



Last Five Years of Obstetric Anesthesiology

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NO FINANCIAL DISCLOSURES

Emerging Neuraxial Techniques

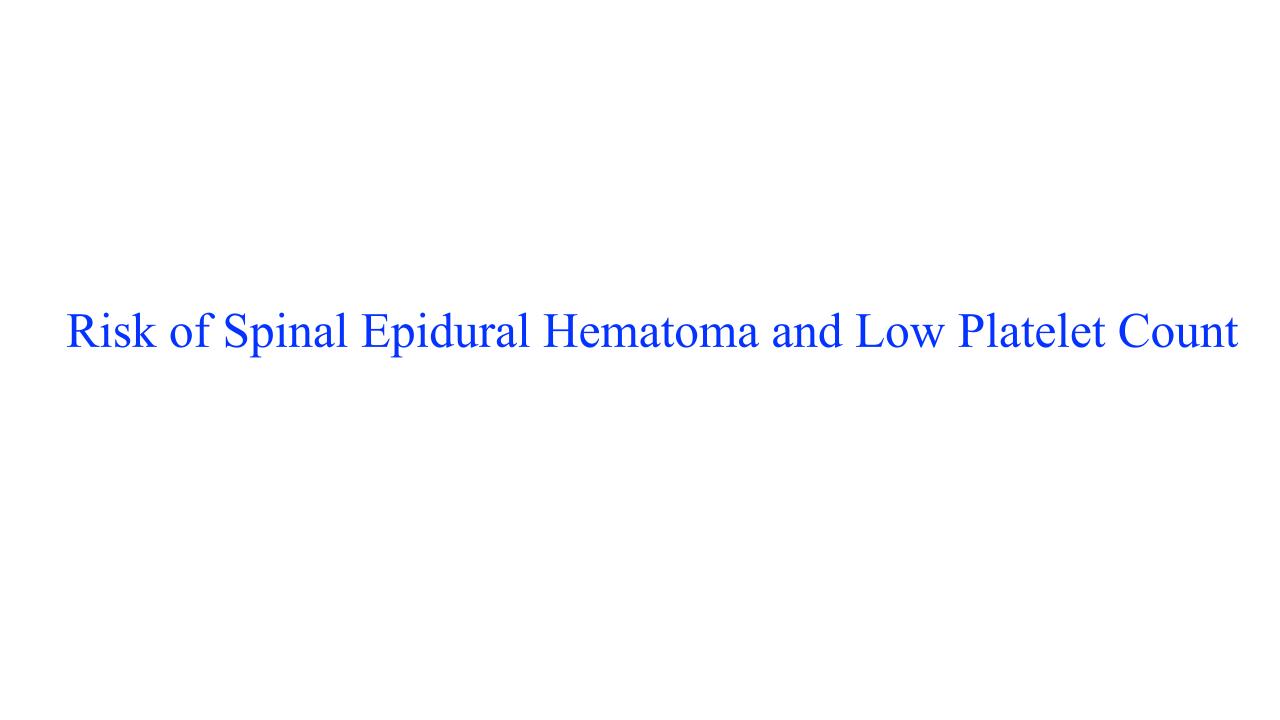
Intraoperative Hypotension

Clinical Assessment

Postpartum Hemorrhage

Risk of Neuraxial Hematoma Post Dural
Puncture
Headache

Risk of Neuraxial Hematoma



Three Articles

Guidelines

Additional Article

Risk of Epidural Hematoma after Neuraxial Techniques in Thrombocytopenic Parturients

A Report from the Multicenter Perioperative Outcomes Group

Linden O. Lee, M.D., Brian T. Bateman, M.D., M.Sc., Sachin Kheterpal, M.D., M.B.A., Thomas T. Klumpner, M.D., Michelle Housey, M.P.H., Michael F. Aziz, M.D., Karen W. Hand, M.D., Mark MacEachern, M.L.I.S., Christopher G. Goodier, M.D., Jeffrey Bernstein, M.D., Melissa E. Bauer, D.O., on behalf of the Multicenter Perioperative Outcomes Group Investigators*

573 obstetric patients with thrombocytopenia

951 cases from the literature

Total of 1524 patients

Lee et al. Anesthesiology. 2017;126:1053–1063.

no spinal epidural hematomas

Risk of Epidural Hematoma after Neuraxial Techniques in Thrombocytopenic Parturients

A Report from the Multicenter Perioperative Outcomes Group

Linden O. Lee, M.D., Brian T. Bateman, M.D., M.Sc., Sachin Kheterpal, M.D., M.B.A., Thomas T. Klumpner, M.D., Michelle Housey, M.P.H., Michael F. Aziz, M.D., Karen W. Hand, M.D., Mark MacEachern, M.L.I.S., Christopher G. Goodier, M.D., Jeffrey Bernstein, M.D., Melissa E. Bauer, D.O., on behalf of the Multicenter Perioperative Outcomes Group Investigators*

	Systematic Review Data				MPOG Data Combined with Systematic Review Data			
Platelet Range, mm ⁻³	n (%)	Frequency of E Hematoma Re Surgical Decom	quiring	95% CI for Risk of Epidural Hematoma, %	n (%)	Frequency of Epidural Hematoma Requiring Surgical Decompression	95% CI for Risk of Epidural Hematoma, %	
0-49,000 50,000-69,000 70,000-100,000 Total	12 (1) 53 (6) 764 (80) 951 (100)	0 0 0		0–25 0–6 0–0.4	27 (2) 89 (6) 1,286 (84) 1,524 (100)	0 0 0	0–11 0–3 0–0.2	

Lee et al. Anesthesiology. 2017;126:1053–1063.

Neuraxial block for delivery among women with low platelet counts: a retrospective analysis

N. Levy, O. Goren, A. Cattan, C.F. Weiniger, I. Matot

471 obstetric patients with thrombocytopenia

no spinal epidural hematomas

^aDivision of Anesthesiology, Intensive Care and Pain Medicine, Tel Aviv Medical Center, Sackler School of Medicine, Tel Aviv University, Tel Aviv, Israel

^bDepartment of Anesthesiology and Critical Care Medicine, Hadassah Hebrew University Medical Center, Jerusalem, Israel

Table 3 95% confidence interval for the risk of spinal epidural hematoma

	Levy et al.		Lee et al. ⁹		Lee et al. ⁹ + Levy et	
Platelet count range	NB (n)	CI (%)	NB (n)	CI (%)	NB (n)	CI (%)
0–49 000/μL	5	_	27	0-11	32	0–9
50 000–69 000/μL	23	_	89	0-3	112	0-2.6
70 000–99 000/μL	280	0-1	1286	0-0.2	1566	0-0.19
<100 000/μL	308	0-0.9	1524	0-0.19	1816	0-0.16

Upper limit 95% CI was calculated using the 'rule of 3' method. 12 NB: neuraxial block. CI: 95% confidence interval.

