAP70
PTPN22(PEP)
P

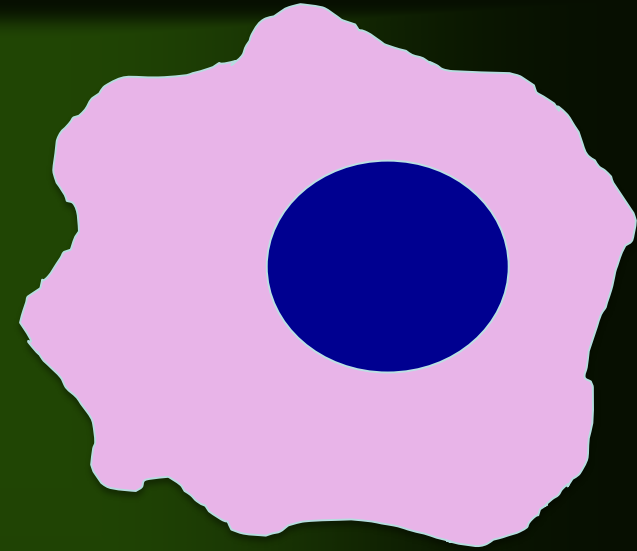
T cell

ROS as transmitters. Antioxidants compartmentalize the ROS



Macrophages:

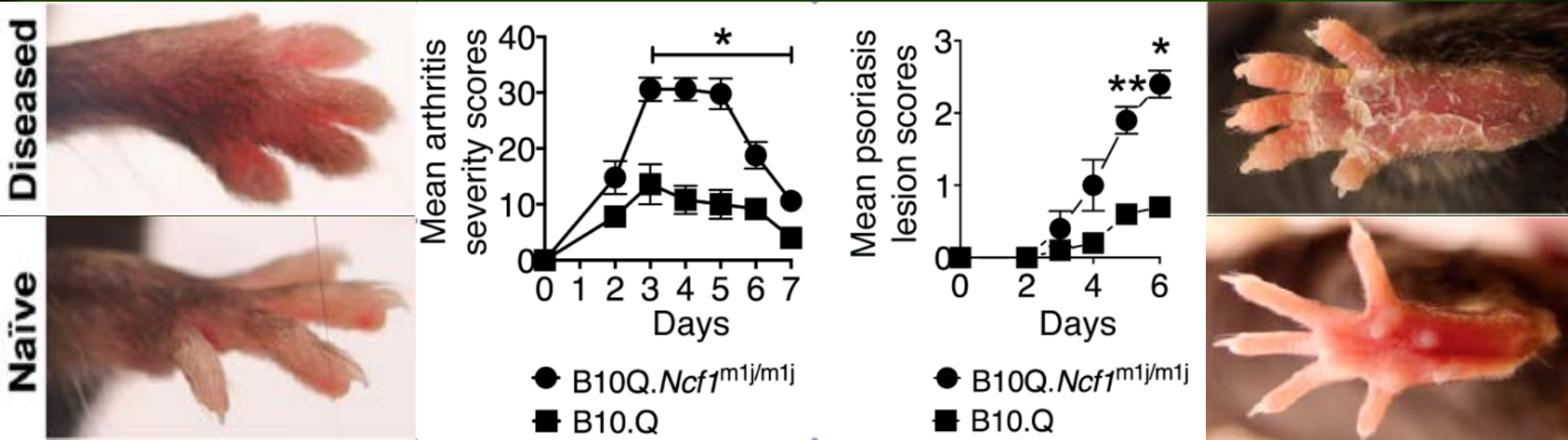
ROS is an autocrine modifier
of inflammatory macrophages



