

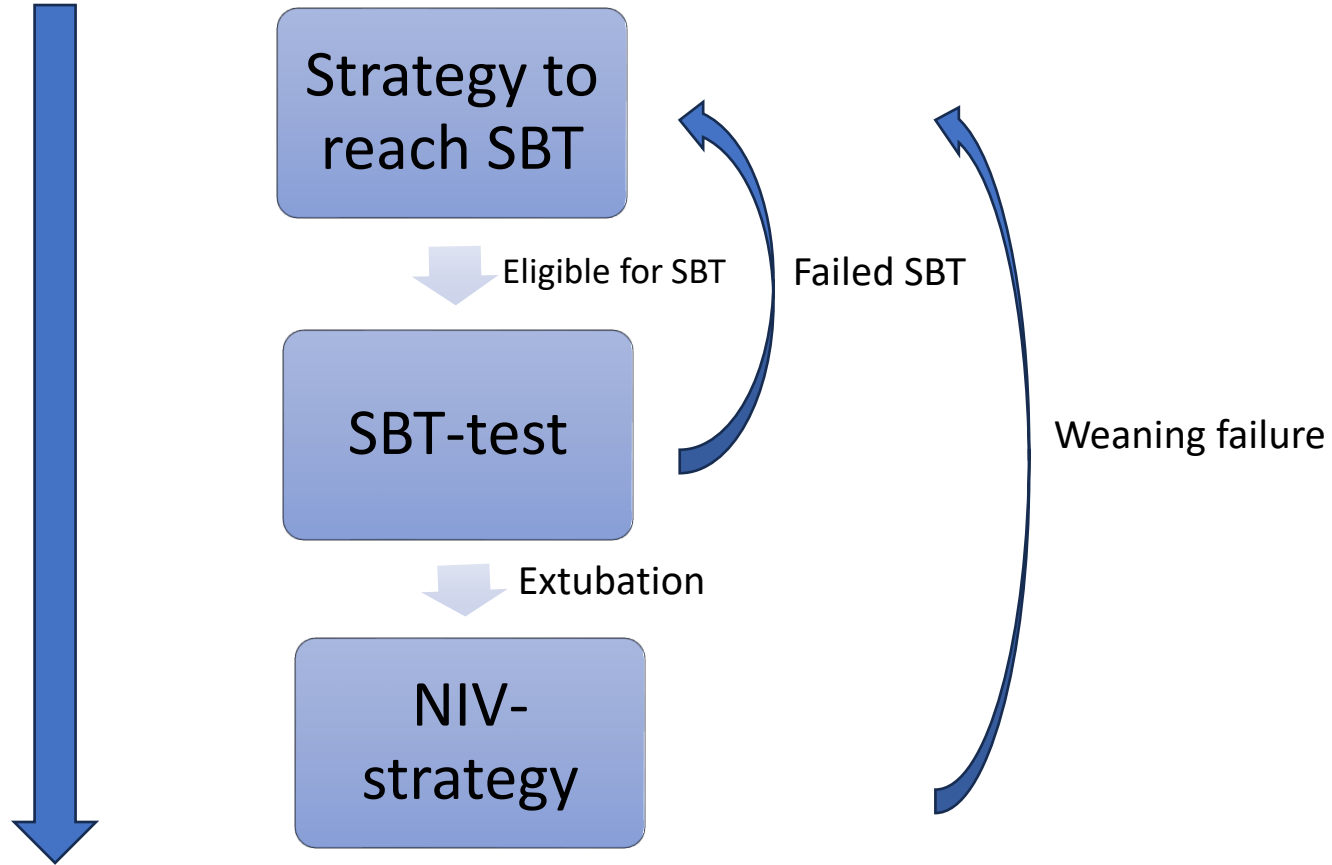
Weaning från respirator Finns det någon State of the Art?

Francesca Campoccia Jalde

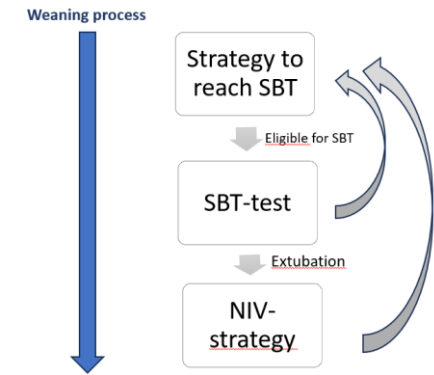
MD, PhD, Överläkare Thorax Intensivvård, Karolinska Sjukhuset Solna

Content

Weaning process



Epidemiology



Burns, JAMA 2021

- Worldwide, 19 countries
- Prospective observational
- 2000 pts
- Intubated \geq 24h
- Followed for 28d
- Variation in weaning practices

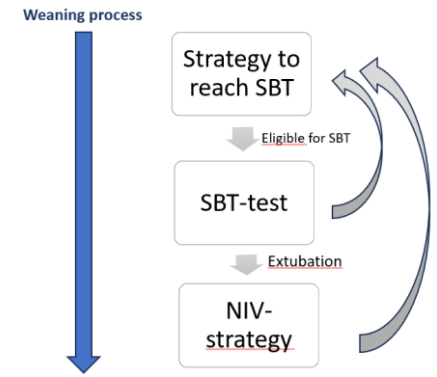
Phan, WEAN SAFE, Lancet Resp Med 2023

- Worldwide, 50 countries
- Prospective observational
- 6000pts
- Intubated \geq 48h
- Followed for 90d
- Variation in weaning practices

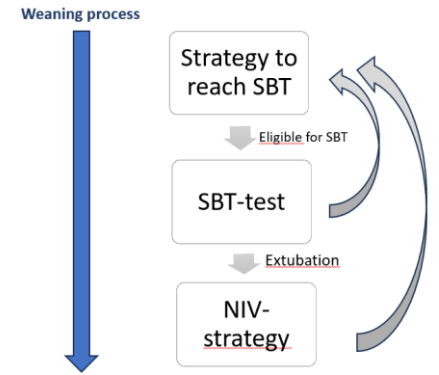
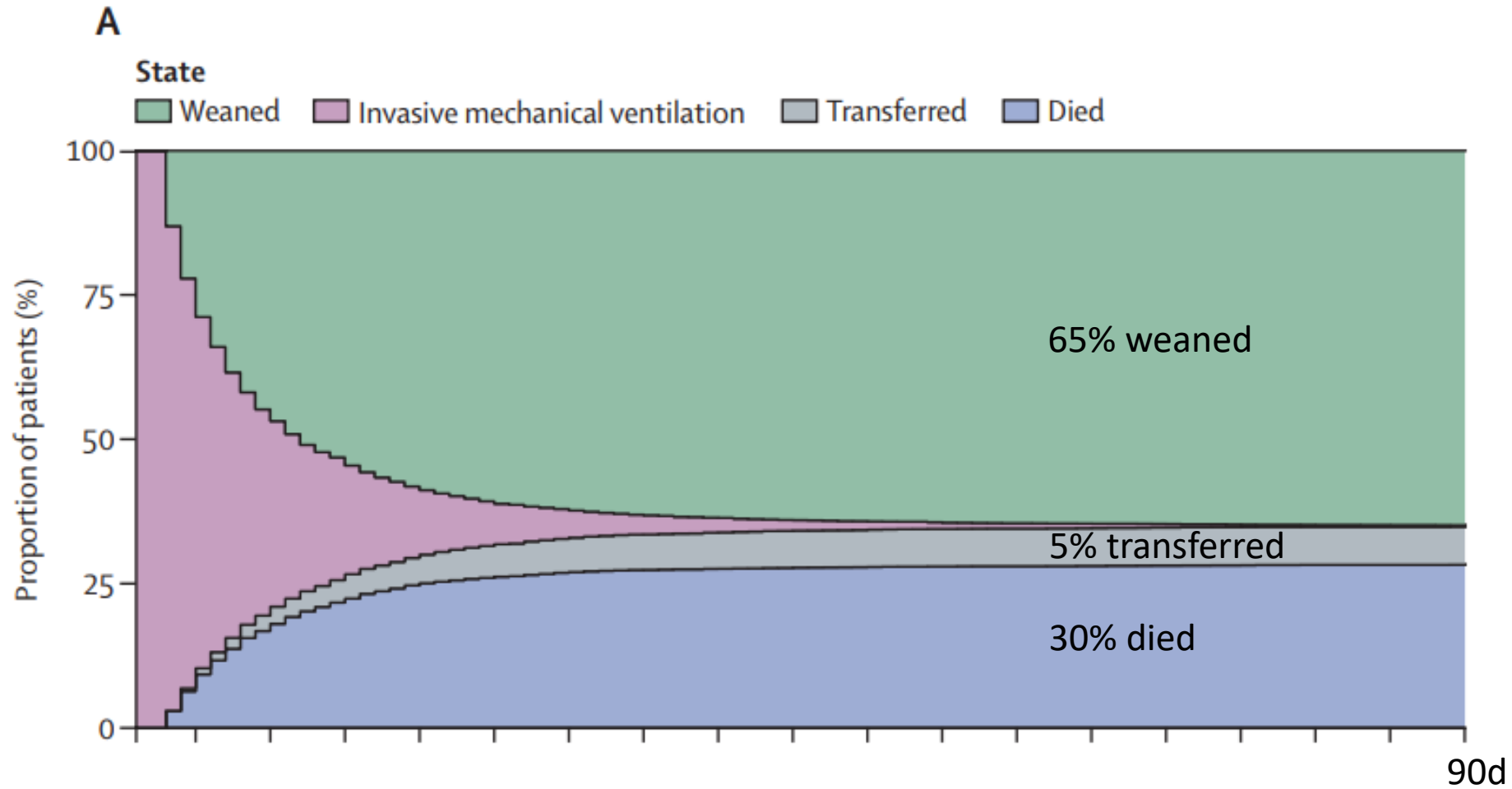
Weaning practices vary internationally

- Modes of ventilation before SBT
- Practice in screening for SBT (daily)
- Personnel involved in screening/conducting SBT
- Personnel involved in adjusting ventilator support
- Practices in conducting SBT:

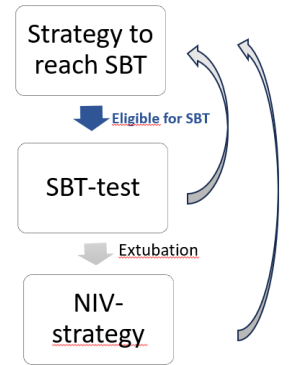
PS+PEEP 50%; T-piece 25%; CPAP 10%; PS without PEEP 10%



Wean SAFE- Outcome over time

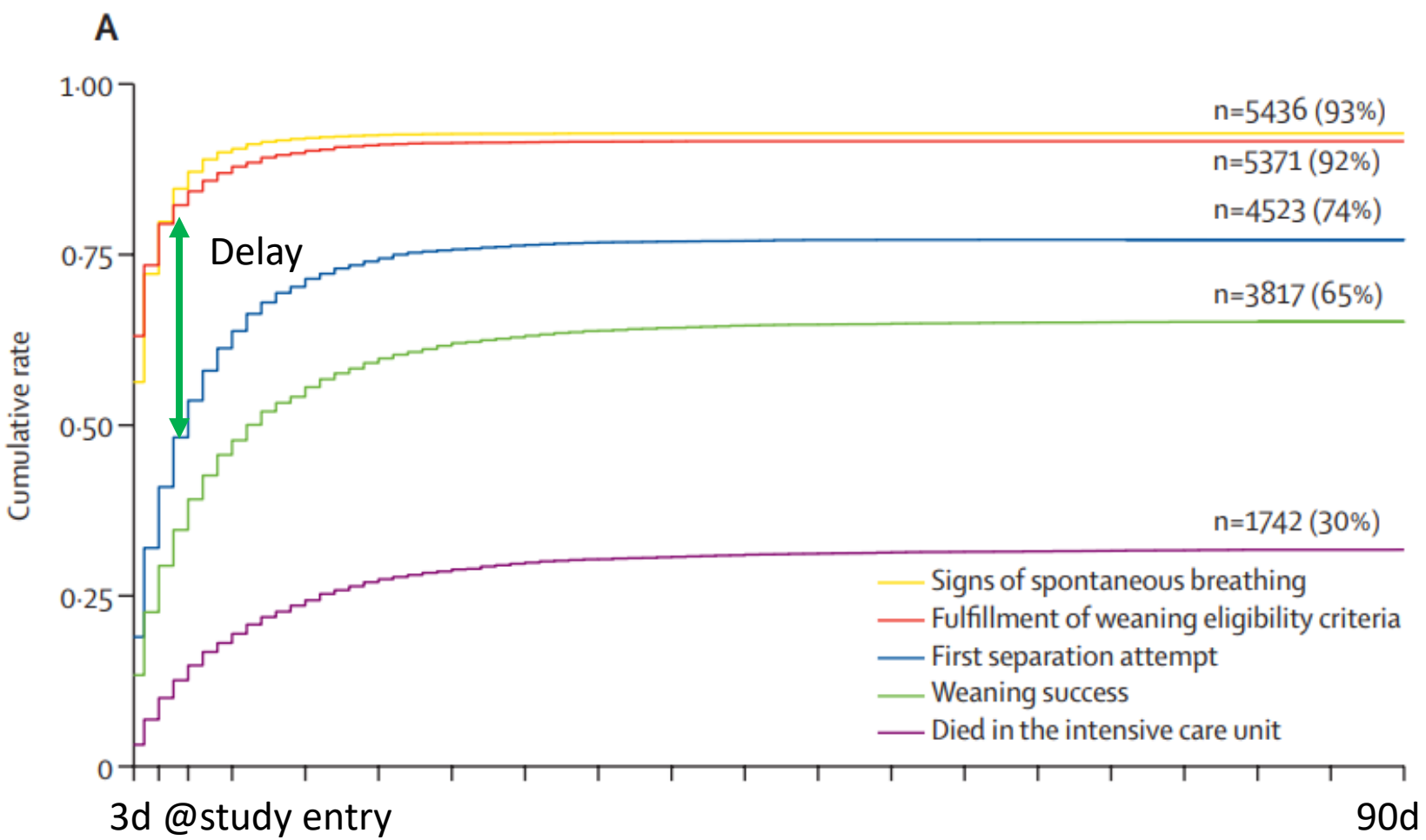
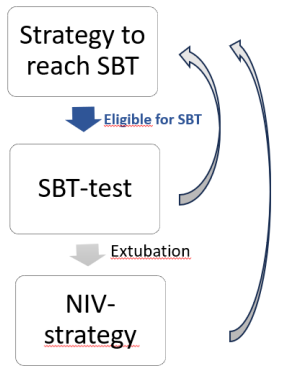