Levy et at Int J Obstet Anesth. 2018 Aug; 35:4-9

Platelet range, mm ⁻³	n (%)	Frequency of Epidural Hematoma Requiring Surgical Decompression	95% CI For Risk of Epidural Hematoma, %
0–49,000	15 (3)	0	0–20
50,000–69,000	36 (6)	0	0–8
70,000–99,000	522 (91)	0	0–0.6
Total	573 (100)	0	

3/number of times event happens

$$3/15 = 1/5 = 20 \%$$

Lumbar neuraxial procedures in thrombocytopenic patients across populations: A systematic review and meta-analysis

FIVE Obstetric spinal epidural hematomas with a platelet count range of 44,000–91,000

Bauer et al. J Clin Anesth. 2020 May;61:109666

Obstetric Anesthesiology

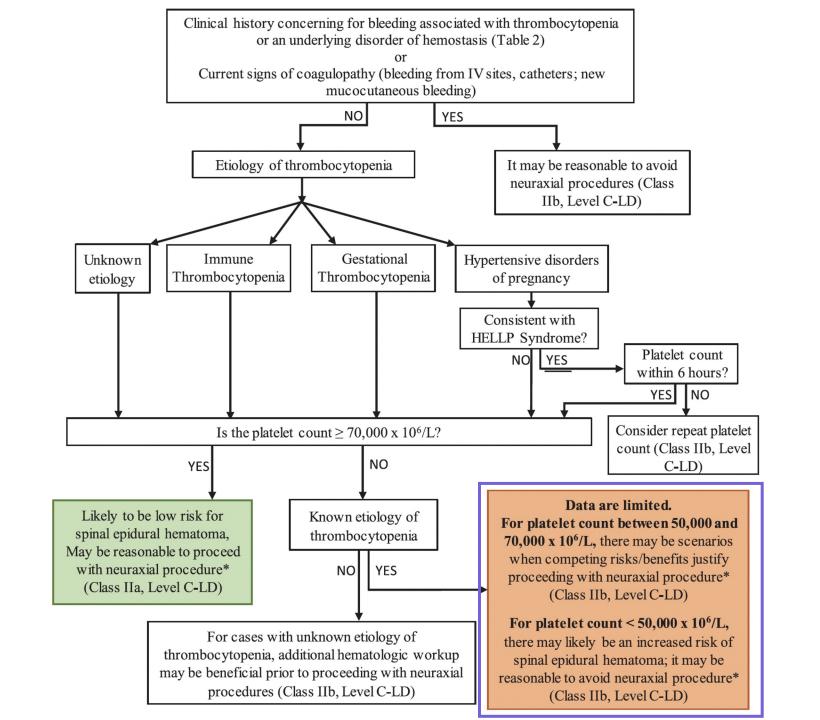
SPECIAL ARTICLE

The Society for Obstetric Anesthesia and Perinatology Interdisciplinary Consensus Statement on Neuraxial Procedures in Obstetric Patients With Thrombocytopenia

Literature and Systematic Review

The taskforce reviewed the relevant literature to create this consensus statement. The search strategy is available in a previously published systematic review and meta-analysis that identified all published cases of neuraxial procedures (lumbar puncture; spinal, epidural, and combined spinal epidural procedures; and epidural catheter removal) performed in diverse populations of patients with thrombocytopenia with subsequent development of spinal epidural hematoma.

Bauer Lee Levy



SPECIAL ARTICLE

The Society for Obstetric Anesthesia and Perinatology Interdisciplinary Consensus Statement on Neuraxial Procedures in Obstetric Patients With Thrombocytopenia

Anesthesiologists should assess risks and benefits

BE AWARE OF THE GUIDELINES and

USE YOUR CLINICAL JUDGMENT

■ ORIGINAL CLINICAL RESEARCH REPORT

General Anesthesia for Cesarean Delivery for Thrombocytopenia in Hypertensive Disorders of Pregnancy: Findings From the Obstetric Airway Management Registry

Thrombocytopenia suspected but not excluded in 46 patients

Platelet Count Retrieved Retrospectively

41 Patients > 75000

5 Patients < 75000

SECOND SECOND S

General Anesthesia for Cesarean Delivery for Thrombocytopenia in Hypertensive Disorders of Pregnancy: Findings From the Obstetric Airway Management Registry

there are circumstances in which the clinician opts for a neuraxial block when a platelet count is unavailable

Clinical Assessment

Safety in Neuraxial Clinical Assessment

MATERNAL NERVE INJURY IS INCREASING And MAY BE PREVENTABLE



Reynolds Anaesthesia 2001 Mar;56(3):238-47.

Six Obstetric cases with permanent nerve injury following Spinal or Combined-Spinal Epidural

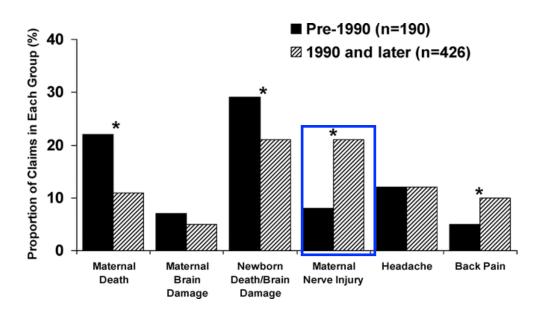
Neurological outcome

Case no.	Pain on insertion	MRI appearance of conus medullaris	Urinary problems	Sensory	Motor
1	Right leg	Syrinx right side (Fig. 1)	Yes	L ₄ -S ₁ on right	Right foot drop
2	Left hip	Syrinx left side	No	L ₅ -S ₁ on left	Left foot drop
3	Back, left leg	Syrinx left side (Fig. 2)	Yes	L ₄ -S ₁ on left	Left foot drop
4	Right side	?Normal	No	T ₄ -S ₂ on right	Only lasted one week
5	Right leg	Syrinx right side (Fig. 3)	Yes	L ₄ -S ₃ on right	Right foot drop
6	?Left leg	High signal in conus at L ₁	No	L ₄ -S ₁ on left	Left leg weakness

Reynolds Anaesthesia 2001 Mar;56(3):238-47.

Liability associated with obstetric anesthesia: a closed claims analysis

Anesthesiology. 2009 Jan;110(1):131-9.



89 nerve injuries associated with neuraxial blockade

2 direct injections into the spinal cord

Major complications of central neuraxial block: report on the Third National Audit Project of the Royal College of Anaesthetists

14 NERVE INJURIES

7 Permanent

2 Obstetrics

Cook et al. Br J Anaesth 2009; 102:179–90

Obstetric anaesthetic practice in the UK: a descriptive analysis of the National Obstetric Anaesthetic Database 2009-14

Complication	NOAD data 2009 -14
Complication rate per 100 000 women who had regional anaesthesia or analgesia High block resulting in loss of consciousness	15 (95% CI, 13–17)
Local anaesthetic toxicity: Number of women who cardiac arrest or convulsions with regional anaesthesia, analgesia	
Number of women who had permanent nerve damage after regional anaesthesia or analgesia	5 (95% CI, 3–7)
Complication rate per 100 000 women who had general anaesthesia for CS	
Failed intubation	264 (95% CI, 224 -308)
'Cannot intubate, cannot ventilate'	25 (95% CI, 14-41)

Bamber et al. Br J Anaesth 125 (4): 580-587 (2020)

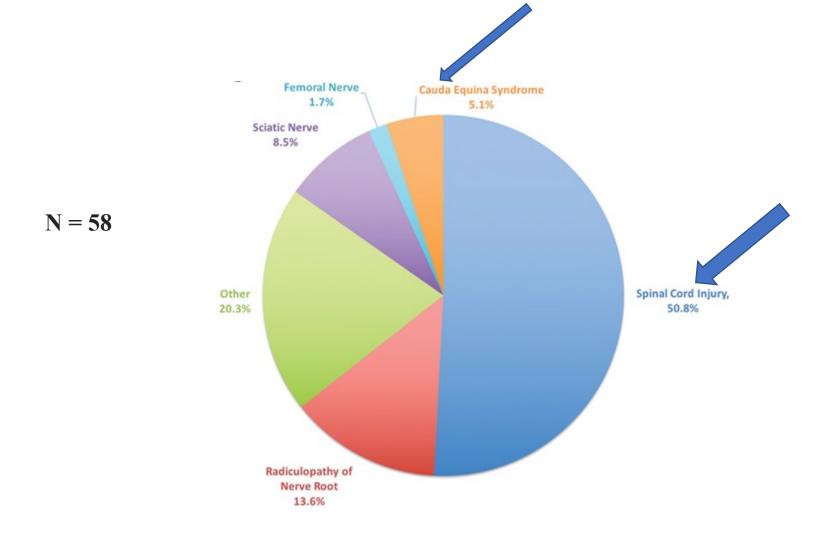
NERVE INJURY

1 per 20,000 (95% [CI] 1/14,286 – 1/33,333)