Example psoriasis
and psoriasis
arthritis

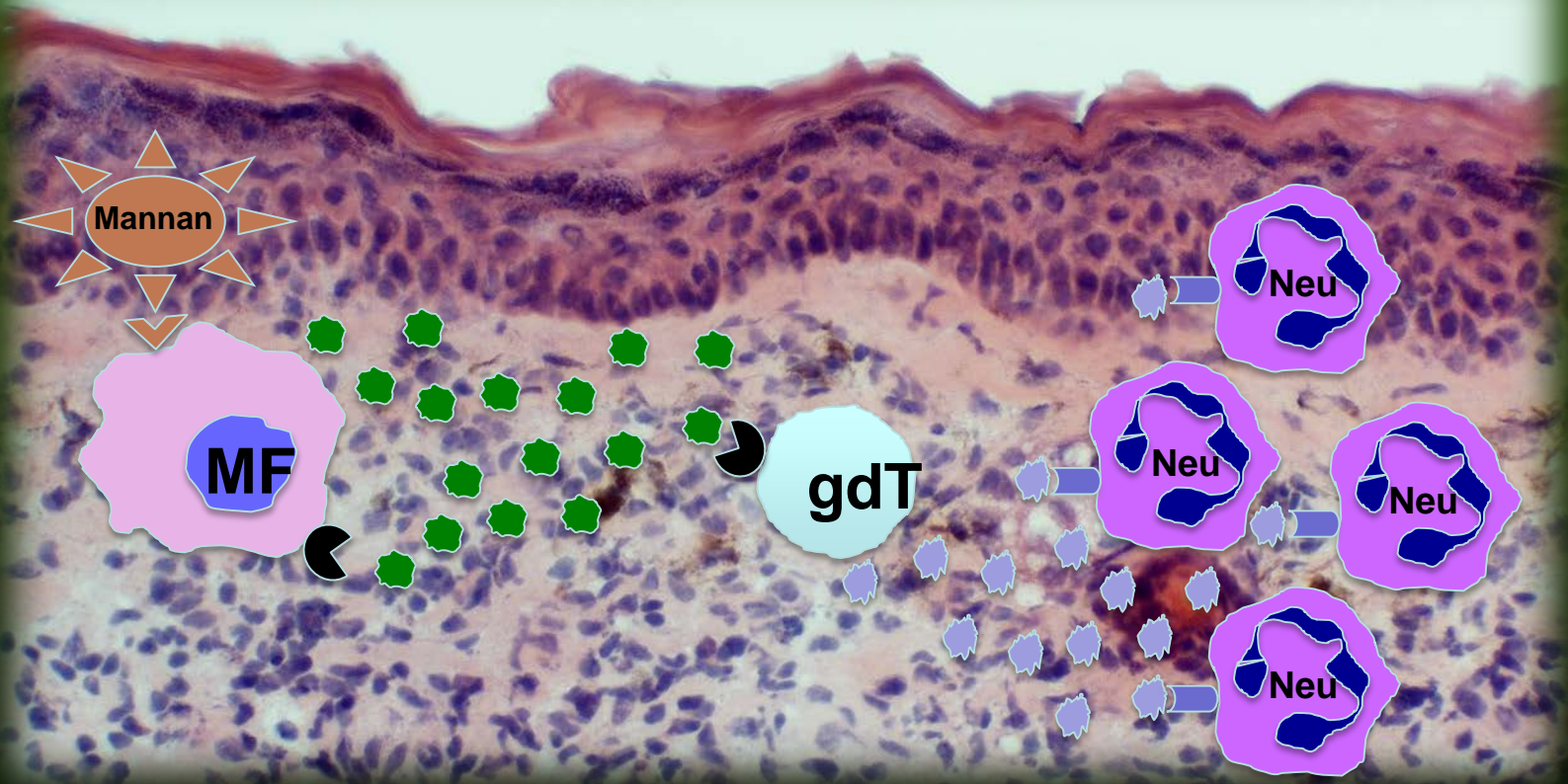


Mannan-induced psoriasis and psoriasis-arthritis (MIP) are enhanced in *Ncf1** mice



MIP is caused by mannan activation of ROS deficient MF, secreting TNF, activating gdT to secrete IL17 leading to recruitment of PMN