SBT eligibility criteria



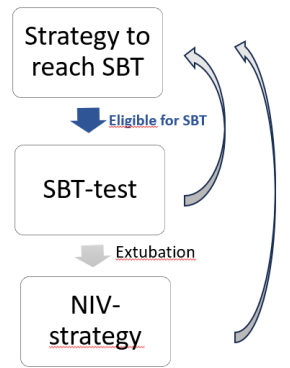
- $FiO_2 < 0,5$
- $PEEP < 10 \text{ cmH}_2\text{O}$
- Vasopressor $< 0,2 \text{ mcg/kg/min}$
- No paralytic agents

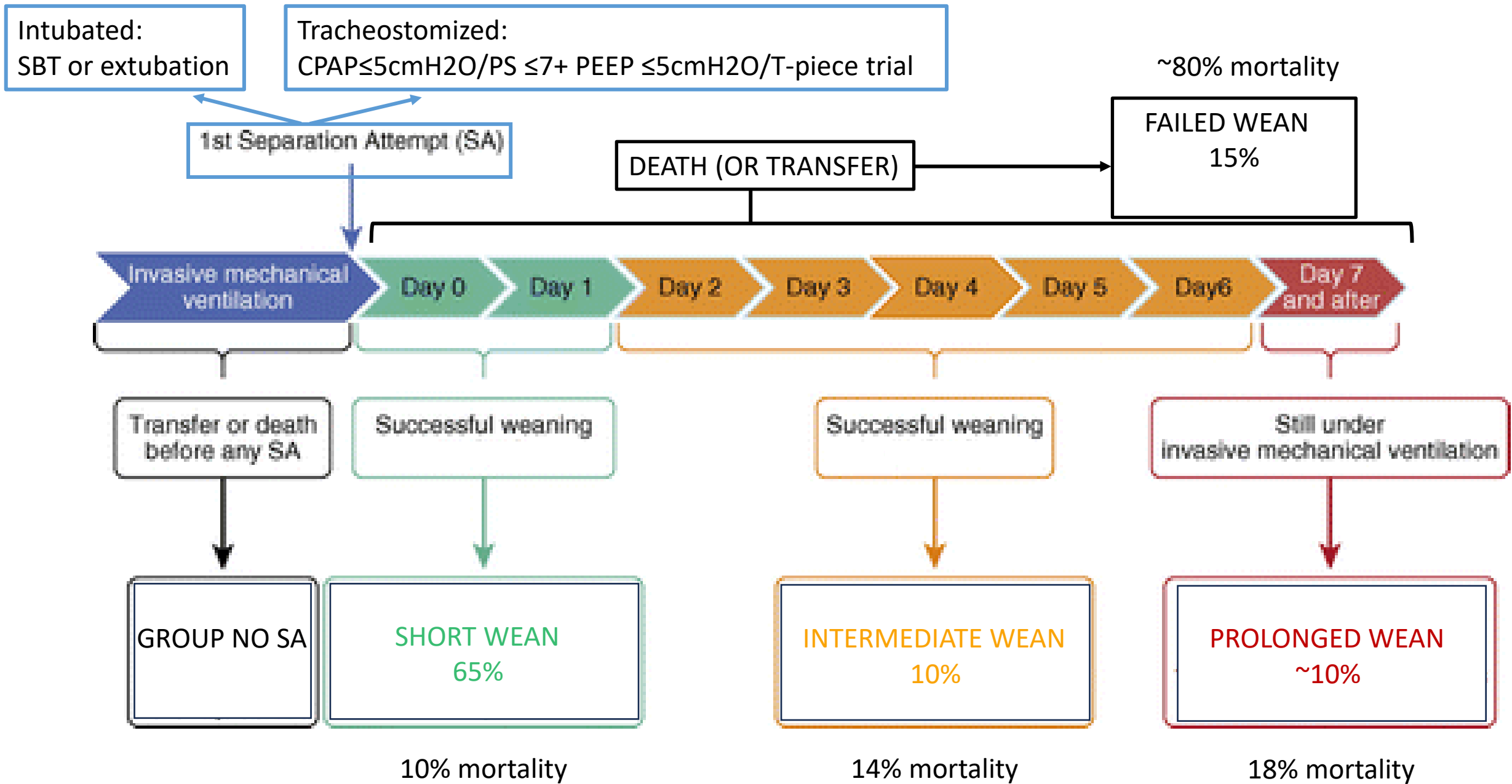
Delay to first separation attempt



Factors associated with delay

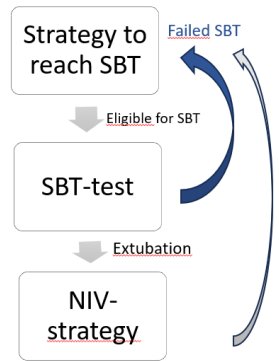
- Degree of Sedation (strongest factor)
- Patient frailty
- Neuro
- Trauma





Wean safe, classification according to Béduneau, Wind study 2016

Factors associated with SBT failure



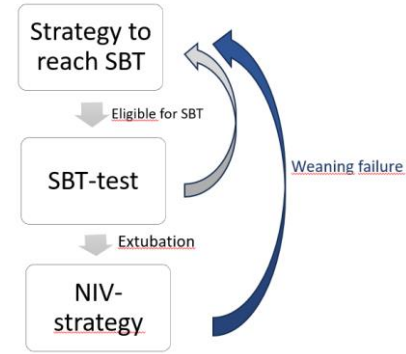
Burns, JAMA 2021

- Higher sedation score
- Unrelated to SBT technique
- More severe resp disease
- Lack of a protocol to adjust ventilator settings

Wean Safe

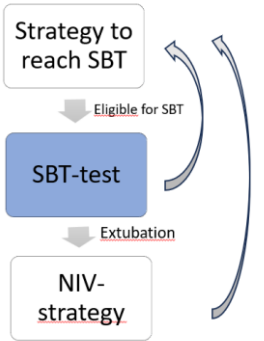
- High sedation strongest & modifiable
- Long delay to first separation attempt
- Older age >65
- Medical admission
- Frailty
- Immunocompromised
- Neuro

Characteristics of pts who failed weaning



	All patients with a separation attempt (n=4523)	Short wean <24 h (n=2927)	Intermediate wean (n=457)	Prolonged wean (n=433)	Died (n=553) or transferred (n=153) before weaning success	p value*
Sex						
Age, years	60.9 (17.2)	59.7 (17.6)	60.8 (17.1)	60.3 (16.9)	66.4 (14.3)	<0.0001
Body-mass index, kg/m ²	27.0 (7.1)	26.9 (7.1)	26.6 (6.0)	27.4 (7.3)	27.1 (7.5)	0.32
Intensive care unit admission category	<0.0001
Medical	3027 (66.9%)	1899 (64.9%)	312 (68.3%)	277 (64.0%)	539 (76.3%)	..
Planned surgery	380 (8.4%)	287 (9.8%)	30 (6.6%)	25 (5.8%)	38 (5.4%)	..
Trauma	404 (8.9%)	250 (8.5%)	51 (11.2%)	56 (12.9%)	47 (6.7%)	..
Urgent surgery	712 (15.7%)	491 (16.8%)	64 (14.0%)	75 (17.3%)	82 (11.6%)	..
Trauma	404 (8.9%)	250 (8.5%)	51 (11.2%)	56 (12.9%)	47 (6.7%)	..
Urgent surgery	712 (15.7%)	491 (16.8%)	64 (14.0%)	75 (17.3%)	82 (11.6%)	..
Cause for intensive care unit admission						
Hypoxaemic respiratory failure	1500 (33.2%)	921 (31.5%)	172 (37.6%)	145 (33.5%)	262 (37.1%)	<0.0001
Sepsis	1003 (22.2%)	635 (21.7%)	111 (24.3%)	93 (21.5%)	164 (23.2%)	0.54
Hypercapnic respiratory failure	662 (14.6%)	420 (14.3%)	71 (15.5%)	62 (14.3%)	109 (15.4%)	0.83
Non-traumatic neurological event	656 (14.5%)	385 (13.2%)	73 (16.0%)	80 (18.5%)	118 (16.7%)	0.0038
Emergency surgery	641 (14.2%)	425 (14.5%)	63 (13.8%)	72 (16.6%)	81 (11.5%)	0.081
Airway protection	562 (12.4%)	382 (13.1%)	53 (11.6%)	51 (11.8%)	76 (10.8%)	0.35
Cardiac arrest	366 (8.1%)	190 (6.5%)	27 (5.9%)	33 (7.6%)	116 (16.4%)	<0.0001
Comorbidities and risk factors						
At least one comorbidity or risk factor	2921 (64.6%)	1845 (63.0%)	301 (65.9%)	269 (62.1%)	506 (71.7%)	<0.0001
Outcomes						
Total duration of invasive mechanical ventilation, days	7 (4-12)	5 (3-8)	10 (8-15)	20 (15-28)	11 (7-18)	<0.0001
Length of intensive care unit stay, days	10 (7-18)	9 (6-13)	15 (11-22)	26 (19-37)	12 (7-19)	<0.0001
Length of hospital stay, days	23 (14-39)	21 (14-35)	32 (20-49)	47 (32-68)	14 (8-24)	<0.0001
Intensive care unit mortality	633 (14.5%)	52 (1.8%)	12 (2.6%)	16 (3.7%)
Hospital mortality	986 (22.6%)	294 (10.1%)	62 (13.6%)	77 (17.9%)

Spontaneous breathing trial



- Screening test
- Can the patient breathe without ventilator?
- Reduce time on IMV
- Reduce reintubation (~ 20% in high risk pts, ~ 10% in low risk)

Spontaneous breathing trial

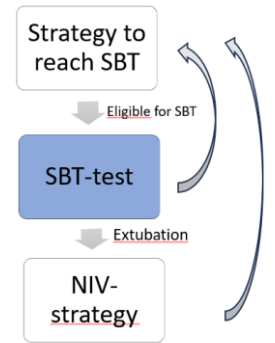
Different practices:

- Nr times/day
- Duration: 30-120min
- Inspiratory/expiratory pressure applied

PS to overcome endotracheal tube resistance

PEEP to compensate for inability to keep FRC while intubated

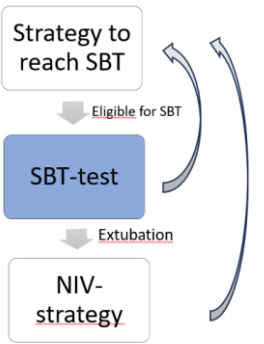
T-piece disconnected from ventilator



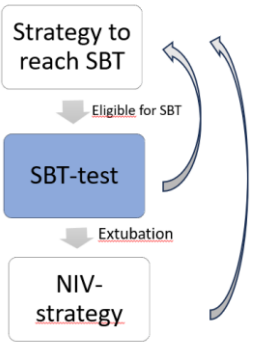
RCT SBT PS vs T-piece

2 large RCT, total 2000 pts:

- Subira' in low risk pts
- Thille TiP-Ex study in high risk pts

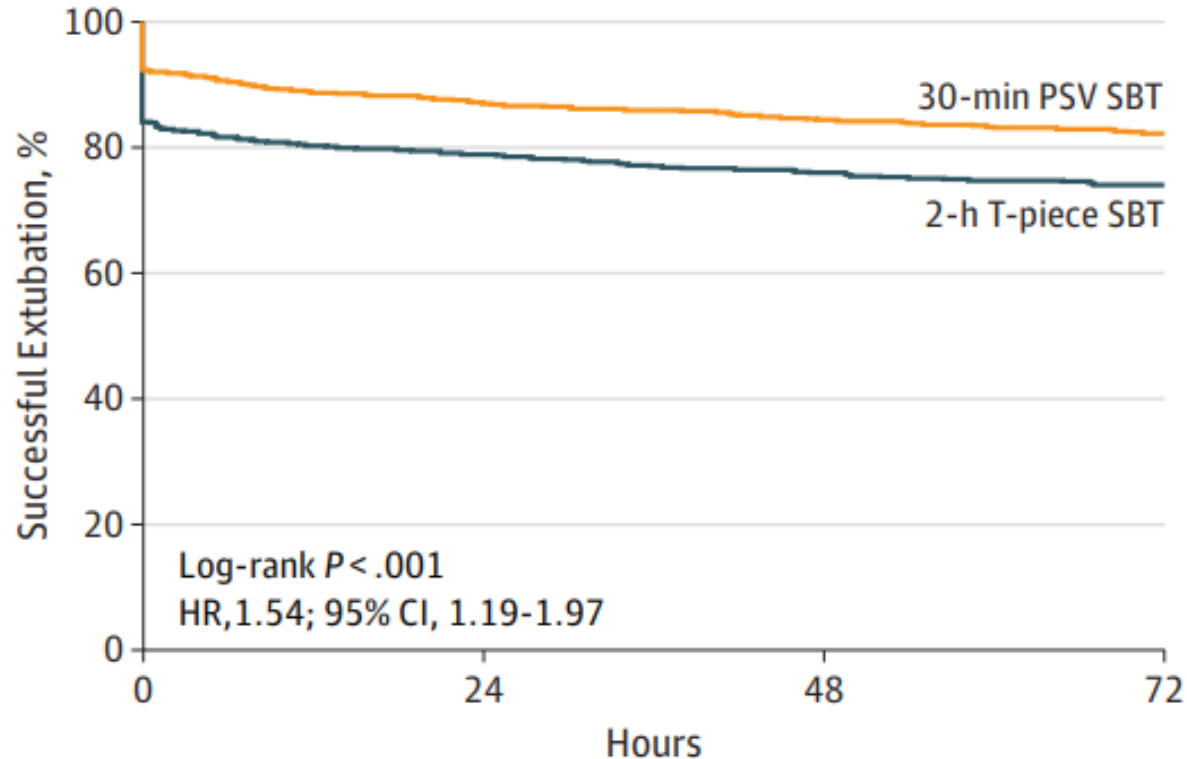


RCT PS vs T-piece



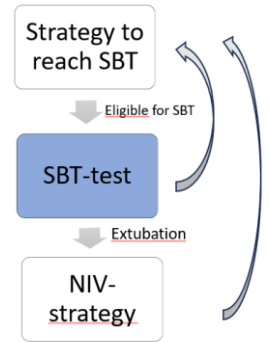
- Spanish RCT, 1000pts
- Intub>24h
- Compared 2 strategies:
 - Less demanding SBT 30min in PS 8cmH₂O PEEP 0 cmH₂O
 - More demanding SBT in T-piece 120min

Figure 2. Probability of Successful Extubation After First SBT in Each Group



No. at risk					
30-min PSV SBT	575	501	484	472	
2-h T-piece SBT	578	456	438	426	

PSV indicates pressure support ventilation; SBT, spontaneous breathing trial. Successful extubation was defined as remaining free of mechanical ventilation for 72 hours after first SBT.

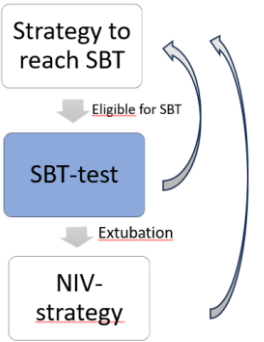


- PS higher success rate of extub: 82% vs 74%
- Lower hospital and 90d mortality: 10% vs 15%
- Same reintubation rate of 11% in both groups within 72h



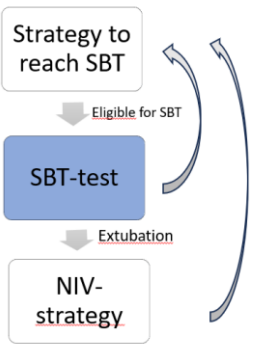
Is it true in pts at high risk of extub failure?

SBT PSV or T-piece



- French multicenter RCT around 1000pts
- Pts @high risk of extub failure (>65y, chronic cardiac/resp disease)
- Compared 2 strategies:
 - PS 8cmH2O PEEP 0cmH2O
 - T-piece with max 6L/min O2
- Faster extub in PS group
- Same ventilator free days
- Same reintubation rate, <15% (~ 80% preventive NIV)

Conclusion of SBT technique



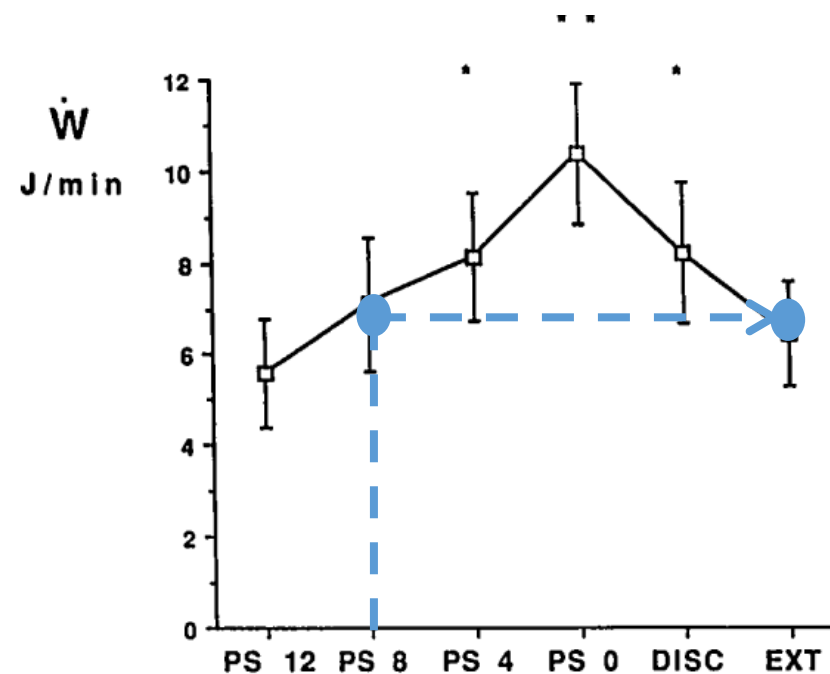
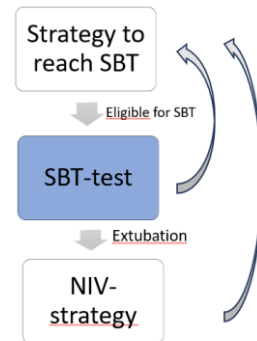
2 large RCT are in favour of PS

- Faster extubation without increased risk of reintubation even @high risk
- Easier to perform
- Monitoring Vt and RR
- Less demanding

Conclusion of SBT technique

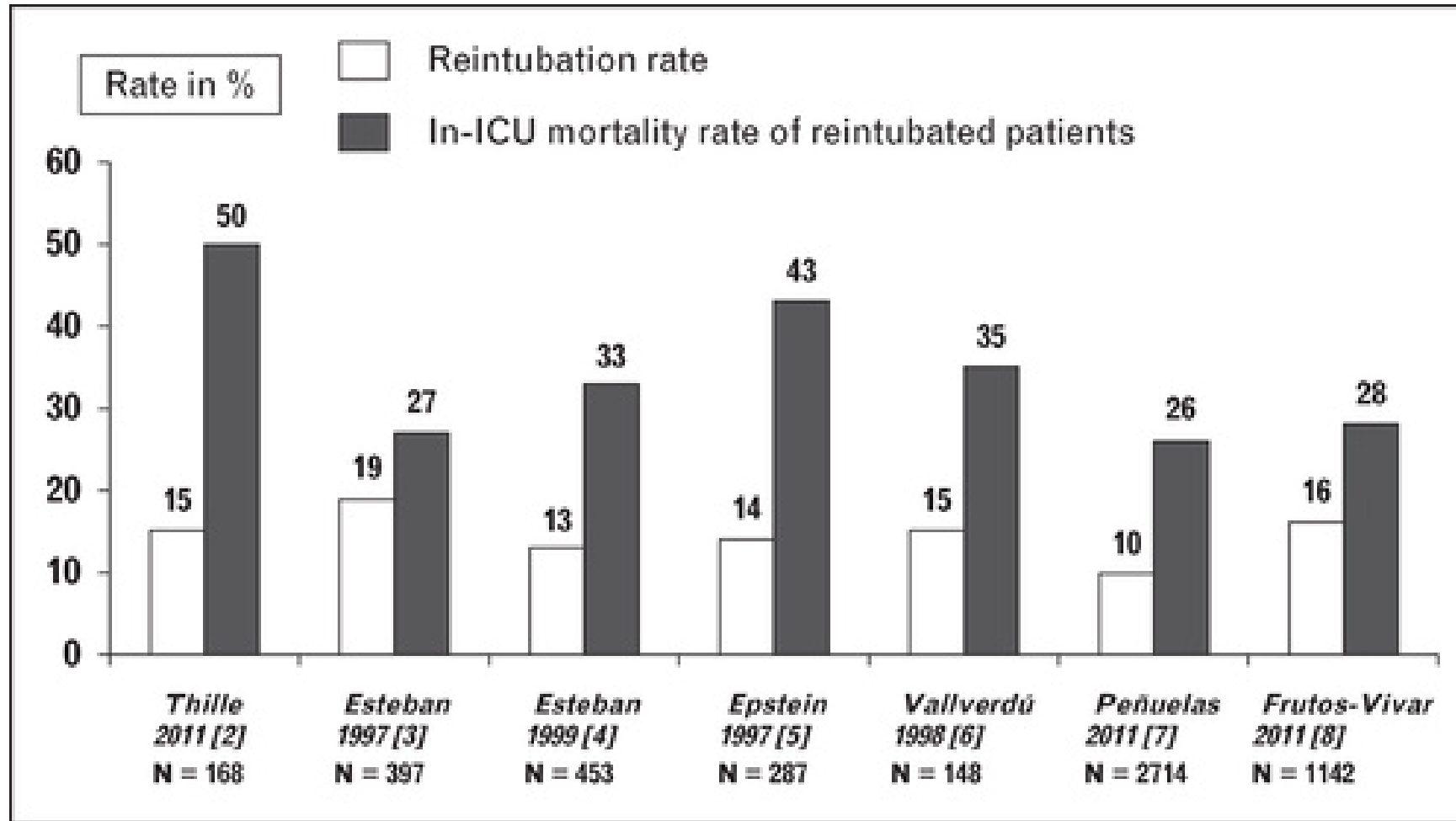
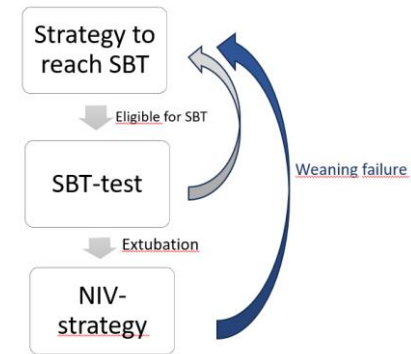
2 large RCT are in favour of PS

- Faster extubation without increased risk of reintubation even @high risk
- Easier to perform
- Monitoring Vt and RR
- Less demanding