Bamber et al. Br J Anaesth 125 (4): 580-587 (2020)

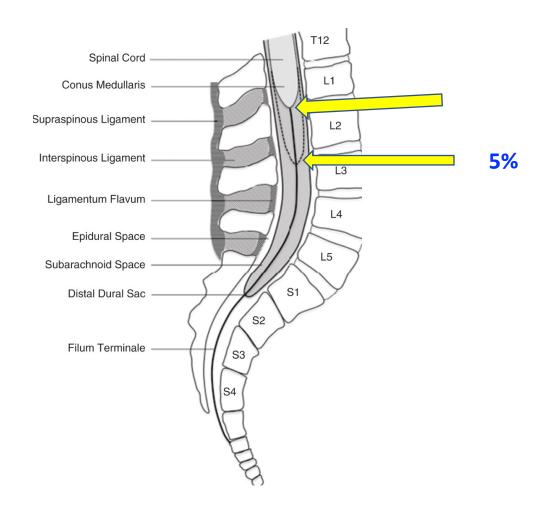
A Contemporary Analysis of Medicolegal Issues in Obstetric Anesthesia Between 2005 and 2015

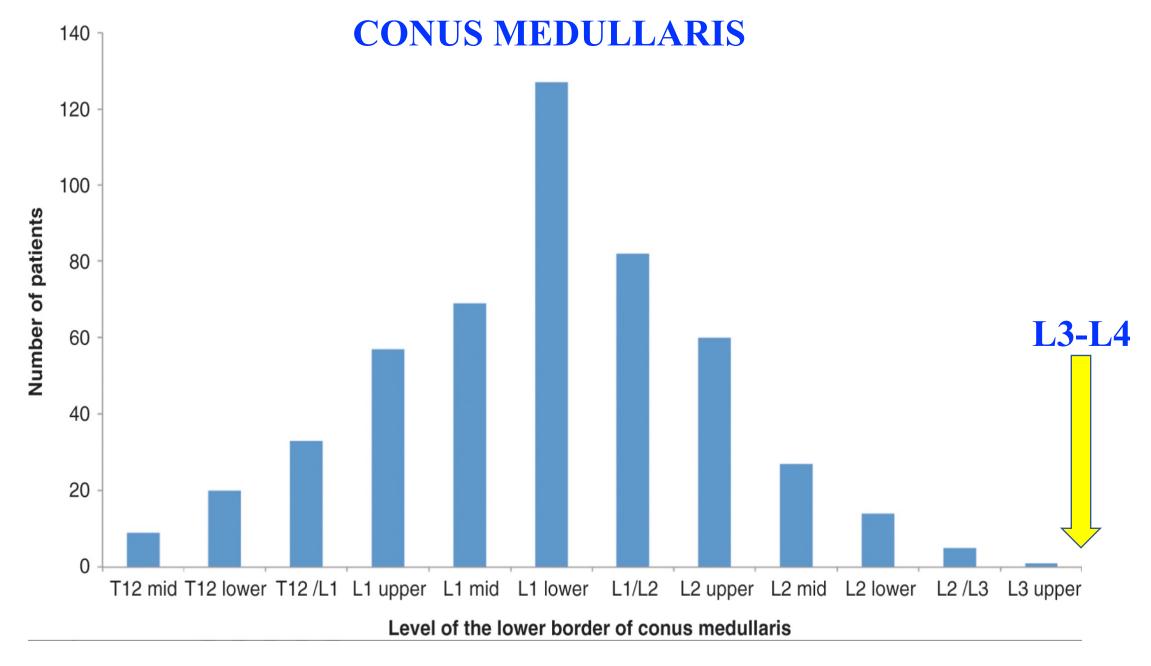
Kovacheva et al. Anesth Analg. 2019 Jun;128(6):1199-1207



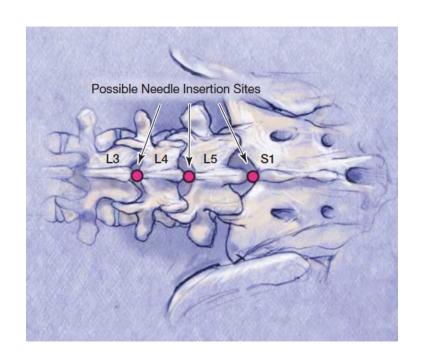
Kovacheva et al. Anesth Analg. 2019 Jun;128(6):1199-1207

Anatomical Variability of the Conus Medullaris



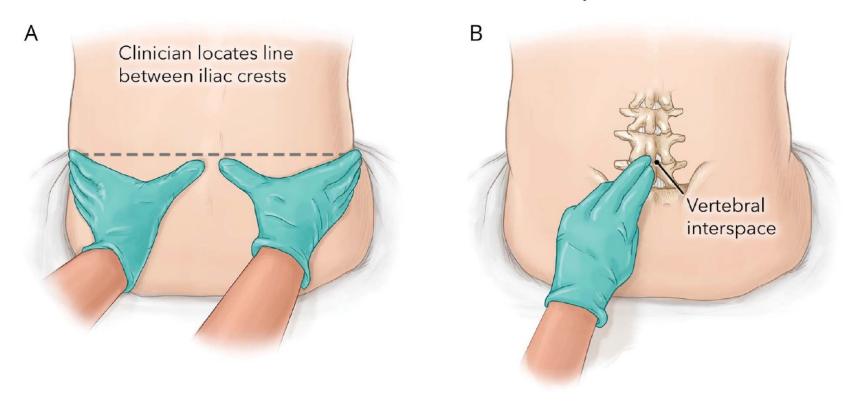


L3-L4 L4-L5 L5-S1



Clinical Assessment of the Targeted Interspace

Intercristal line (classic) technique



Ability of Anesthetists to Identify a Marked Lumbar Interspace

The marked space was correctly identified in only 29% of patients

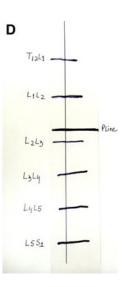
Broadbent et al. Anaesthesia 2000;55:1122-26

The intercristal line determined by palpation is not a reliable anatomical landmark for neuraxial anesthesia

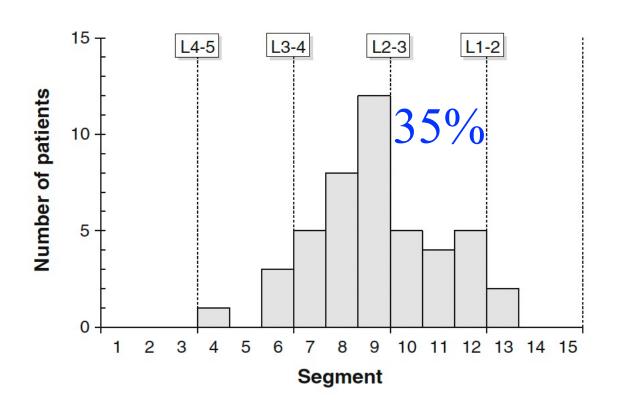








The intercristal line determined by palpation is not a reliable anatomical landmark for neuraxial anesthesia