PSORIASIS PATHOGENESIS



● TNF- α

● IL-17A

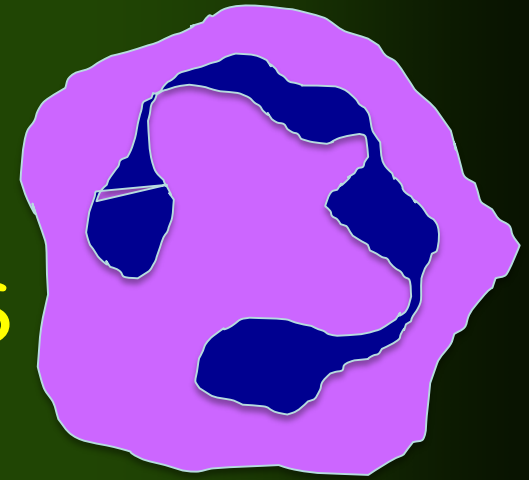
▼ TLR2

☾ TNF- α (R)

▮ IL-17A(R)

Kmalhadze et al
PNAS 2014

Neutrophilic
granulocytes:
ROS as an inducer of NETs
protects against
inflammation by cytokine
absorption

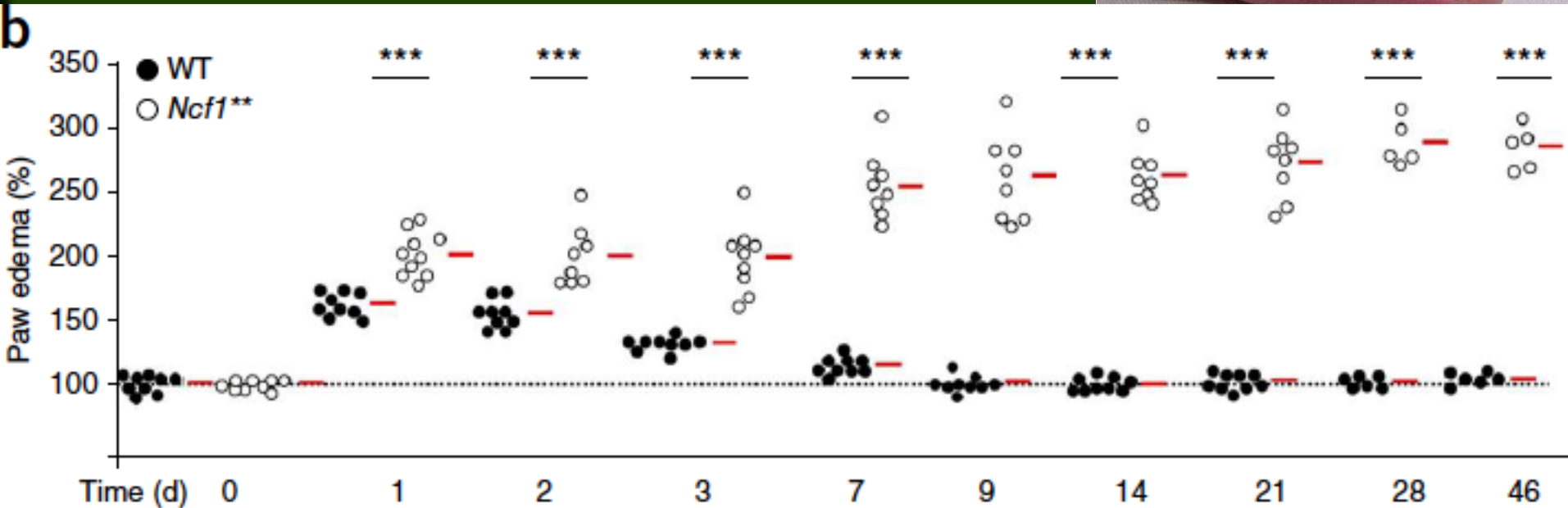


Example with gout



Gout

Induced gout is more severe in *Ncf1*^{*} mice due to lack of NETs absorbing inflammatory cytokines