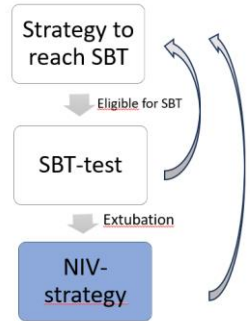


Brochard 1991

Reintubation associated with mortality

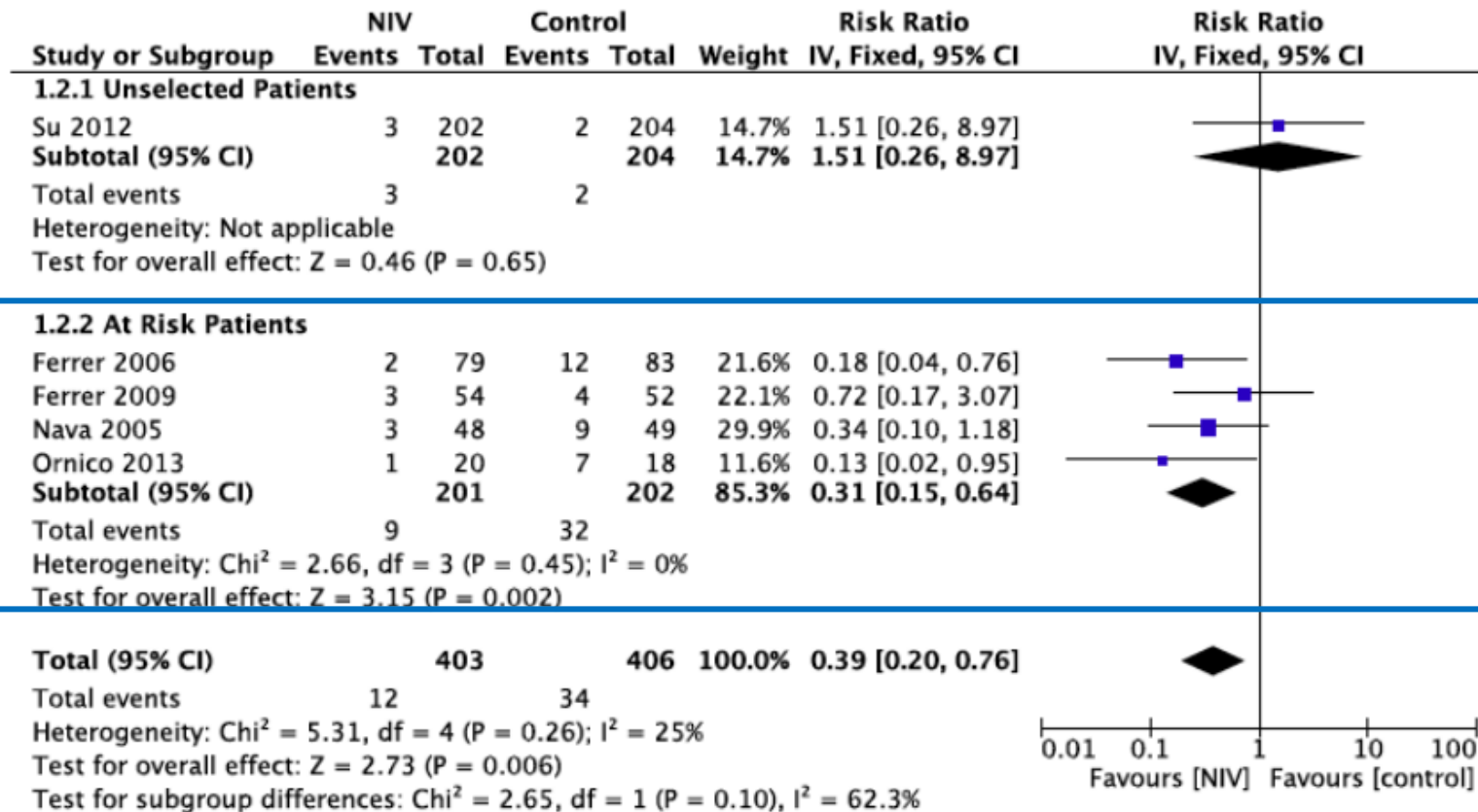


How to prevent post extubation failure? NIV

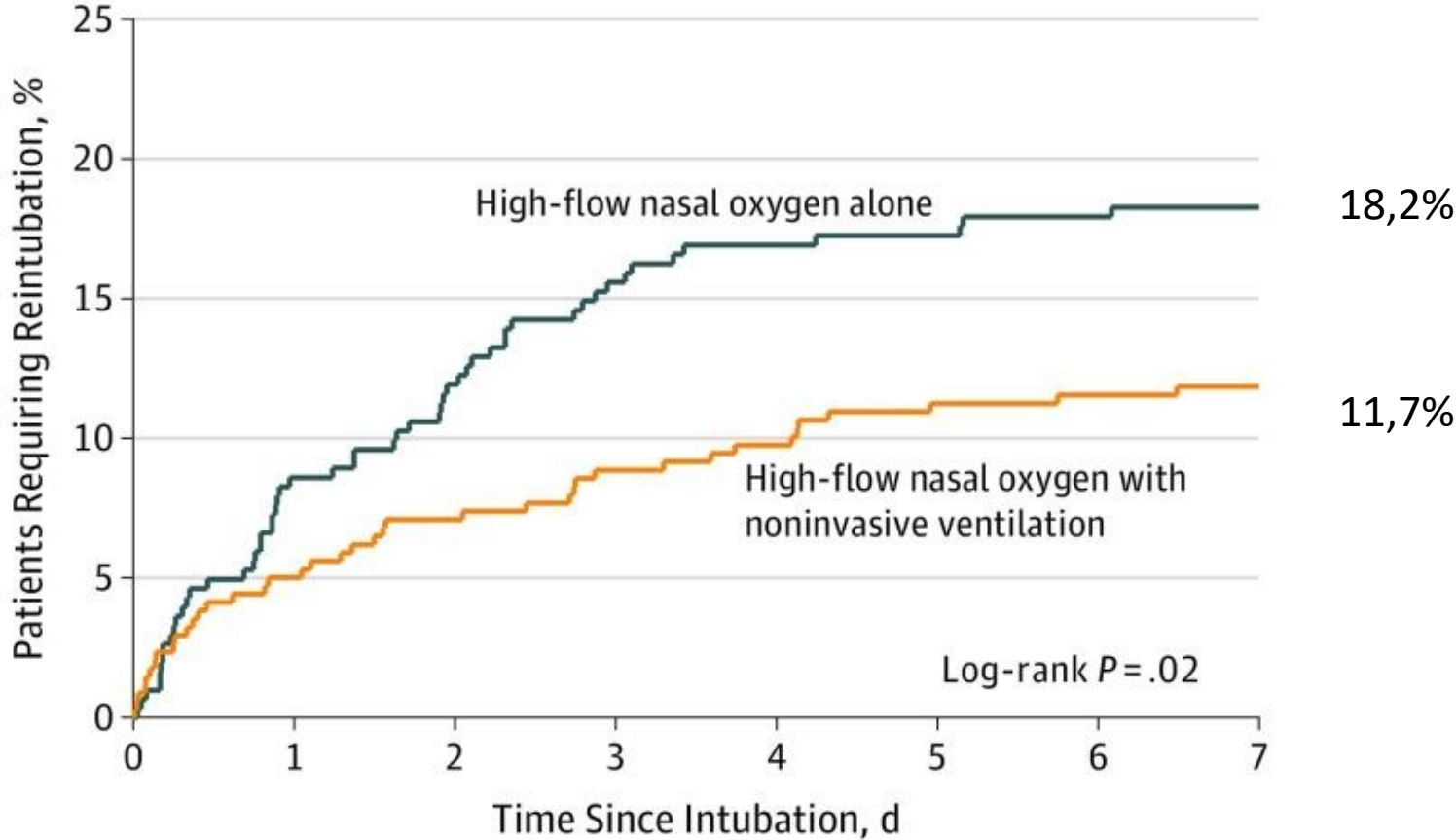
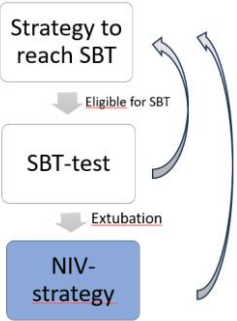


Question #10a: Should NIV be used in the prevention of respiratory failure post extubation?

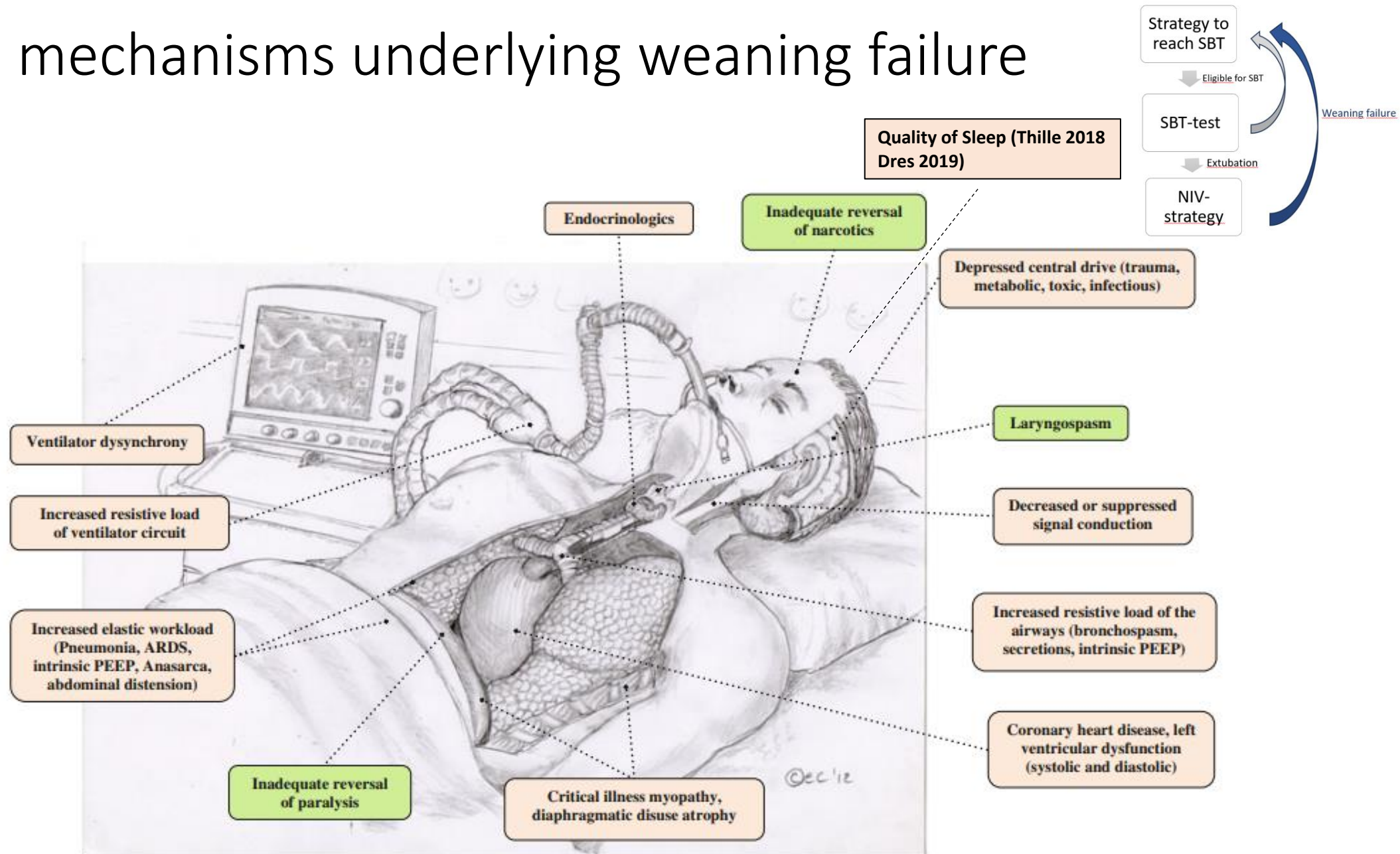
Mortality



How to prevent post extubation failure? HFNC +NIV

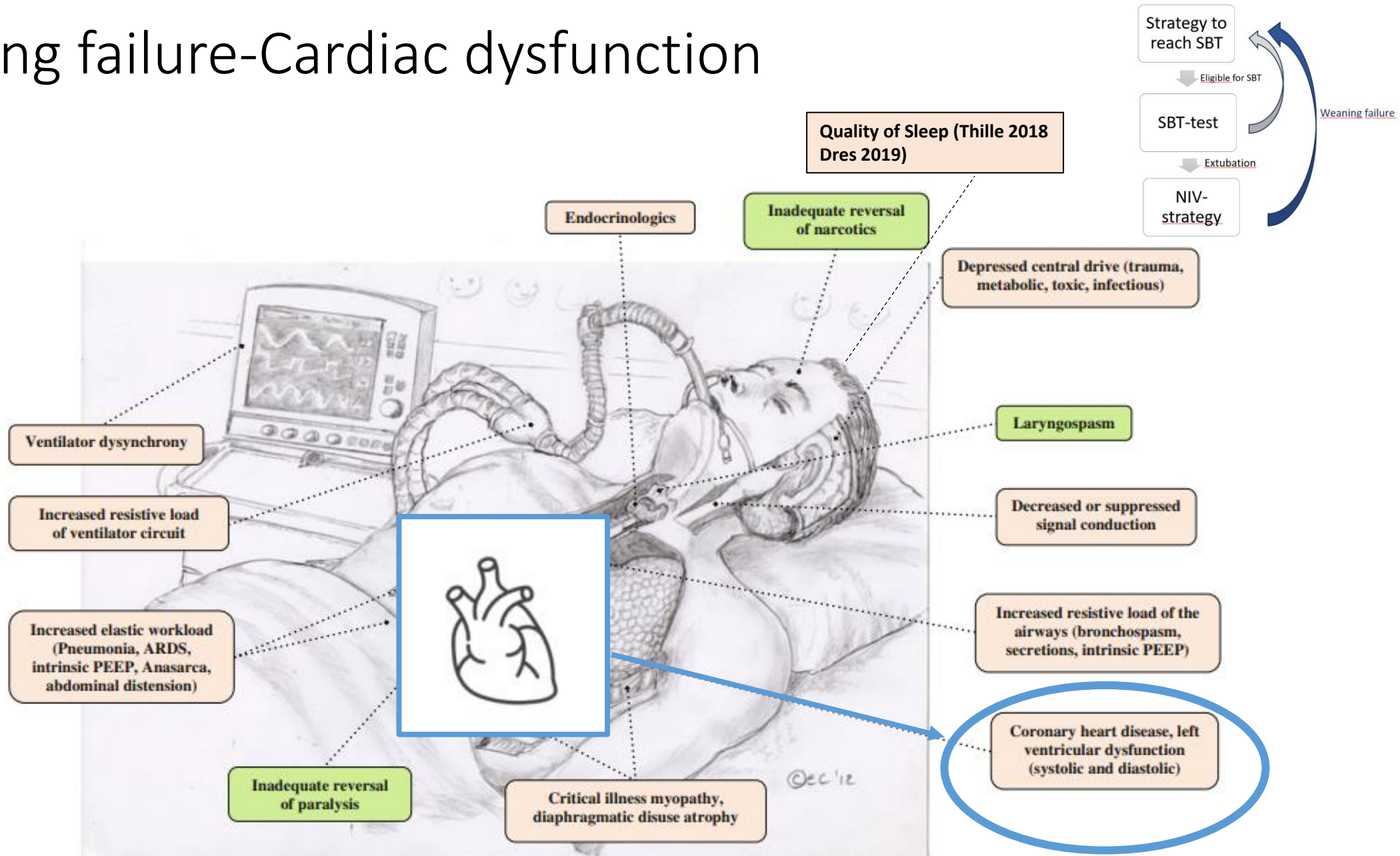


Physiologic mechanisms underlying weaning failure



Adapted from Perren, 2013

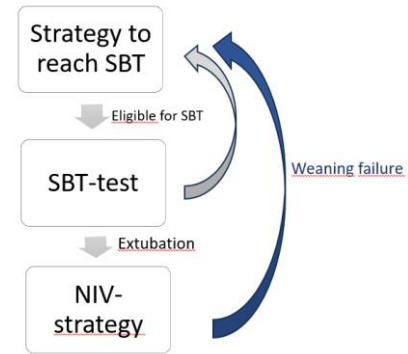
Weaning failure-Cardiac dysfunction





Cardiac failure during weaning

- Up to 2/3 of cases
- \uparrow pre and afterload for the LV \rightarrow LV failure
- In cardiac ischemic \uparrow MVO₂ \rightarrow AMI
- Large negative force \rightarrow reduction in LV EF