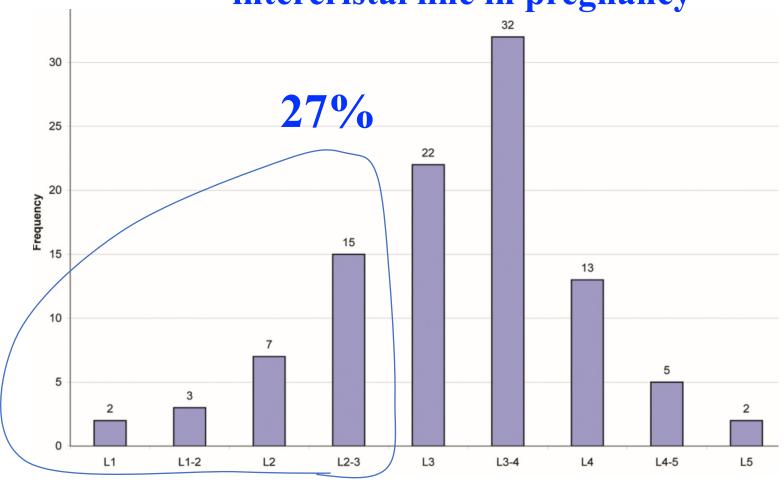


Ultrasound assessment of the vertebral level of the intercristal line in pregnancy



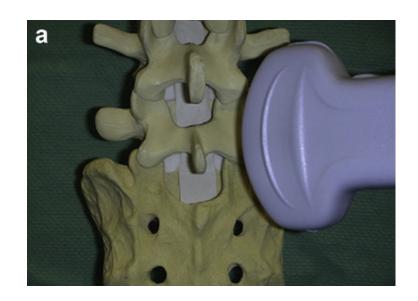
Lee et al. Anesth Analg. 2011 Sep;113(3):559-64

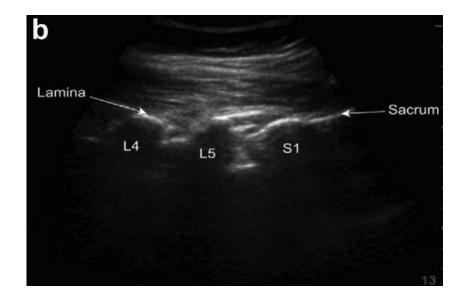
Ultrasound assessment of the vertebral level of the intercristal line in pregnancy



Lee et al. Anesth Analg. 2011 Sep;113(3):559-64

ROUTINE USE OF ULTRASOUND





Alternative Landmark Techniques

Spinal anaesthesia for caesarean section: an ultrasound comparison of two different landmark techniques

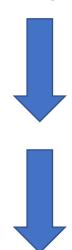


EDITORIAL

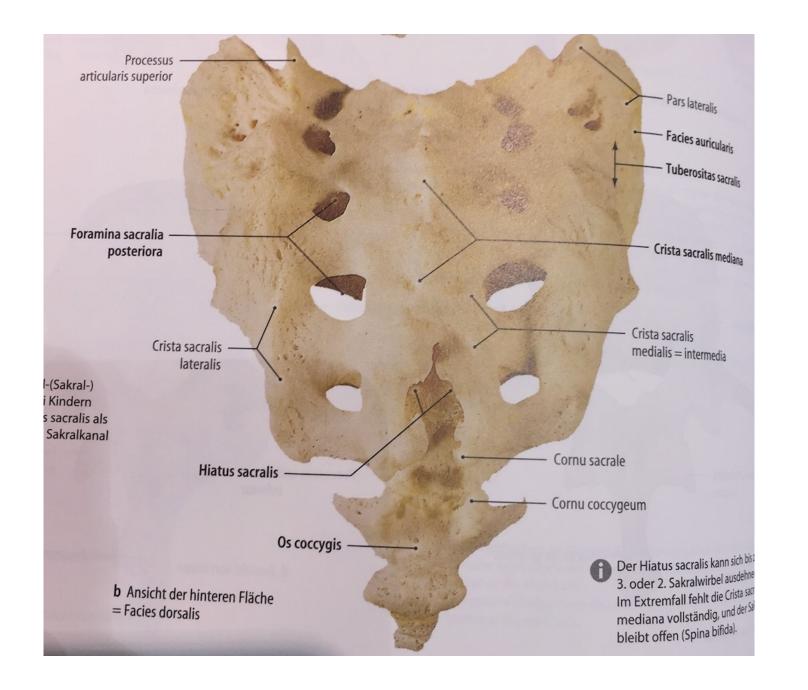
Keeping in the Reynolds zone

"Feel the space, down ONE place. Bone poke through, go down TWO!"





Bogod Int J Obstet Anesth. 2014 Aug;23(3):201-203

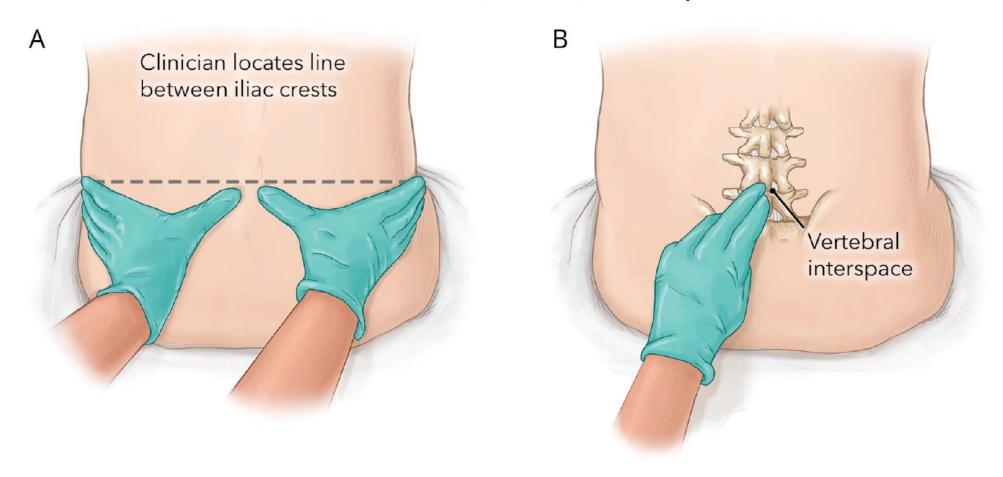


S A I L Sacral anatomical interspace landmark for lumbar puncture in pregnancy

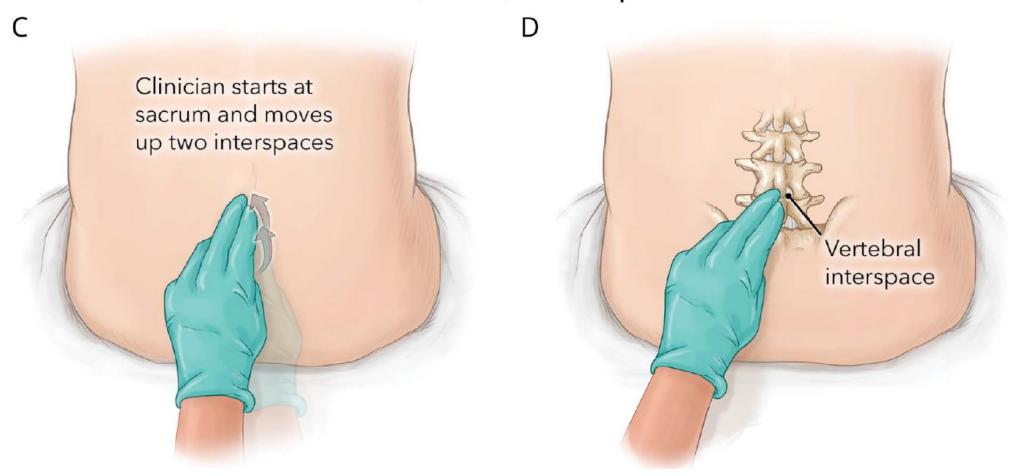
A randomized trial

Carlo Pancaro, MD, Baskar Rajala, MD, Christie Vahabzadeh, MD, Ruth Cassidy, MA, Tom Klumpner, MD, Joanna A. Kountanis, MD, Madeline McCabe, Dana Rector, Casey Aman, Keerthana Sankar, Robert Schoenfeld, and Milo Engoren, MD

