



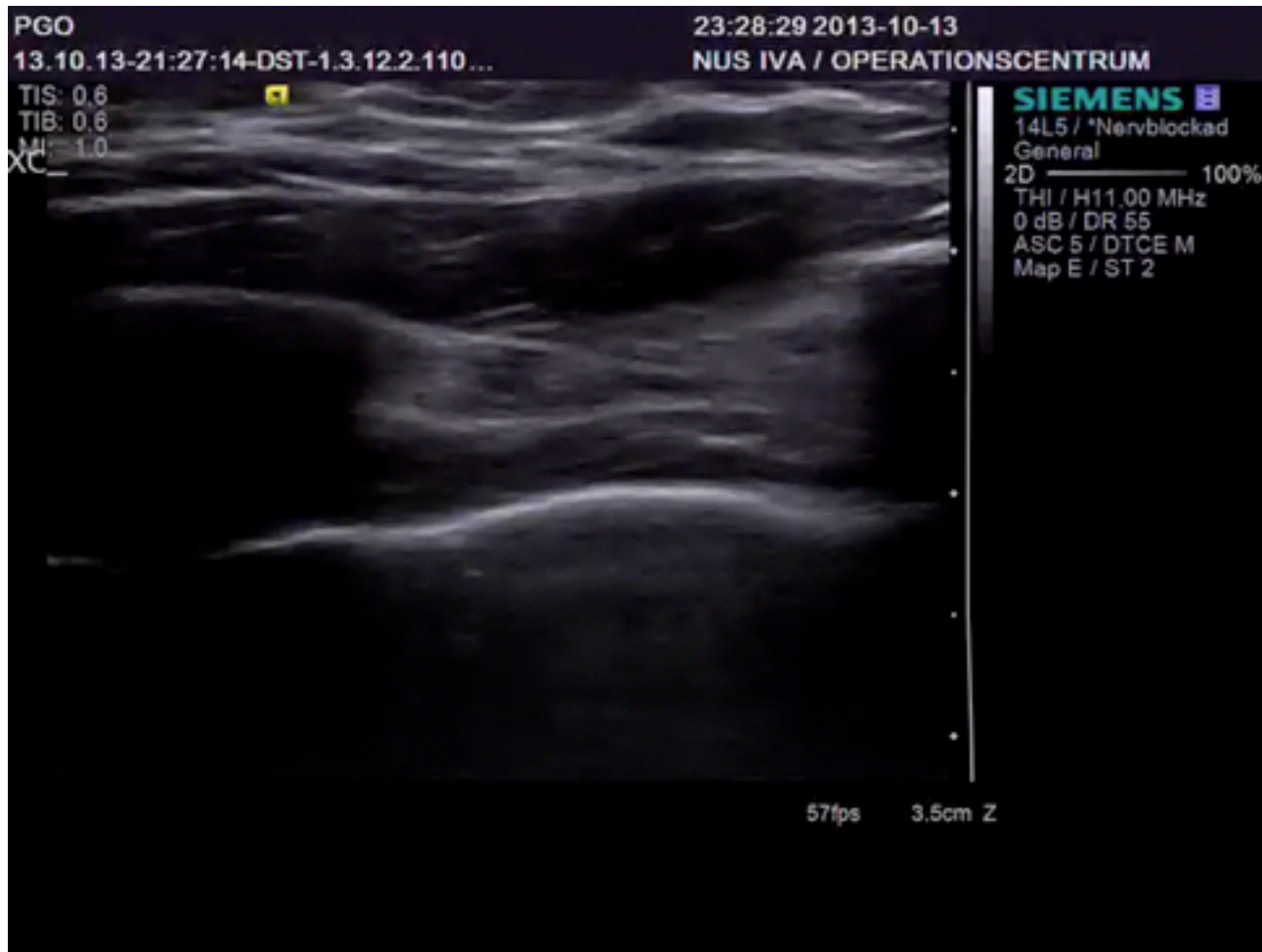
# Ultraljudsanvändning vid undersökning av lungor