The New England Journal of Medicine

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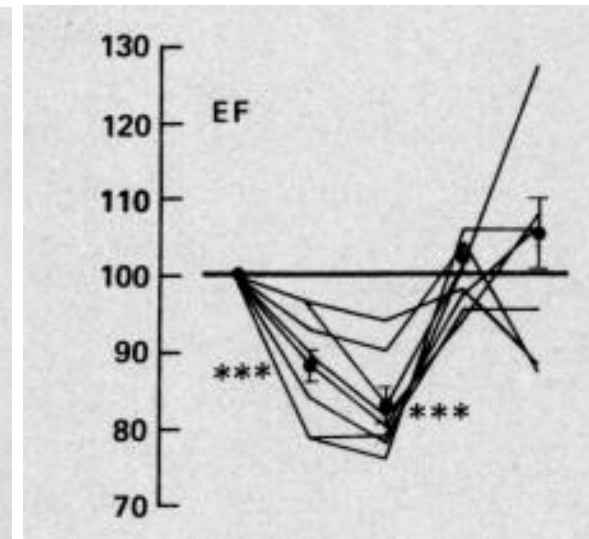
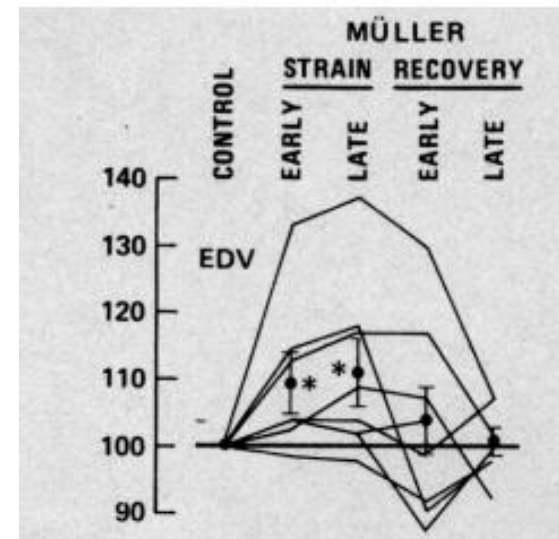
Volume 301

AUGUST 30, 1979

Number 9

EFFECT OF INTRATHORACIC PRESSURE ON LEFT VENTRICULAR PERFORMANCE

ANDREW J. BUDA, M.D., MICHAEL R. PINSKY, M.D., NEIL B. INGELS, JR., PH.D.,
GEORGE T. DAUGHTERS, II, M.S., EDWARD B. STINSON, M.D., AND EDWIN L. ALDERMAN, M.D.

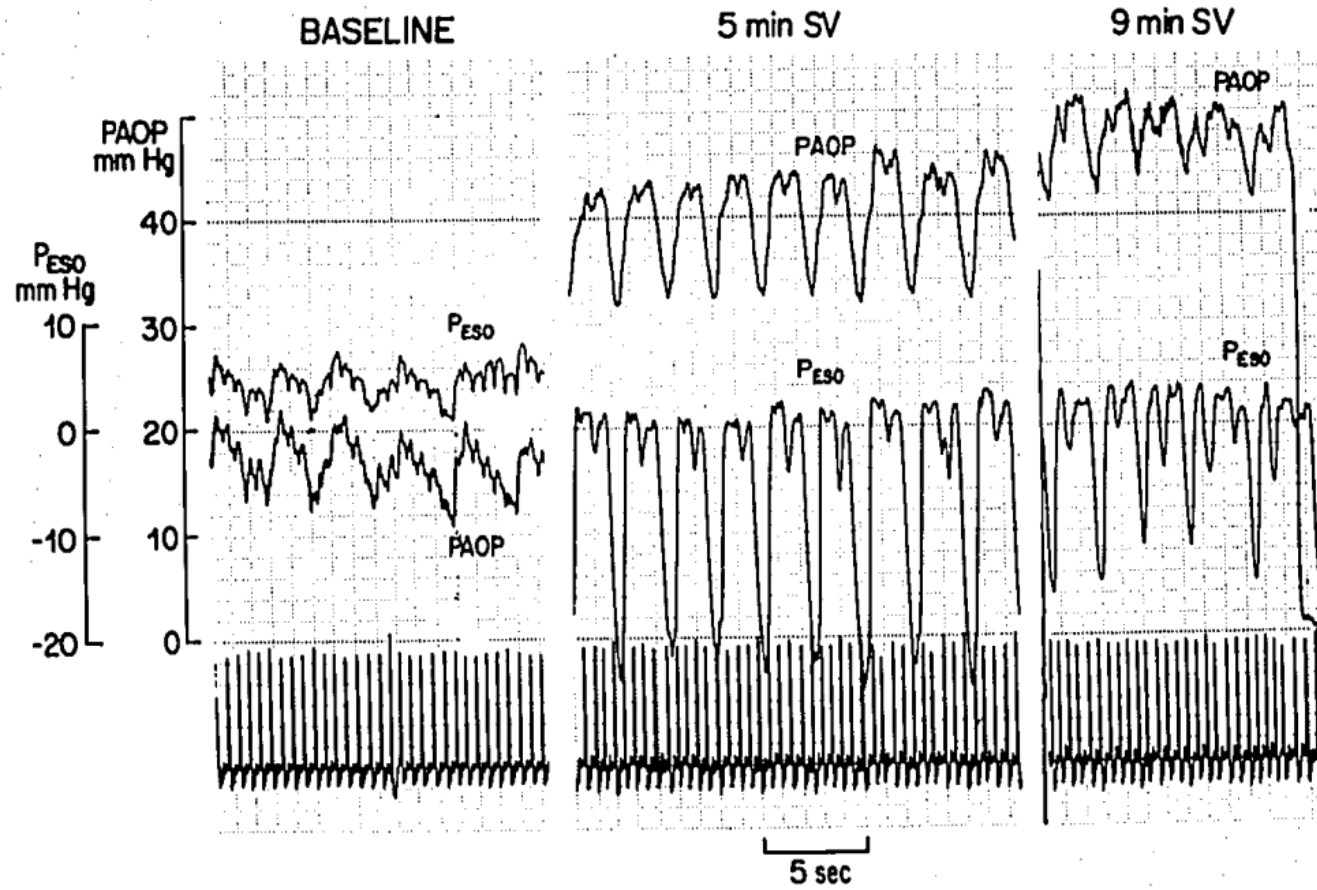
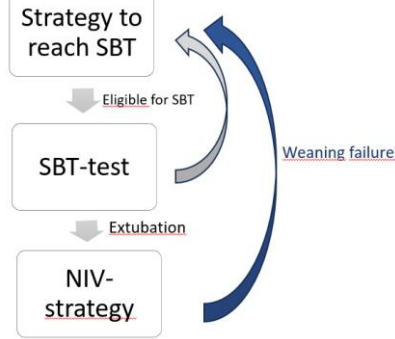




Anesthesiology
69:171-179, 1988

Acute Left Ventricular Dysfunction during Unsuccessful Weaning from Mechanical Ventilation

Francois Lemaire, M.D.,* Jean-Louis Teboul, M.D.,† Luc Cinotti, M.D.,‡ Guillen Giotto, M.D.,§
Fekri Abrouk, M.D.,§ Gabriel Steg, M.D.,§ Isabelle Macquin-Mavier, M.D.,¶ Warren M. Zapol, M.D.**





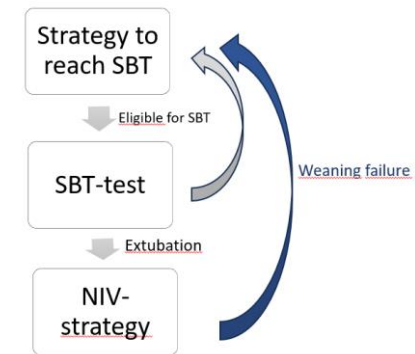
PLR test predicts weaning failure

Intensive Care Med (2015) 41:487–494
DOI 10.1007/s00134-015-3653-0

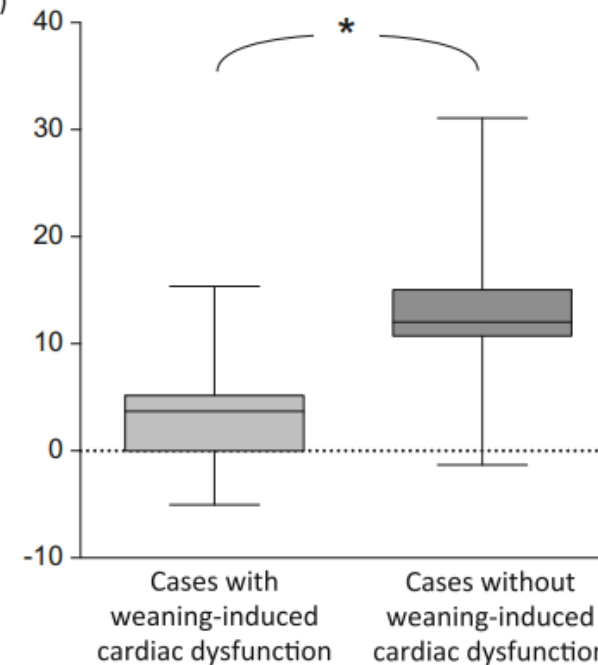
ORIGINAL

Martin Dres
Jean-Louis Teboul
Nadia Anguel
Laurent Guerin
Christian Richard
Xavier Monnet

**Passive leg raising performed
before a spontaneous breathing trial predicts
weaning-induced cardiac dysfunction**

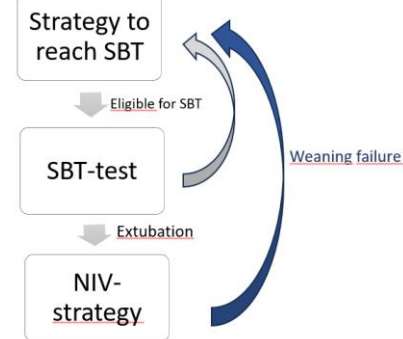


Change in cardiac index
during PLR (%)





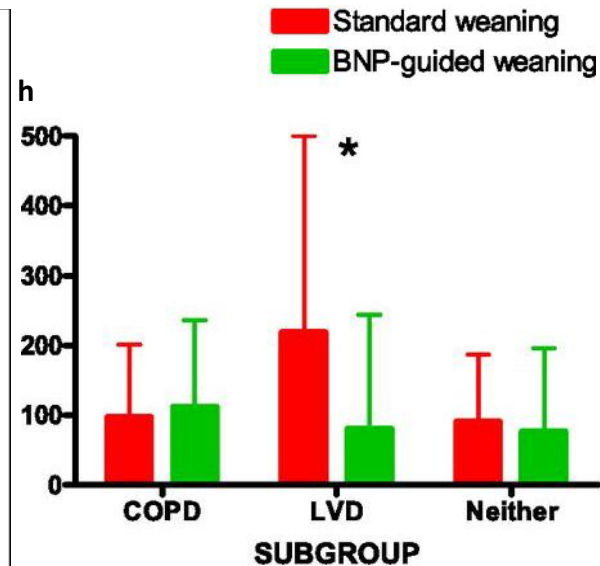
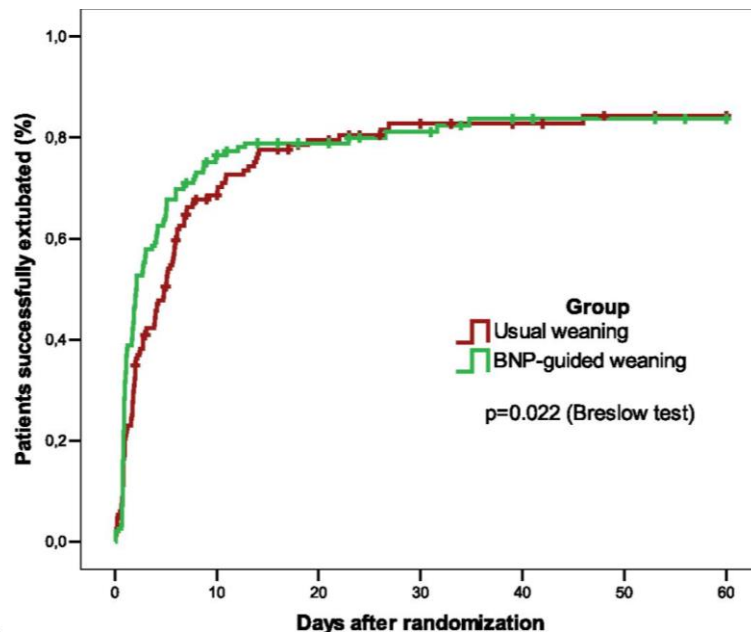
Optimize fluid balance



Natriuretic Peptide–driven Fluid Management during Ventilator Weaning

A Randomized Controlled Trial

Armand Mekontso Dessap^{1,2,3}, Ferran Roche-Campo^{1,4}, Achille Kouatchet⁵, Vinko Tomcic⁶, Gaetan Beduneau⁷, Romain Sonnevile⁸, Belen Cabello⁴, Samir Jaber⁹, Elie Azoulay¹⁰, Diego Castanares-Zapatero¹¹, Jerome Devaquet¹², François Lellouche¹³, Sandrine Katsahian¹⁴, and Laurent Brochard^{1,2,3,15}