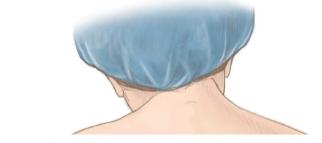
Intercristal line (classic) technique



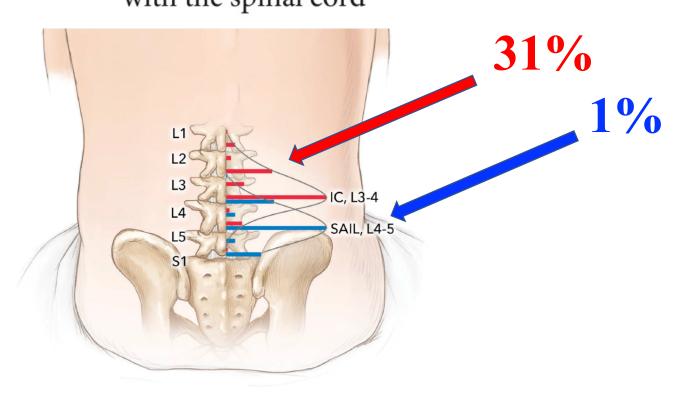
SAIL (novel) technique



Pancaro et al. Neurology 2020 Feb 11;94(6)



SAIL might decrease the risk of needle contact with the spinal cord

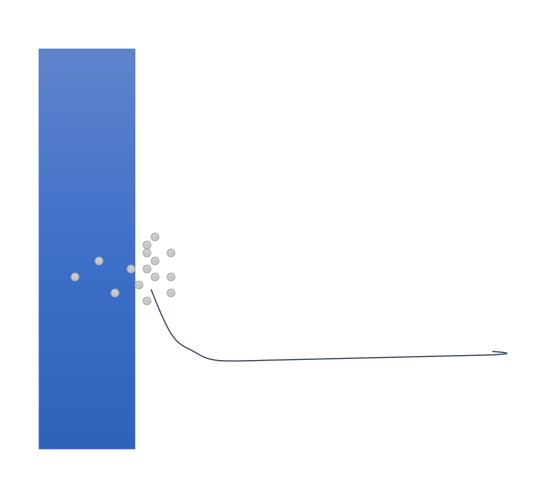




- 1) Nerve Injuries are increasing
- 2) Routine Ultrasound
- 3) Intercristal line go down one or two
- 4) SAIL Assessment

Emerging Neuraxial Techniques

Dural Puncture Epidural

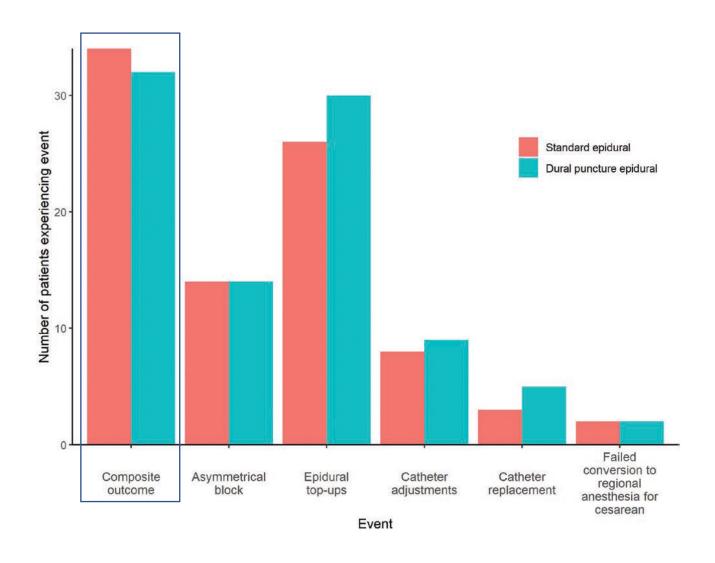


Needle Size Matters

	Needle size	DPE	
Suzuki	26G Whitacre	Increased caudal spread	
Thomas et al.	27G Whitacre	No difference	
Cappiello et al.	25G Whitacre	Increased caudal spread	
Chau et al.	25G Whitacre	Increased caudal spread better block symmetry	
Wilson et al.	26G Whitacre	Analgesia 2 min earlier	
Tan et al.	25G Whitacre	No difference	
Sharawi et al.	25G Whitacre	Increased speed of Onset	

ANESTHESIOLOGY

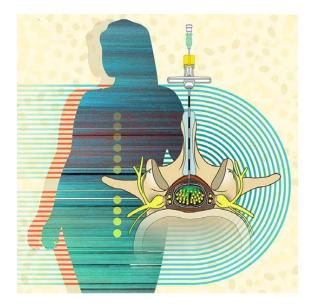
Quality of Labor Analgesia with Dural Puncture **Epidural** *versus* Standard Epidural Technique in **Obese Parturients:** A Double-blind Randomized **Controlled Study**



Tan et al. Anesthesiology. May 2022, Vol. 136, 678-687.

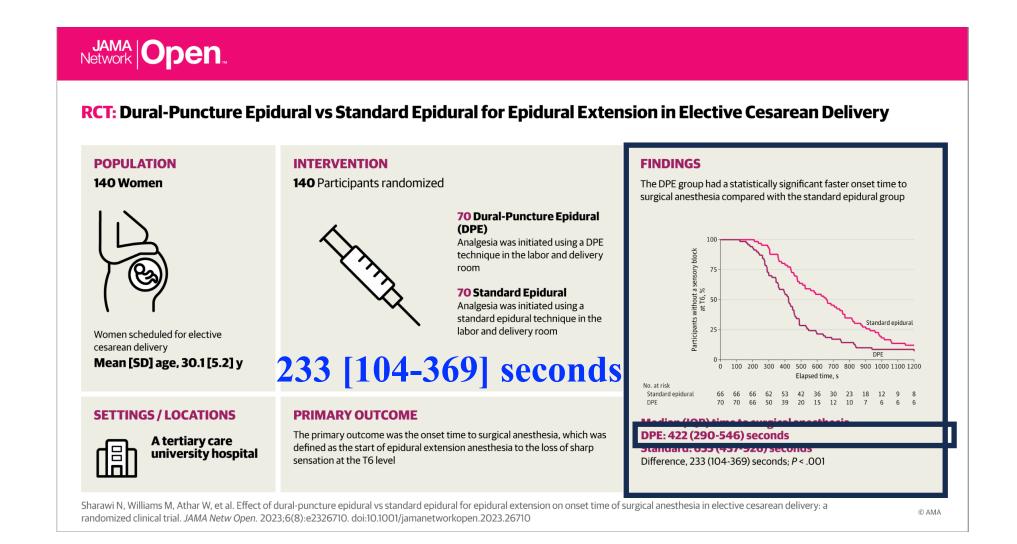
Dural Puncture Epidural for Labor Analgesia: Is It Really an Improvement over Conventional Labor Epidural Analgesia?

Scott Segal, M.D., M.H.C.M., Peter H. Pan, M.D., M.S.E.E.



"Dural puncture epidural appears to be a clever idea in search of an indication."