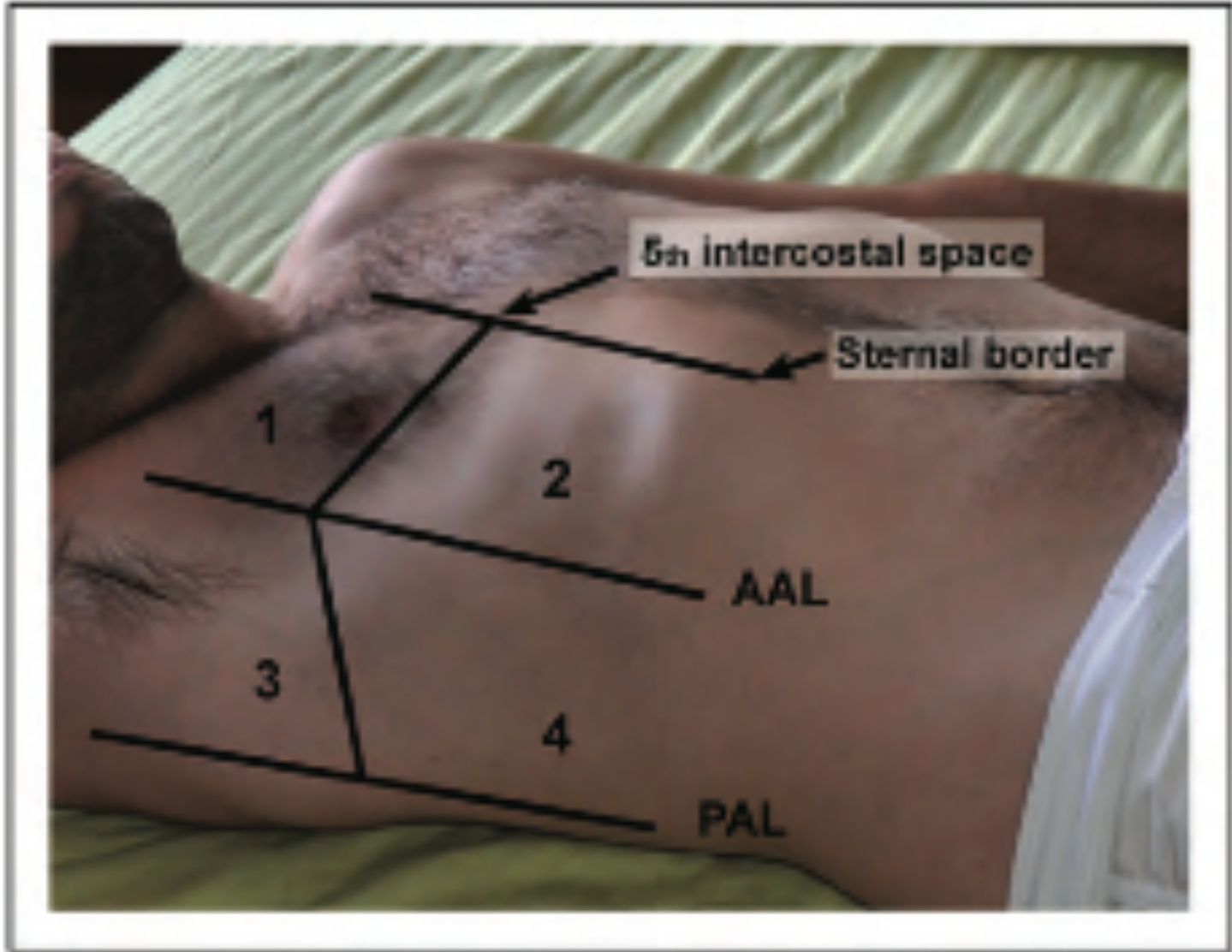


**Peter Gottfridsson**

Specialist Anestesi och intensivvård  
Norrlands universitetssjukhus, Umeå

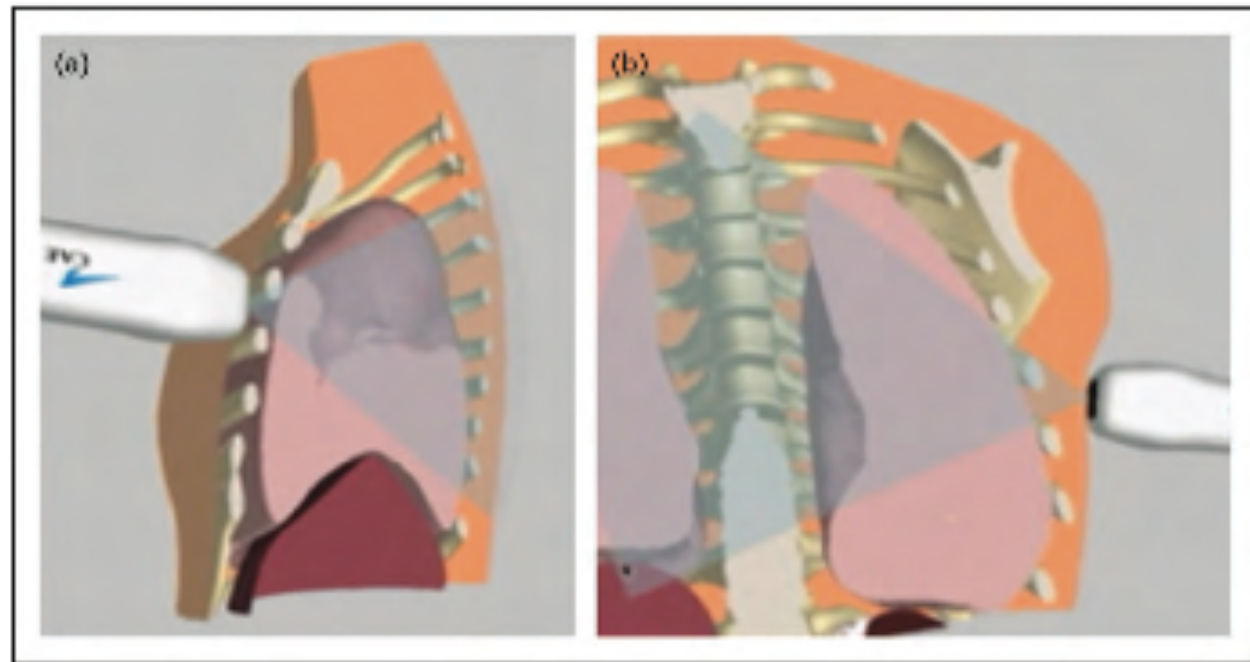
# Patientfall

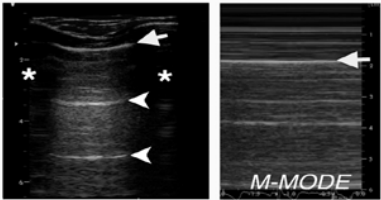