Echocardiography to identify pts at risk

BJA

British Journal of Anaesthesia, 126 (1): 319–330 (2021)

doi: [10.1016/j.bja.2020.07.059](https://doi.org/10.1016/j.bja.2020.07.059)

Advance Access Publication Date: 25 September 2020

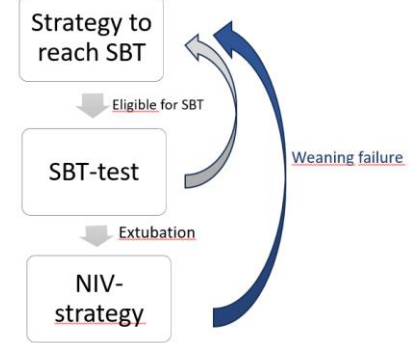
Review Article

RESPIRATION AND THE AIRWAY

Association of weaning failure from mechanical ventilation with transthoracic echocardiography parameters: a systematic review and meta-analysis

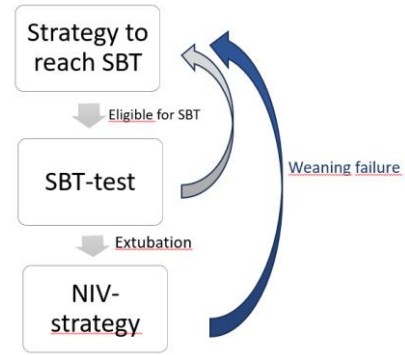
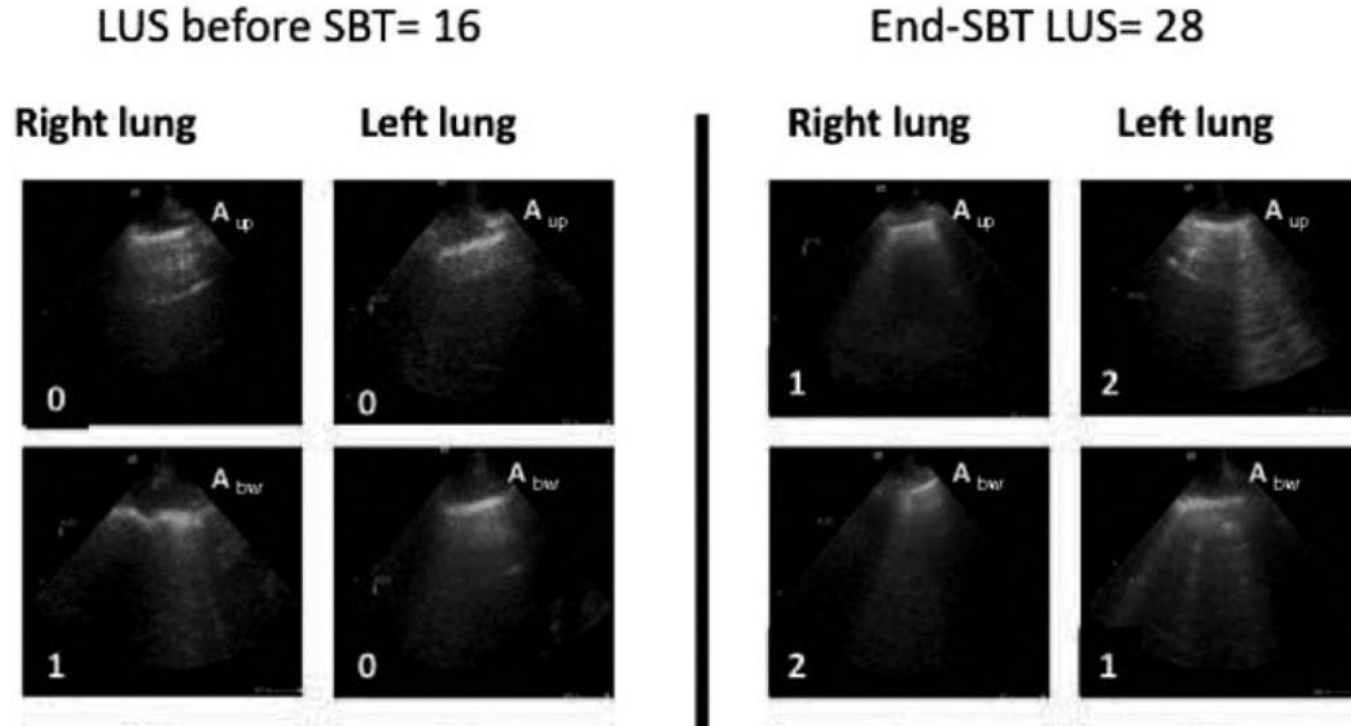
Filippo Sanfilippo^{1,*}, Davide Di Falco², Alberto Noto³, Cristina Santonocito¹, Andrea Morelli⁴, Elena Bignami⁵, Sabino Scolletta⁶, Antoine Vieillard-Baron^{7,8} and Marinella Astuto^{1,2,9}

Parameters of LV diastolic dysfunction and elevated LV filling pressures are associated with higher weaning failure





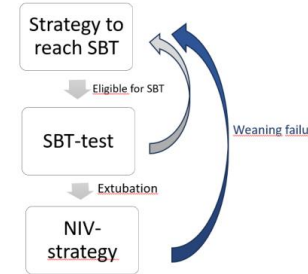
US assessment during weaning trial



Ultrasound assessment of lung aeration loss during a successful weaning trial predicts postextubation distress*

Alexis Soummer, MD; Sébastien Perbet, MD; Hélène Brisson, MD; Charlotte Arbelot, MD; Jean-Michel Constantin, MD, PhD; Qin Lu, MD, PhD; Jean-Jacques Rouby, MD, PhD; and the Lung Ultrasound Study Group

Weaning failure-Respiratory system mechanics



Quality of Sleep (Thille 2018
Dres 2019)

Endocrinologics

Inadequate reversal of narcotics

Depressed central drive (trauma, metabolic, toxic, infectious)

Laryngospasm

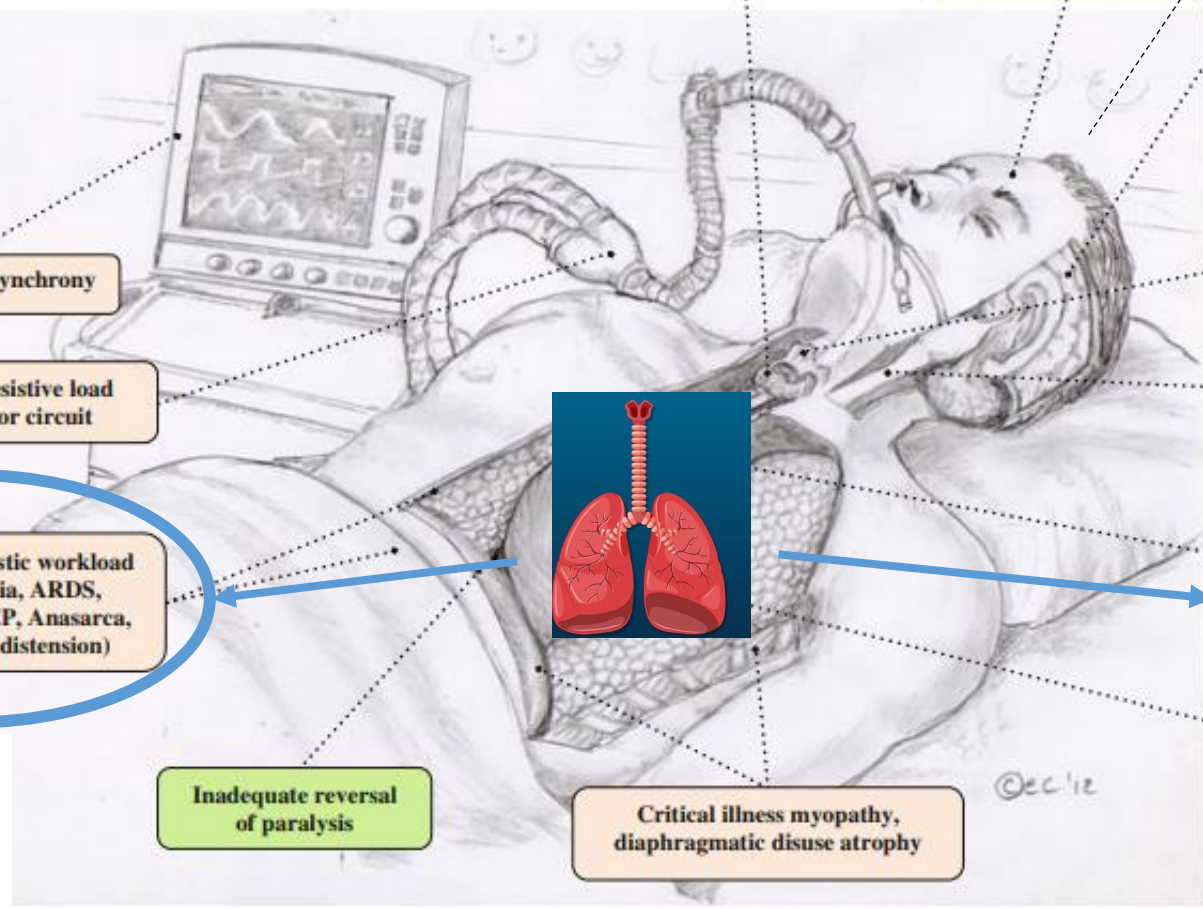
Decreased or suppressed signal conduction

Increased resistive load of the airways (bronchospasm, secretions, intrinsic PEEP)

Coronary heart disease, left ventricular dysfunction (systolic and diastolic)

Critical illness myopathy, diaphragmatic disuse atrophy

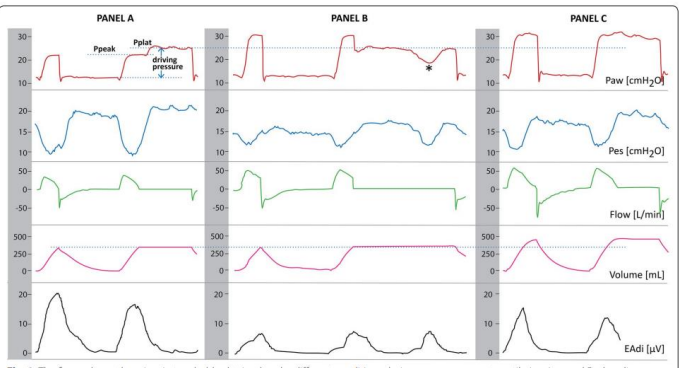
Inadequate reversal of paralysis



Ventilator dysynchrony

Increased resistive load of ventilator circuit

Increased elastic workload (Pneumonia, ARDS, intrinsic PEEP, Anasarca, abdominal distension)