POSSIBLE INDICATION



Utility of DPE Technique

Potential applications for DPE technique

Epidural Difficulty

Unique Anatomy

Other Indications

- Patient with h/o difficult epidural
- Dubious loss-ofresistance during epidural
- Scoliosis
- Spine surgery

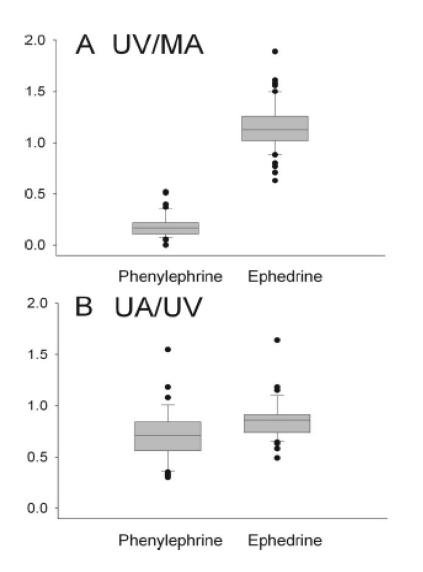
- Category II tracing
- Where CSE not preferred because fetus not continuously monitored or obstetrician not in-house

Intraoperative Hypotension

Misplaced Popularity of Ephedrine

Phenylephrine very commonly used

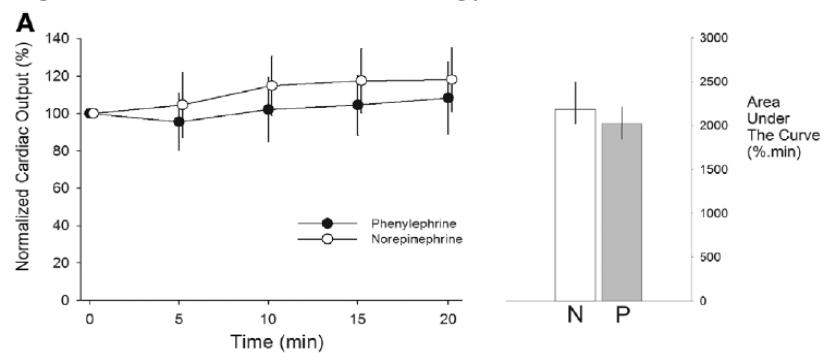
Ngan Kee et al., Anesthesiology 2009



- Placental transfer: Ephedrine > phenylephrine
- **Ephedrine:** stimulation of fetal metabolism, increased catecholamines
- ▶ UA/UV ratio for ephedrine higher: less fetal metabolism or redistribution
- ▶ Remember: no significant differences in clinical outcomes

Norepinephrine: The next Big Change?

Ngan Kee et al., Anesthesiology 2015



Greater Cardiac Output and Lower incidence of Maternal bradycardia in Norepinephrine

Norepinephrine Infusion Regimen

Hasanin et al., Anesthesiology 2019



Question: What is the ideal norepinephrine infusion regimen?

Methodology: RCT involving 284 patients undergoing elective cesarean delivery at term

Arms: NE infusion at 0.025, 0.05, or 0.075 mcg/kg/min (8 mcg/mL concentration)

Primary outcome: Frequency of post-spinal hypotension

Norepinephrine Infusion Regimen

Hasanin et al., Anesthesiology 2019

Table 2. Maternal Outcomes

	0.025-µg • kg ⁻¹ • min ⁻¹ Group (n = 95)	0.050-µg ∙ kg ⁻¹ • min ⁻¹ Group (n = 93)	0.075-µg ∙ kg ⁻¹ • min ⁻¹ Group (n = 96)	OR or <i>Mean</i> <i>Difference</i> between 0.050-µg and 0.025-µg Groups (95% CI)	OR or <i>Mean Difference</i> between 0.075-µg and 0.025-µg Groups (95% CI)
Postspinal hypotension Severe postspinal hypotension	40 (42.1) 7 (7.4)	23 (24.7)* 4 (4.3)	25 (26.0)† 4 (4.2)	0.45 (0.24 to 0.82) 0.57 (0.16 to 2)	0.48 (0.26 to 0.89) 0.55 (0.16 to 1.93)
Postdelivery hypotension	5 (5.3)	6 (6.3)	6 (6.3)	1.27 (0.37 to 4.32)	1.2 (0.35 to 4.07)
Bradycardia	4 (4.3)	3 (3.2)	7 (7.3)	0.76 (0.17 to 3.49)	1.79 (0.51 to 6.32)
Intraoperative hypertension	6 (6.3)	8 (8.6)	7 (7.3)	1.34 (0.47 to 4.19)	1.17 (0.38 to 3.61)
Nausea	8 (8.4)	10 (10.8)	8 (8.3)	1.31 (0.49 to 3.48)	0.99 (0.36 to 2.75)
Vomiting	7 (7.4)	7 (7.5)	6 (6.3)	1.02 (0.34 to 3.04)	0.84 (0.27 to 2.59)
Ephedrine requirements, mg	7±10	5±9*	5±9†	2.38 (-0.29 to 5.04)	2.49 (-0.14 to 5.11)
Atropine requirements, mg	0.04 ± 0.15	0.02 ± 0.09	0.04 ± 0.13	0.19 (-0.18 to 0.06)	0.001 (-0.039 to 0.042)

Data are presented as mean \pm SD, frequency (%), odds ratio (0R; 95% CI: lower limit to upper limit), and mean difference (95% CI: lower limit to upper limit). *Denotes statistical significance between the 0.025- μ g · kg⁻¹ · min⁻¹ group and the 0.050- μ g · kg⁻¹ · min⁻¹ group and the 0.075- μ g · kg⁻¹ · min⁻¹ group.

Norepinephrine in Obstetrics

Dose Equivalence

Norepinephrine : Phenylephrine

 $8 \mu g$ $100 \mu g$

Ngan Kee et al. Anesthesiology 2017; 127: 934–41.

Liu et al. Eur J Obstet Gynecol Reprod Biol. 2015 Nov;194:136-40.

Onwochei et al. Anesth Analg. 2017 Jul;125(1):212-218.

Norepinephrine in Obstetrics

Vasopressor drugs for the prevention and treatment of hypotension during neuraxial anaesthesia for Caesarean delivery: a Bayesian network meta-analysis of fetal and maternal outcomes

Preet M. Singh^{1,*}, Narinder P. Singh², Matthew Reschke³, Warwick D. Ngan Kee⁴, Arvind Palanisamy¹ and David T. Monks¹

British Journal of Anaesthesia 124 (3): 95-107 (2020).

Norepinephrine in Obstetrics

Vasopressor drugs for the prevention and treatment of hypotension during neuraxial anaesthesia for Caesarean delivery: a Bayesian network meta-analysis of fetal and maternal outcomes

Preet M. Singh^{1,*}, Narinder P. Singh², Matthew Reschke³, Warwick D. Ngan Kee⁴, Arvind Palanisamy¹ and David T. Monks¹

Ephedrine, Phenylephrine, Norepinephrine Mephentermine, Metaraminol

British Journal of Anaesthesia 124 (3): 95-107 (2020).

Norepinephrine and Mephentermine

lowest probability of adversely affecting fetal acid base status

Singh et at. British Journal of Anaesthesia 124 (3): 95-107 (2020).

Is Peripheral Norepinephrine Safe?