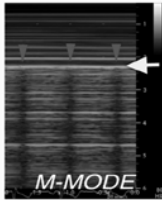
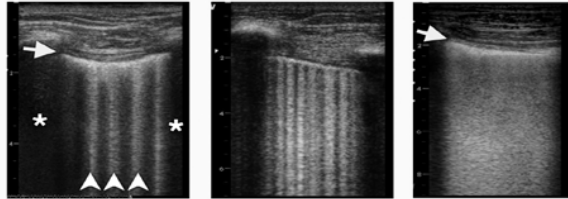
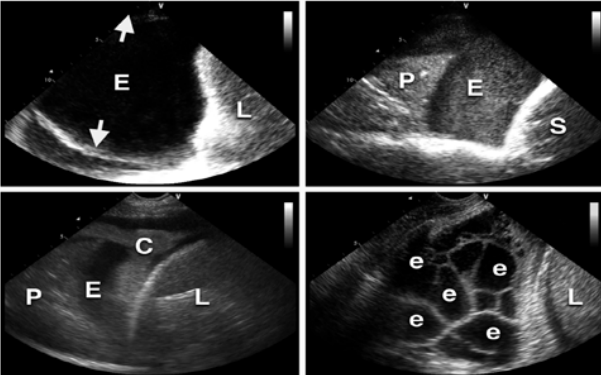
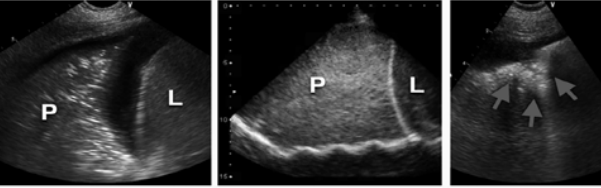
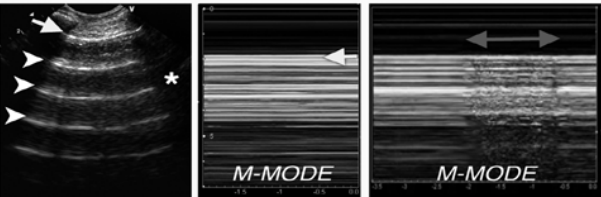