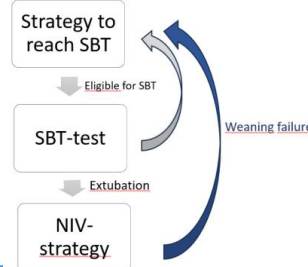


Monitoring respiratory mechanics during assisted ventilation

Giacomo Grasselli^{a,b}, Matteo Brioni^a, and Alberto Zanella^{a,b}

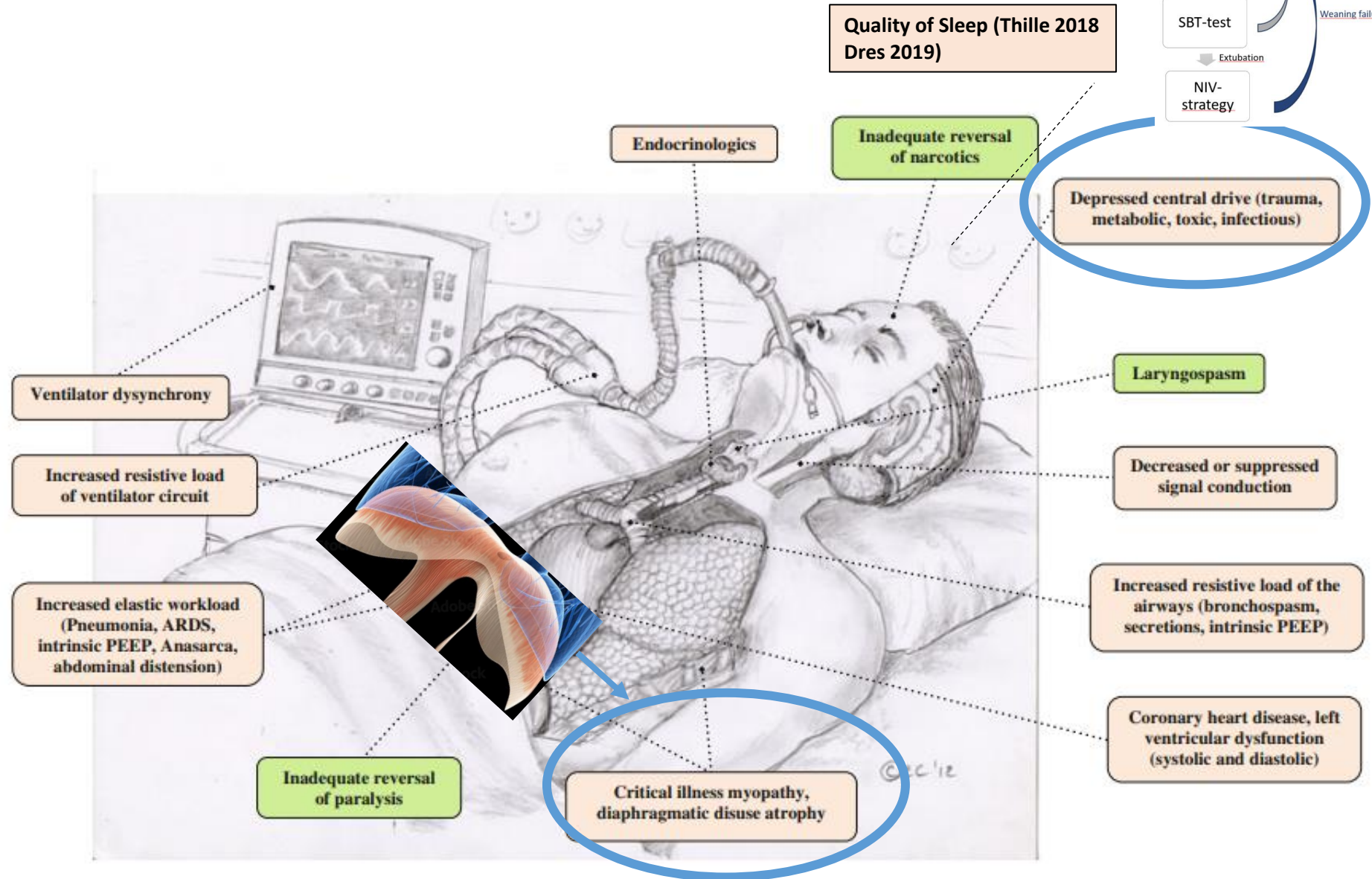
Adapted from Perren, 2013

Weaning failure-Respiratory drive and muscle weakness

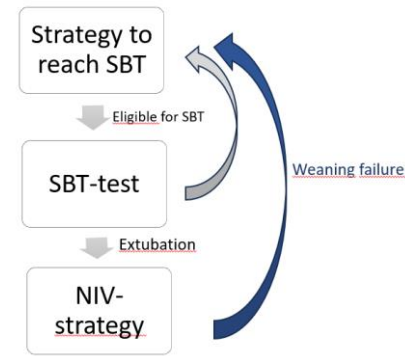


Respiratory drive issues?
Respiratory muscle weakness?

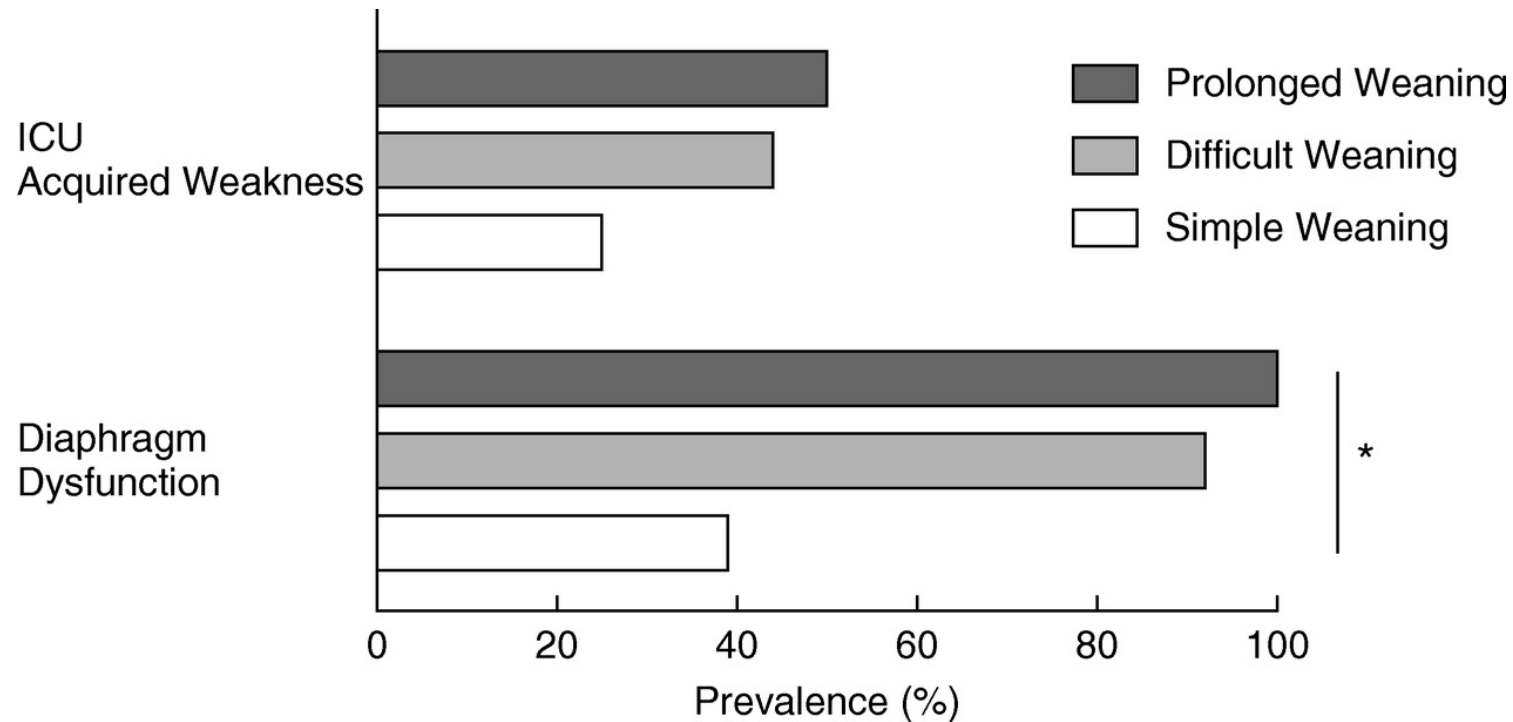
- Monitor
- P_O,1
 - P_{oc}
 - PMI
 - Edi
 - P_{es}
 - Diaphragm US paralysis, thickening fraction and excursion



Respiratory muscle weakness

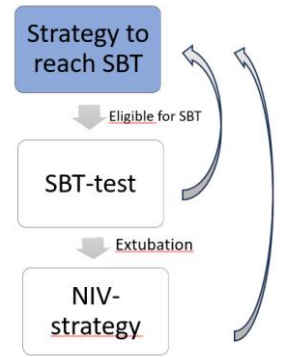


Diaphragm dysfunction is twice as frequent as limb muscle weakness and is strongly associated with prolonged MV



What to do if there is resp muscle weakness?

1) Titrate the respiratory muscle activity during ventilation to avoid atrophy and load-induced injury



Estimate respiratory effort with P_{occ}

$\Delta P_{occ} < 7$ cmH₂O

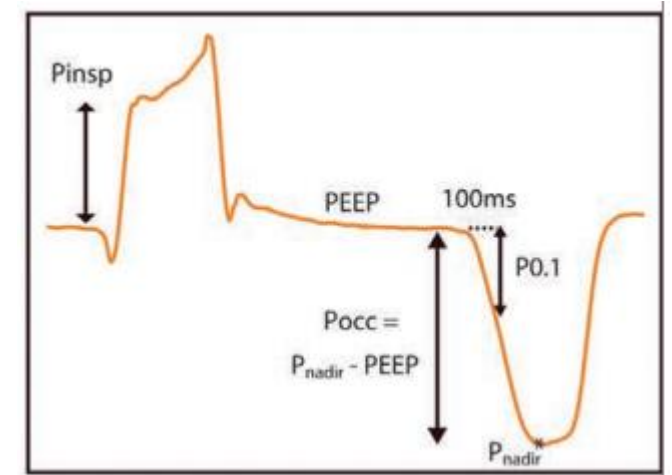
Consider reducing sedation/support

ΔP_{occ} 7-15 cmH₂O

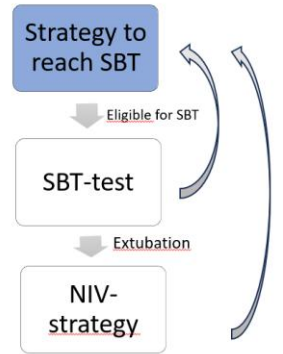
Within reasonable diaphragm effort

$\Delta P_{occ} > 15$ cmH₂O

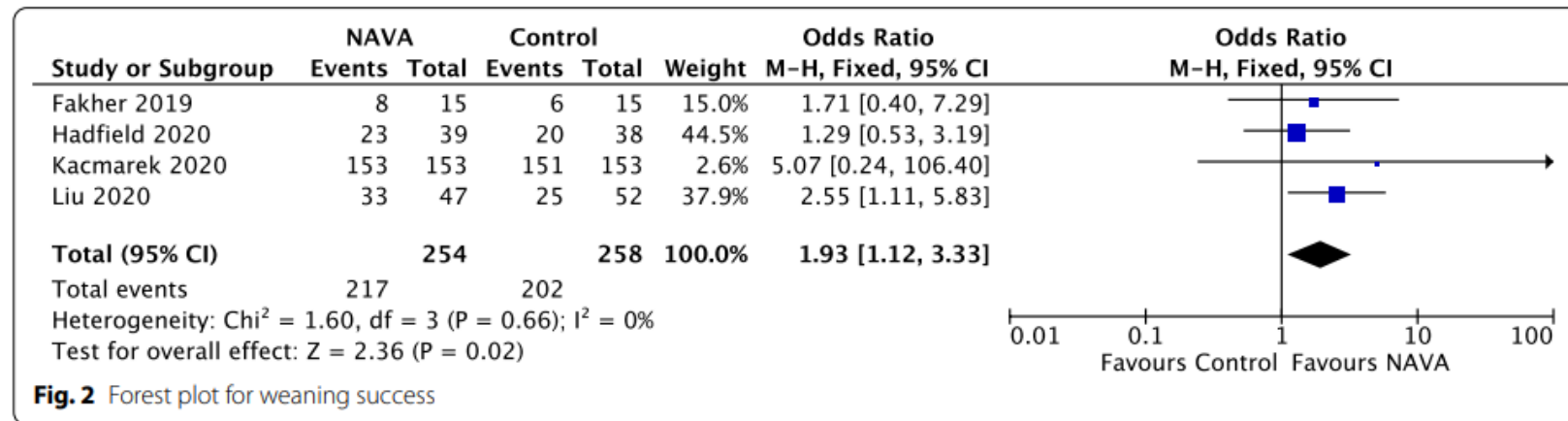
Under assistance:
Consider increasing Inspiratory support



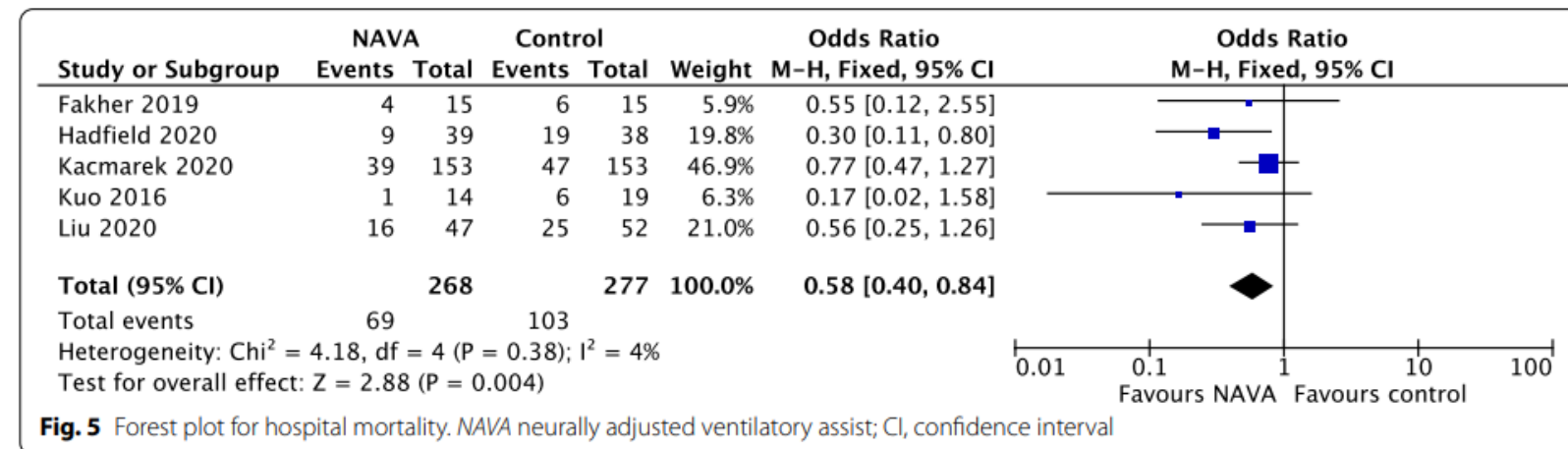
What to do if there is resp muscle weakness?



2) Use proportional modes of ventilation

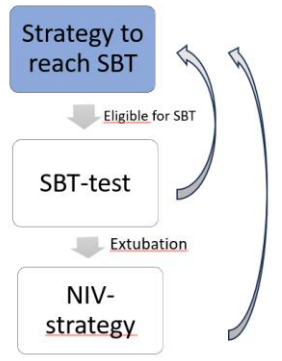


Weaning success



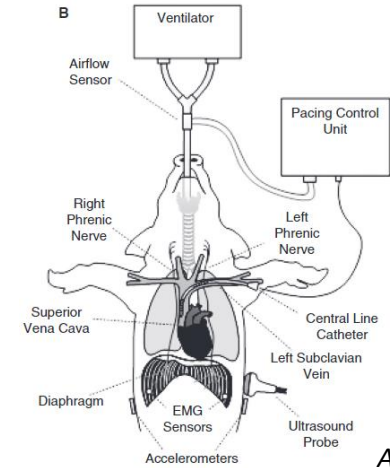
Hospital mortality

What to do if there is resp muscle weakness?