Methodology: Retrospective chart review from 2 hospitals in Utrecht and Amsterdam

Arms: No NE infusion (n=165426) vs. NE infusion (n=14385) (20mcg/mL concentration) for hypotension management under GA (non-OB patients)

Primary outcome

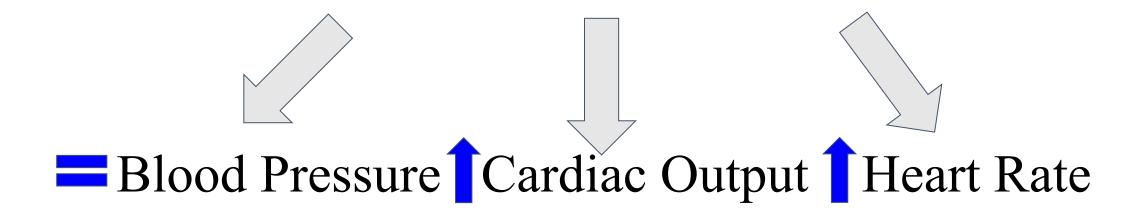
Frequency of extravasation: 5 (0.03%)

1-8 events per 10000 patients

Medical or surgical intervention: 0

Pancaro et al., Anesth Analg 2019

Norepinephrine vs Phenylephrine



When to use it

When Phenylephrine is not effective

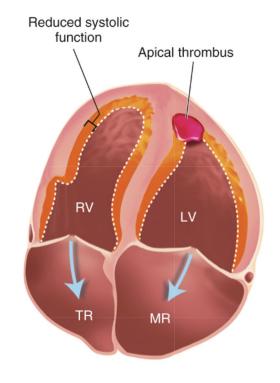
Hypotension in suspected Maternal Sepsis

Escobar et al. Am J Obstet Gynecol MFM. 2020 Aug;2(3):100149.

When β -adrenergic agonism is necessary beyond the phenylephrine α -adrenergic stimulation

Aortic and Mitral Regurgitation

Peripartum and Dilated Cardiomyopathy

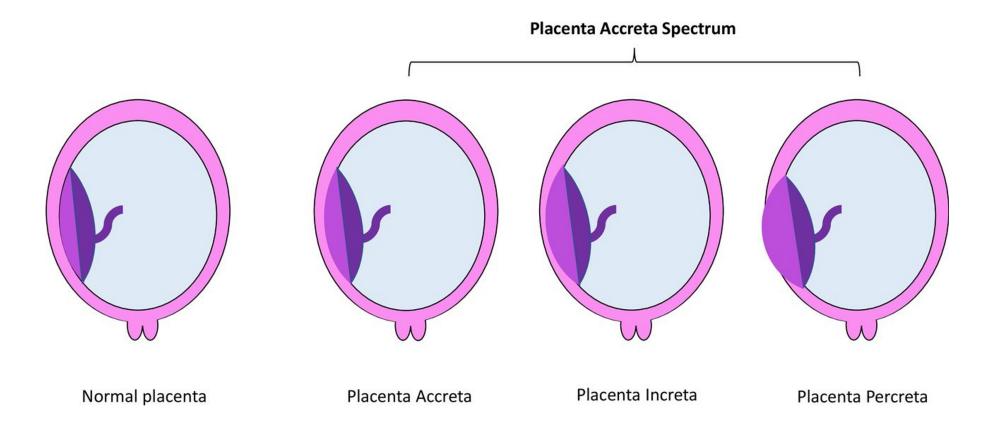


Four-chamber dilation

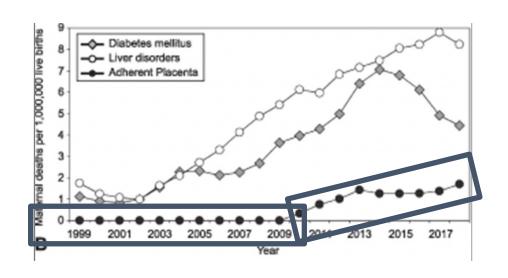
Meng and Arendt. Anesthesiology 2021; 135:164–83.

Postpartum Hemorrhage

Placenta Accreta Spectrum



Placenta Accreta Spectrum



1:282

Intraoperative Multivessel Embolization

Placenta Accreta Spectrum Treatment With Intraoperative Multivessel Embolization: the PASTIME protocol

Intraoperative Uterine vessels Embolization

Deaths n=0/15

VS

Iliac Artery Balloons

Deaths n=2/30

Intraoperative Multivessel Embolization

Placenta Accreta Spectrum Treatment With Intraoperative Multivessel Embolization: the PASTIME protocol

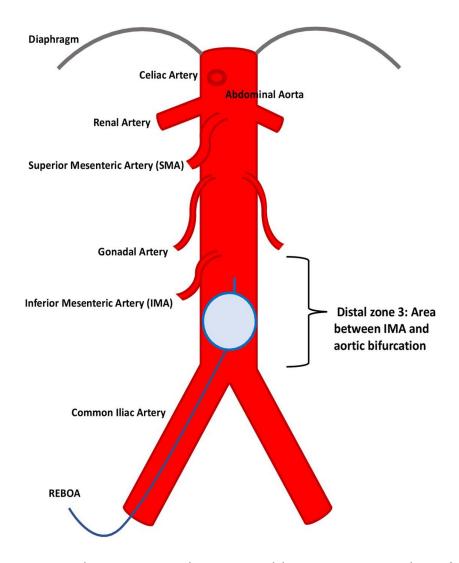
Intraoperative Uterine vessels Embolization

Blood loss 750 ml

VS

Iliac Artery Balloons

Blood loss 1750



Resuscitative Endovascular Balloon Occlusion of the Aorta

When the balloon goes up, blood transfusion goes down: a pilot study of REBOA in placenta accreta spectrum disorders

90 Patients

17 **REBOA** vs 73 controls

> 4 PRBC

17% vs 49% p=0.03

Predicting Severity

External Validation of a Multivariable Prediction Model for Placenta Accreta Spectrum

Shubhangi Singh, MD,*† Daniela A. Carusi, MD,‡ Penny Wang, MS,‡ Elena Reitman-Ivashkov, MD,§ Ruth Landau, MD,§ Kara G. Fields, MS,* Carolyn F. Weiniger, MB ChB,|| and Michaela K. Farber, MD, MS*

Does combining clinical risk factors and ultrasound findings predict which patients have placenta accreta compared to ultrasound alone?

The clinical utility of the model for predicting accreta is variable depending on the case mix of the target population

Anesth Analg. 2023 Sep 1;137(3):537-547

Predicting Severity

Predicting Placenta Accreta Spectrum Disorder: Are We There Yet?

Jessica R. Ansari, MD, and Alexander J. Butwick, MBBS, FRCA, MS

More work is needed

PREDICTING MAJOR BLOOD LOSS

• ESTIMATED BLOOD LOSS 30 L

- pRBC: 45 units
- FFP: 47 units
- PLTs: 8 packs
- Fibrinogen: 15 grams
- Calcium gluconate: 54 grams
- Tranexamic Acid: 3 grams
- Cell Saver: 852 mL
- Crystalloids: 3 L
- Rapid Infusion Total Volume: 33 L
- Prophylactic REBOA

PREDICTING MINOR BLOOD LOSS

"You might consider a SPINAL and a LARGE BORE IV access"

• ESTIMATED BLOOD LOSS 30 L

- pRBC: 23 units
- FFP: 22 units
- PLTs: 6 packs
- Fibrinogen: 11 grams
- Cryoprecipitate: 1unit
- Cell Saver: 1 L
- Crystalloids: 7 liters
- Emergent Aortic Cross Clamping

PREDICTING MINOR BLOOD LOSS

"You might consider a SPINAL and a LARGE BORE IV access"

• ESTIMATED BLOOD LOSS 30 L

- pRBC: 23 units
- FFP: 22 units
- PLTs: 6 packs
- Fibrinogen: 11 grams
- Cryoprecipitate: 1unit
- Cell Saver: 1 L
- Crystalloids: 7 liters
- Emergent Aortic Cross Clamping

Neuraxial Anesthesia During Cesarean Delivery for Placenta Previa With Suspected Morbidly Adherent Placenta: A Retrospective Analysis

129 Suspected Percreta

72 Hysterectomy

15 Required General Anesthesia

3 Difficult Intubations



Maternal Hemorrhage—Regional Versus General Anesthesia: Does It Really Matter?