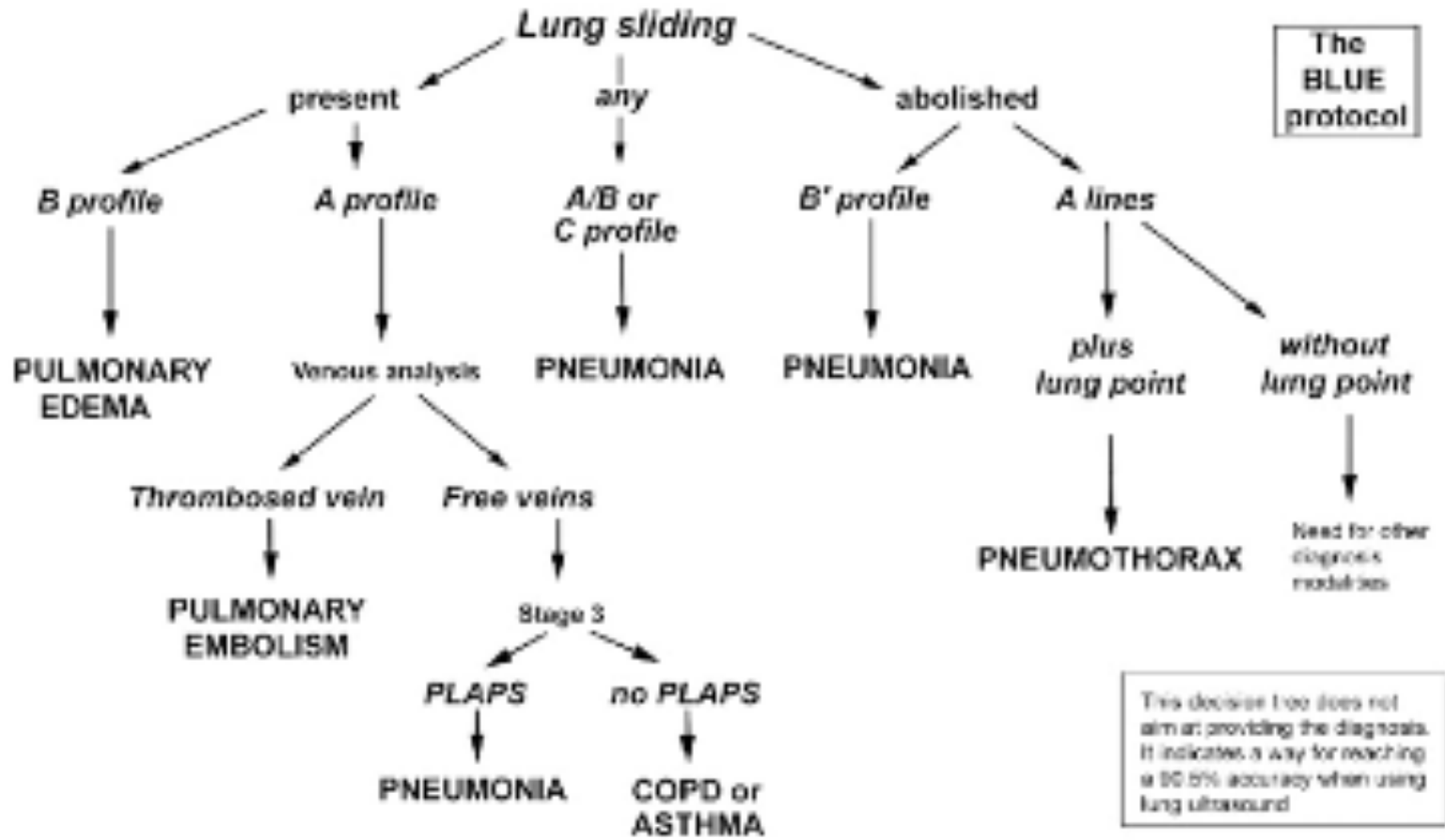
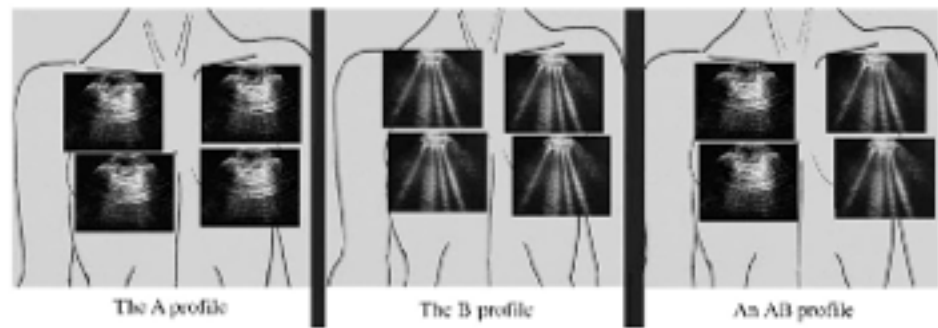
# VAD ÄR DET MAN KAN SE?