Mitigation of Ventilator-induced Diaphragm Atrophy by Transvenous Phrenic Nerve Stimulation

Steven C. Reynolds^{1,2,3}, Ramasamy Meyyappan⁴, Viral Thakkar⁴, Bao D. Tran⁴, Marc-André Nolette⁴, Gautam Sadarangani⁴, Rodrigo A. Sandoval⁴, Laura Bruulsema^{4,5}, Brett Hannigan^{4,5}, Jason W. Li⁵, Elizabeth Rohrs², Jason Zurba², and Joaquín Andrés Hoffer^{4,5}



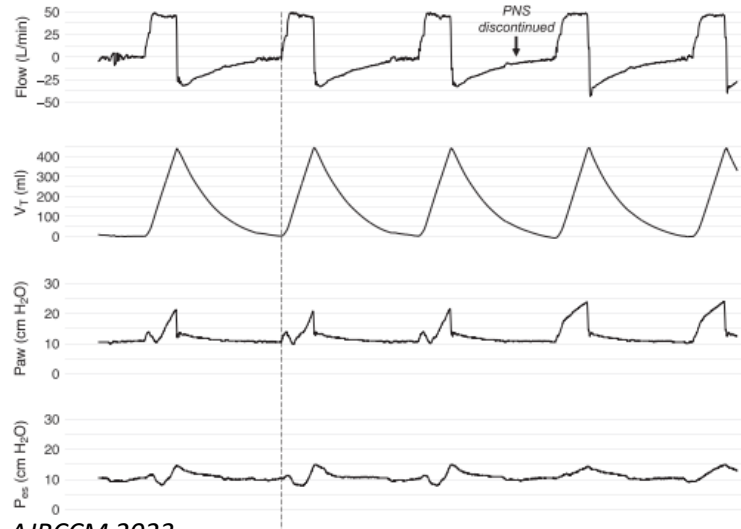
AJRCCM 2016

3) Train the diaphragm



Proof of Concept for Continuous On-Demand Phrenic Nerve Stimulation to Prevent Diaphragm Disuse during Mechanical Ventilation (STIMULUS): A Phase 1 Clinical Trial

Idunn S. Morris^{1,2,4,6}, Thiago Bassi^{4,7}, Catherine A. Bellissimo⁸, Marc de Perrot⁵, Laura Donahoe⁵, Laurent Brochard^{1,9}, Nawzer Mehta⁷, Viral Thakkar⁷, Niall D. Ferguson^{1,2,3,4,8}, and Ewan C. Goligher^{1,2,4,8}

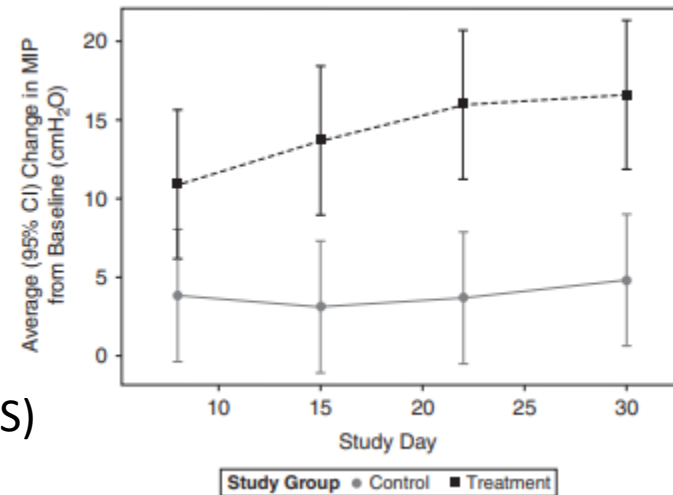


AJRCCM 2023

Randomized Clinical Study of Temporary Transvenous Phrenic Nerve Stimulation in Difficult-to-Wean Patients

Martin Dres^{1,2*}, Marcelo Gama de Abreu^{3,4,5*}, Hamid Merdji⁶, Holger Müller-Redetzky⁷, Dominic Dellweg⁸, Winfried J. Randerath⁹, Satar Mortaza¹⁰, Boris Jung¹¹, Christian Bruells¹², Onnen Moerer¹³, Martin Scharffenberg³, Samir Jaber¹⁴, Sébastien Bessel¹⁵, Thomas Bitter¹⁶, Arnim Geise¹⁷, Alexander Heine¹⁸, Maximilian V. Malfertheiner¹⁹, Andreas Kortgen²⁰, Jonathan Benzaquen²¹, Teresa Nelson²², Alexander Uhrig⁷, Olaf Moenig⁸, Ferhat Meziani⁶, Alexandre Demoule^{1,2}, Thomas Similowski^{1,2,3}, and the RESCUE-2 Study Group Investigators

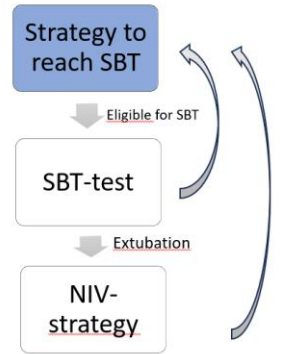
Increase of MIP, successful weaning rate 82% vs 74% (NS)



AJRCCM 2022

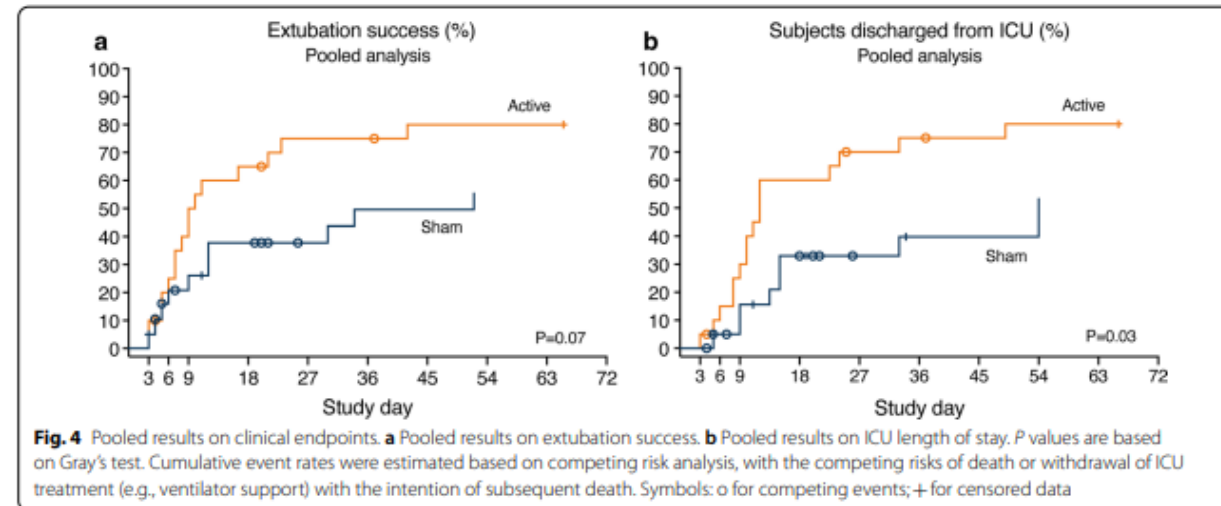
What to do if there is resp muscle weakness?

4) Abdominal muscles stimulation

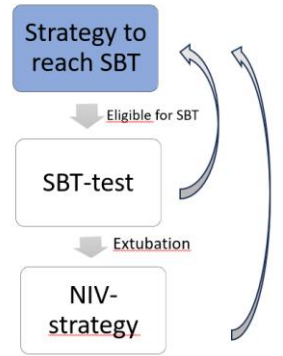


Breath-synchronized electrical stimulation of the expiratory muscles in mechanically ventilated patients: a randomized controlled feasibility study and pooled analysis

Annemijn H. Jonkman^{1,2}, Tim Frenzel³, Euan J. McCaughey^{4,5}, Angus J. McLachlan⁶, Claire L. Boswell-Ruys^{4,5}, David W. Collins⁷, Simon C. Gandevia^{4,5}, Armand R. J. Girbes^{1,2}, Oscar Hoiting⁸, Matthijs Kox³, Eline Oppersma⁹, Marco Peters⁸, Peter Pickkers³, Lisanne H. Roesthuis³, Jeroen Schouten³, Zhong-Hua Shi^{1,2}, Peter H. Veltink¹⁰, Heder J. de Vries^{1,2}, Cyndi Shannon Weickert^{4,11,12}, Carsten Wiedenbach⁸, Yingrui Zhang¹, Pieter R. Tuinman^{1,2}, Angélique M. E. de Man^{1,2}, Jane E. Butler^{4,5} and Leo M. A. Heunks^{1,2*}



What to do if there is resp muscle weakness?



5) Inspiratory muscle training

- Sessions of training against a resistance or an threshold valve.
- ↑MIP and MEP
- 3d shorter MV

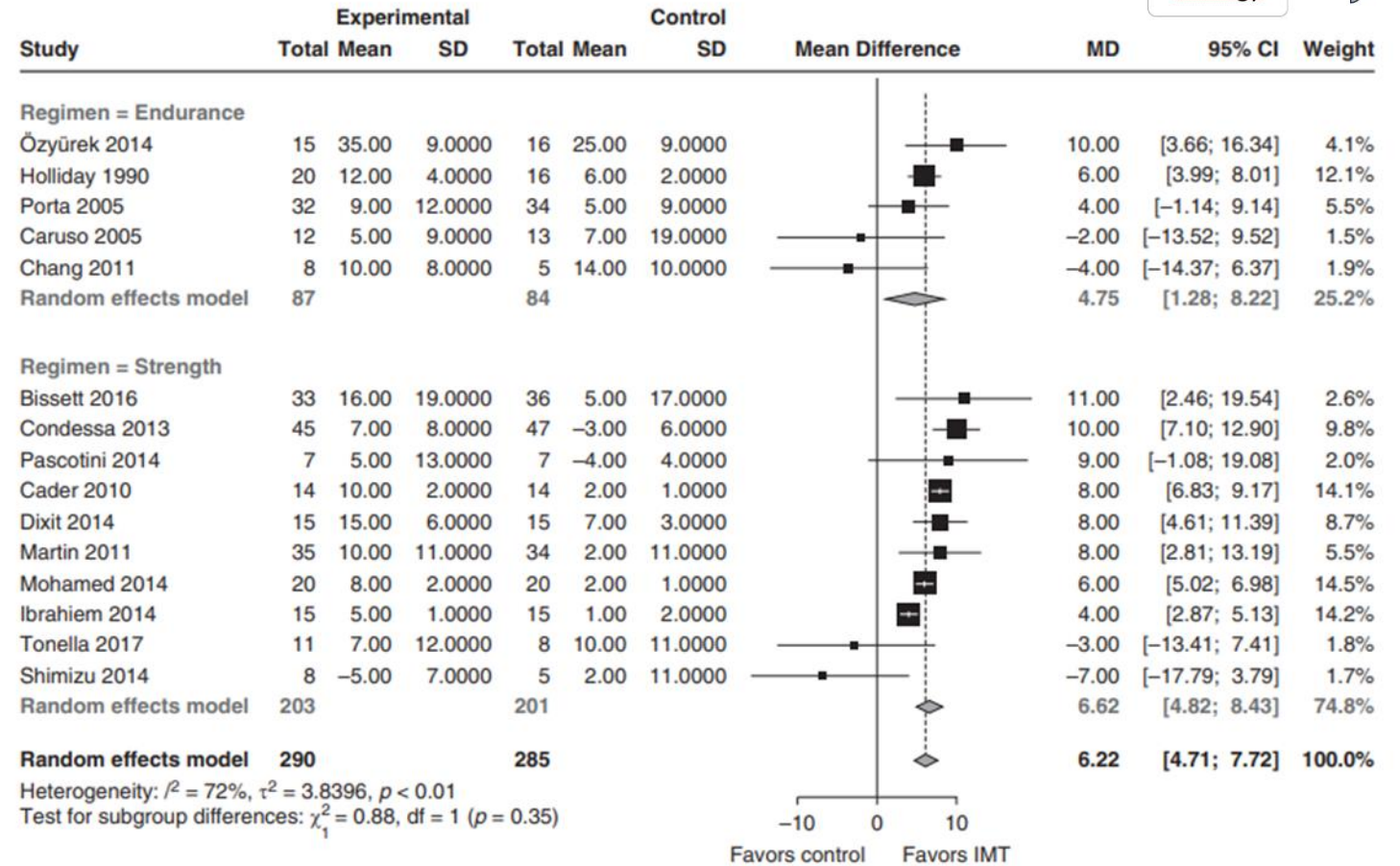


Figure 2. Effect of inspiratory muscle training (IMT) on the change in maximal inspiratory pressure from baseline to the completion of the treatment course. The effect of IMT did not significantly differ with strength training versus endurance training regimens. Weight refers to the contribution of each study to the meta-analysis estimate of effect. CI = confidence interval; MD = mean difference; SD = standard deviation.

To sum up

Limit duration of invasive MV is a priority

- Use PS for SBT
- Reduce sedation if possible
- Prevent muscle weakness (method 1-5)
- Individualize the strategy to the patient with advanced monitoring and assessments

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The large studies shows that there is no State-of-the-Art for the weaning process followed worldwide, but recommendations and best practices exist.