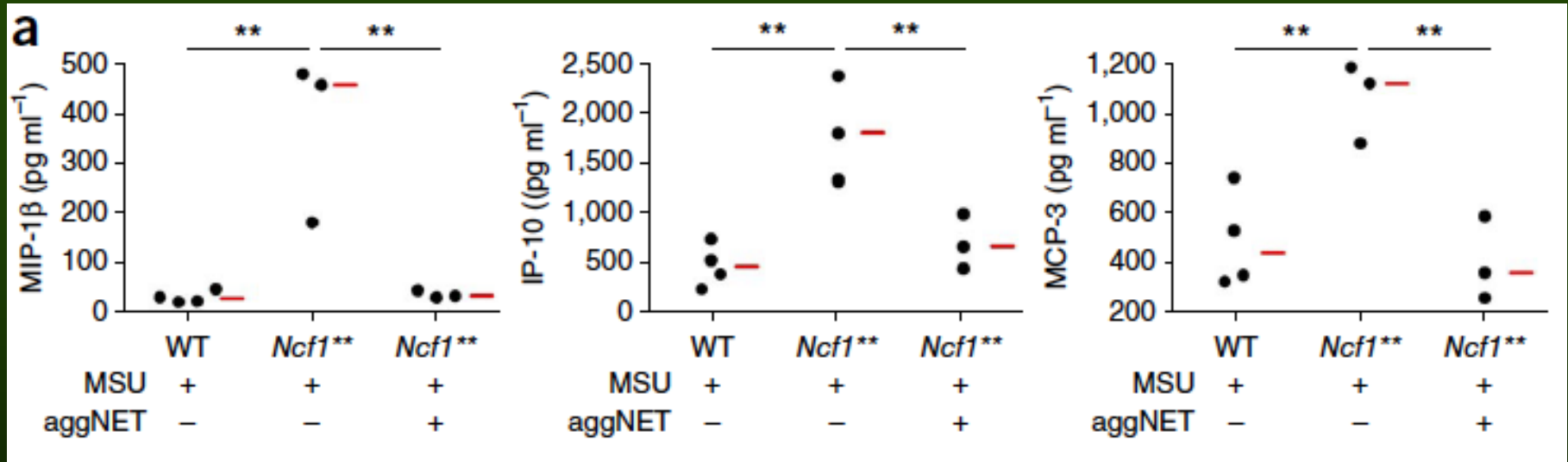
Day 1

Day 46

Sc injection of MSU crystals in paws

Schauer et al Nat Med
2014

Ncf1* mice do not develop NETs in gout lesion



... and maintain higher inflammatory cytokine levels

Ncf1 pathway polymorphism; balanced selection

High ROS!

Low ROS!

Causing:
Neurodegenerative
diseases?
Tumors (some?)

Causing:
Some bacterial and
fungi infections
Autoimmunity
Chronic inflammatory
disorders




Natural polymorphism in wild rats

Wild rat	SNP-330 M/V 106	SNP-472 M/T 153	SNP-1166
1	E3	E3	DA/E3
2	E3	DA/E3	DA/E3
3	DA	DA	DA
4	DA	DA	DA
5	DA/E3	DA/E3	DA
6	DA/E3	DA	DA
7	DA/E3	DA	DA
8	E3	DA	DA
9	DA	DA	DA
10	E3	DA	E3
11	E3	DA	-
12	DA/E3	DA/E3	DA
13	E3	DA	DA
14	E3	DA	DA
15	E3	DA	DA/E3
16	E3	DA	DA/E3
17	E3	DA	DA
18	DA/E3	DA	DA/E3
19	DA	DA/E3	DA
20	DA	E3	DA
21	DA	E3	DA
22	E3	DA	E3



Ncf1^{DA} (low ROS) allows risk behavior



DA strain	Exploratory Activity (sec)	Hypothalamus ROS (fold mRNA expression)	Adrenal gland ROS (fold mRNA expression)
Ncf1 ^{E3}	2.0 sec	5,5	3,0
Ncf1 ^{DA}	7.5 sec***	1,0***	1,0***

Ncf1 pathway polymorphism; balanced selection

Individual protected by lack of risk behavior!

Group protected by individual risk behavior!