- Pleura
- "Vätska"
  - I lungan
  - I lungsäcken
- Artefakter
  - A-linjer
  - B-linjer



<p><b>A</b></p> 	<p><b>B</b></p> 	<p><b>NORMAL ("A -Pattern") (1A)</b></p> <p>2-D/M-Mode anterior scans. <b>Pleural line</b> (arrow) + <b>A lines</b> (arrowheads) + <b>Lung sliding</b> ("sandy" appearance of M-Mode pattern beneath pleural line ="seashore sign")</p> <p><b>Lung Pulse (1B)</b></p> <p>In absence of ventilation pleural sliding is substituted by heart-beat synced pleural motion (rhythmic changes in M-Mode artifacts beyond pleural line, arrowheads)</p>
<p><b>C</b></p> 		<p><b>Sonographic INTERSTITIAL SYNDROME ("B-Pattern")</b></p> <p>2-D anterior scans. Multiple (&gt;3 / intercostal space) <b>B-lines</b> (left panel, arrowheads) originate from pleural line (arrow), and substitute A-lines. B-lines can be well-spaced (left), crowded (mid) or coalescent (right panel) ("white lung" pattern). Note pleural line thickening in left &amp; right panels (arrows)</p>
<p><b>D</b></p> 		<p><b>PLEURAL EFFUSION</b></p> <p>2-D longitudinal scans at the posterior axillary line; diaphragm appears as bright curvilinear boundary on the left of liver (L) or spleen (S). <b>Transudative effusion</b> (E) appears as anechoic space between the pleuras (left upper panel, arrows). <b>Complex exudative effusion</b> (E) with particulated internal echoes (right upper panel, empyema) and consolidated lung (P) inside. <b>Complex hemorrhagic effusion</b> (E) with free-floating clot (C) and consolidated lung (P) inside (left lower panel). <b>Complex septated effusion</b> with multiple loculated collections (e) separated by septa (right lower panel)</p>
<p><b>E</b></p> 		<p><b>CONSOLIDATION</b></p> <p>2-D longitudinal scans at the posterior axillary line (left and mid panels). Tissue-like echotexture of the lung (P), similar to the liver (L). Presence in it of white dots/lines, reinforced at inspiration ("<b>dynamic bronchograms</b>"), suggests a patent airway (left); their <b>absence</b> equates to atelectasis (mid). Small subpleural consolidation (right panel, arrows)</p>
<p><b>F</b></p> 		<p><b>PNEUMOTHORAX ("A -Pattern")</b></p> <p>2-D parasternal scan (left panel) shows pleural line (arrow) and A-lines (arrowheads). M-Mode investigation (mid panel) indicates <b>sliding abolition</b>, representing the artifacts as parallel straight lines ("stratosphere sign") beneath the pleural line (arrow). At a more lateral point, M-Mode depicts inspiratory reappearance of sliding as transient (double-headed arrow) seashore sign ("<b>lung point</b>")</p>

# The BLUE protocol



Giovanni Volpicelli  
Mahmoud Elbarbary  
Michael Blaivas  
Daniel A. Lichtenstein  
Gebhard Mathis  
Andrew W. Kirkpatrick  
Lawrence Melniker  
Luna Gargani  
Vicki E. Noble  
Gabriele Via  
Anthony Dean  
James W. Tsung  
Gino Soldati  
Roberto Copetti  
Belaid Bouhemad  
Angelika Reissig  
Eustachio Agricola  
Jean-Jacques Rouby  
Charlotte Arbelot  
Andrew Liteplo  
Ashot Sargsyan  
Fernando Silva  
Richard Hoppmann  
Raoul Bretkreutz  
Armin Seibel  
Luca Neri  
Enrico Storti  
Tomislav Petrovic

International Liaison Committee on Lung Ultrasound  
(ILC-LUS) for the International  
Consensus Conference on Lung Ultrasound (ICC-LUS)

Received: 29 October 2011  
Accepted: 23 January 2012  
Published online: 6 March 2012  
© Copyright jointly held by Springer and  
ESICM 2012

**Electronic supplementary material**  
The online version of this article  
(doi:10.1007/s00134-012-2513-4) contains  
supplementary material, which is available  
to authorized users.