Yaakov Beilin, MD



RISK FACTORS

- Retained placenta/membranes
- Morbidly adherent placenta
- Failure to progress
- Lacerations
- Instrumental delivery
- Large for gestational age newborn
- Hypertensive disorders
- Prolonged first stage of labor
- Prolonged second stage of labor
- Induction of Labor

Validation of Postpartum Hemorrhage Admission Risk Factor Stratification in a Large Obstetrics Population

257 California hospitals

2 million women

40% of postpartum hemorrhages occurred in low risk hospitalizations

Risk Factors

IS IT TIME TO STOP USING RISK-ASSESSMENT TOOLS?

2015 NEAR-MISS POSTPARTUM HEMORRHAGE

Healthy in the Labor & Delivery room

Systolic Blood Pressure 60s at least for 30 min

Many Obstetricians and Nurses in the room

We were notified when patient arrived unconscious in the OR

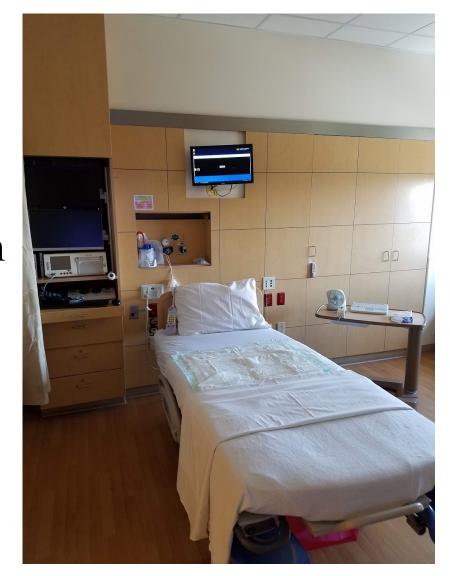


Table 1. The Maternal Early Warning Criteria



Automating a Maternal Early Warning System



Nurse





Use of a Novel Electronic Maternal Surveillance System and the Maternal Early Warning Criteria to Detect Severe Postpartum Hemorrhage

Thomas T. Klumpner, MD,*† Joanna A. Kountanis, MD,*† Sean R. Meyer, MBA,‡ Justin Ortwine, BS,* Melissa E. Bauer, DO,*† Alissa Carver, MD,† Anne Marie Piehl, MSN, RN, CNM,‡ Roger Smith, MD,† Graciela Mentz, PhD,* and Kevin K. Tremper, PhD, MD*

Ten of 120 Postpartum hemorrhages were identified by the automatic system but not by the early warning vital signs criteria

...and especially one...

Post Dural Puncture Headache





Consensus Statement | Anesthesiology

Consensus Practice Guidelines on Postdural Puncture Headache From a Multisociety, International Working Group A Summary Report

Vishal Uppal, MBBS, MSc; Robin Russell, MBBS; Rakesh Sondekoppam, MD; Jessica Ansari, MD; Zafeer Baber, MD; Yian Chen, MD; Kathryn DelPizzo, MD; Dan Sebastian Dîrzu, MD; Hari Kalagara, MD; Narayan R. Kissoon, MD; Peter G. Kranz, MD; Lisa Leffert, MD; Grace Lim, MD; Clara A. Lobo, MD; Dominique Nuala Lucas, MBBS; Eleni Moka, MD; Stephen E. Rodriguez, MD; Herman Sehmbi, MD; Manuel C. Vallejo, MD; Thomas Volk, MD; Samer Narouze, MD, PhD

95% Positional

5 % Non-Positional

Conservative Management

Bed Rest

Oral Fluids

Abdominal Binders

Intravenous Fluid

Pharmacological Management

ORAL ANALGESICS SHOULD BE OFFERED

CAFFEINE < 200 mg/24 if Breastfeeding

CAFFEINE < 900 mg/24 if not Breastfeeding

STEROIDS/Triptans/Gabapentinoids/Other Medications

Pharmacological Management

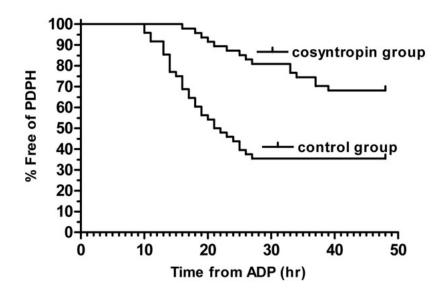
Cosyntropin for Prevention and Treatment of Post-Dural Puncture Headache

Cosyntropin for Prophylaxis against Postdural Puncture Headache after Accidental Dural Puncture

Sameh Michel Hakim, M.D.*

Cosyntropin for Prophylaxis against Postdural Puncture Headache after Accidental Dural Puncture

Sameh Michel Hakim, M.D.*





International Journal of Obstetric Anesthesia

IJOA International Journal of Obstetric Anesthesia

journal homepage: www.elsevier.com/locate/ijoa

Original Article

Role of cosyntropin in the management of postpartum post-dural puncture headache: a two-center retrospective cohort study

C. Pancaro*, K. Balonov, K. Herbert, N. Shah, S. Segal, R. Cassidy, M.C. Engoren, V. Manica, A.S. Habib

Departments of Anesthesiology at the University of Michigan, Tufts, Duke University School of Medicine, Wake Forest University School of Medicine and Medical University of South Carolina, USA

PROPHYLACTIC COSYNTROPIN				
Characteristics	Unexposed (n=32)	Exposed (n=32)	P Value	
Post-Dural Puncture Headache	17 (53%)	19 (59%)	NS	
Epidural Blood Patch	6 (19%)	12 (38%)	NS	
Hours from UDP to PDPH	16.5 [6.5-25]	20 [9-29]	NS	
Highest Pain Score in PDPH	7 [7,8]	7 [6,9]	NS	
Repeat Epidural Blood Patch	1 (3%)	0 (0%)	NS	
Full Relief following Blood Patch	4 (67%)	9 (75%)	NS	

THERAPEUTIC COSYNTROPIN				
Characteristics	Unexposed (n=153)	Exposed (n=36)	P Value	
Epidural Blood Patch	43 (28%)	20 (56%)	0.002	
Hours from UDP to PDPH	24 [24,48]	24 [12,36]	0.008	
Pain scores at the PDPH onset	5 [4, 8]	6 [3, 8]	NS	
Pain scores one day following PDPH	3 [0, 7]	5 [2, 8]	NS	
Difference in pain scores before and one day after drug exposure	0 [-3, 2]	0 [-4, 0]	NS	
Highest pain score in pt with PDPH	8 [5, 9]	9 [7, 10]	0.002	
Repeat Epidural Blood Patch	0 (0%)	6 (17%)	< 0.001	
Full Relief following Blood Patch	7 (16%)	10 (50%)	0.005	

NO ROLE FOR INTRAVENOUS COSYNTROPIN

Invasive Procedures

Acupuncture

Sphenopalatine Ganglion Block

Greater Occipital Nerve Block

Prophylactic Blood Patch

Epidural Morphine

Epidural Crystalloid

Epidural Fibrin Glue

Epidural Blood Patch

Timing > 48 h

Volume - no benefit if > 20 ml given

Intervertebral Level - at the site or lower

Efficacy

60-70% Full Relief 90-100% Partial Relief

Second Blood patch sometimes necessary

Epidural Blood Patch

If second blood patch not successful – Head Imaging

Back pain in 50% -Backache follows in 24 hours 80%

Backache lasts up to FOUR weeks

Aracnoiditis and Spinal Hematoma are rare complications

Two women died following accidental dural puncture not adequately followed up

MMBRACE-UK Saving lives and Improving Mothers' Care

Differential Diagnosis List is Long Post-Partum Preeclampsia Cerebral Hemorrhage Subdural Hematoma Cerebral Vein Thrombosis

Epidural Blood Patch

Important to follow-up after Unexpected Dural Puncture and following Epidural Blood Patch



Svensk Förening för Anestesi och Intensivvård

Umeå 19-22 September 2023

Tusen Tack!

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