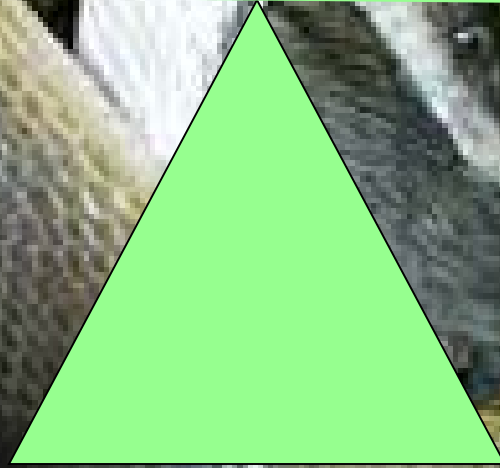
High ROS!

Low ROS!

But may also cause:
Neurodegenerative disease

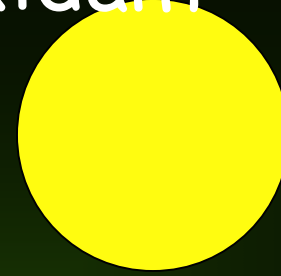
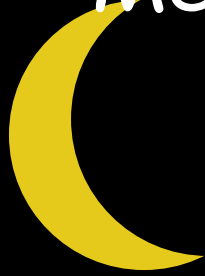
But may also cause:
Some bacterial and fungi infections

Autoimmune disease
Chronic inflammatory disease



So, what about antioxidants?

Melatonin is an anti-oxidant



Pineal
gland

Melatonin

5-hydroxy-N-Acetyl-tryptamine



gonadal effects/sexual maturation,
analgesic, anti-oxidant,



Immune activation
Arthritis enhancement

Melatonin regulate arthritis

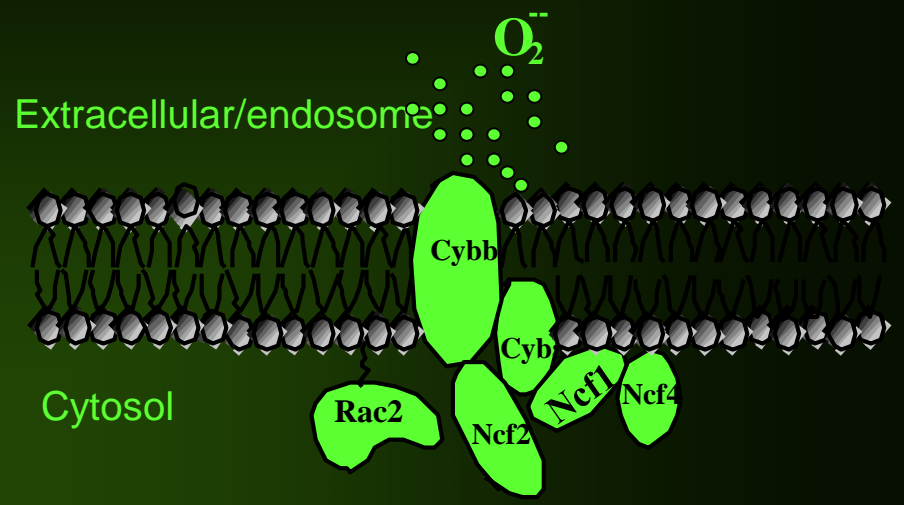
- + Darkness
- + Melatonin injections
- Light
- Epiphyseal ectomy

	Arthritis incidence	Arthritis severity	Anti-CII ($\mu\text{g/ml}$)
Darkness	95%*	8.8**	166 \pm 113**
Light	60%	4.5	91 \pm 27
Melatonin	85%*	5.5**	502
Control	38%	2.5	389

Conclusions

It is possible to find genes and pathways that Nature has selected (not scientists) through an hypothesis free approach

Low ROS by Ncf1 promote chronic inflammatory disease



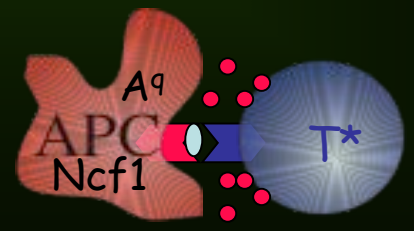
ROS could be an autocrine modifier of macrophages to prohibit chronic inflammation!



ROS could enable NET formation by neutrophils protecting inflammation



Reactive oxidative species (ROS) could be an immune transmitter in the immunological synapse!



Thanks to ...

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Amit Saxena (postdoc)
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