G. Volpicelli (✉)  
Department of Emergency Medicine,  
San Luigi Gonzaga University Hospital,  
10043 Orbassano, Torino, Italy  
e-mail: giv.volpicelli@tin.it

M. Elbarbary  
National & Gulf Center for Evidence Based  
Health Practice, King Saud University for  
Health Sciences, Riyadh, Saudi Arabia  
e-mail: mahmoud\_barbary@yahoo.com

M. Blaivas  
Department of Emergency Medicine,  
Northside Hospital Forsyth,  
Atlanta, GA, USA  
e-mail: mike@blaivas.org

D. A. Lichtenstein  
Service de Réanimation Médicale, Hôpital  
Ambroise-Paré, Paris-Ouest, Boulogne,  
France  
e-mail: dlicht@foc.fr

G. Mathis  
Internal Medicine Praxis, Rankweil, Austria  
e-mail: gebhard.mathis@cable.vol.at

A. W. Kirkpatrick  
Foothills Medical Centre, Calgary, AB,  
Canada  
e-mail: andrew.kirkpatrick@  
albertahealthservices.ca

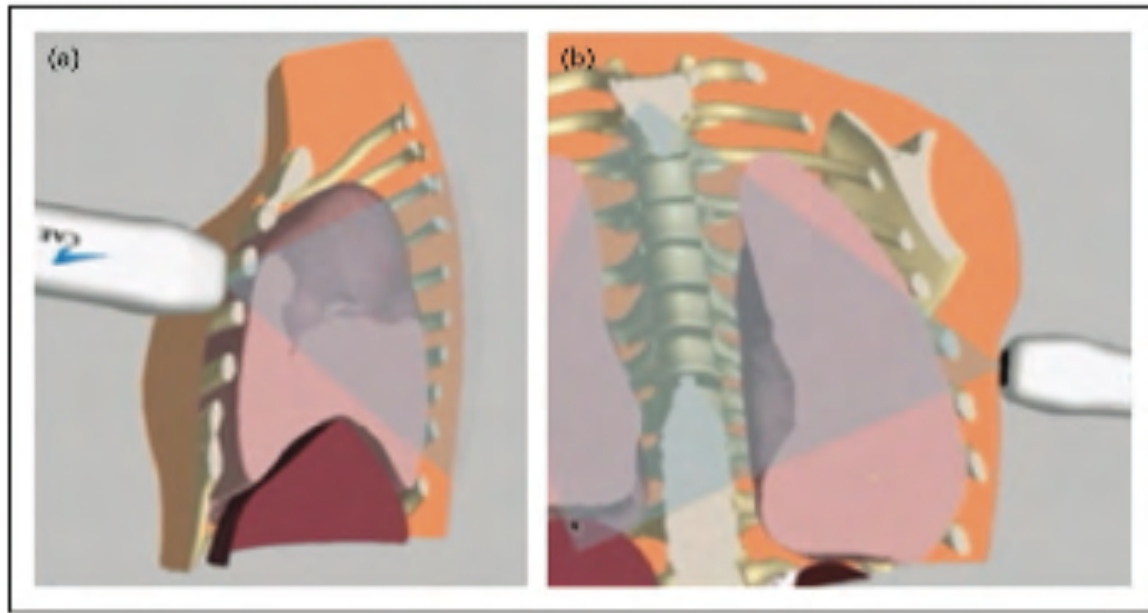
L. Melniker  
Clinical Epidemiology Unit, Division of  
General Internal Medicine, Department  
of Medicine, Weill Medical College of  
Cornell University, New York, USA  
e-mail: lawrence.melniker@winfocus.org

L. Gargani  
Institute of Clinical Physiology,  
National Research Council, Pisa, Italy  
e-mail: gargani@ifc.cnr.it

V. E. Noble  
Division of Emergency Ultrasound,  
Department of Emergency Medicine,  
Massachusetts General Hospital,  
Boston, MA, USA  
e-mail: vnoble@partners.org

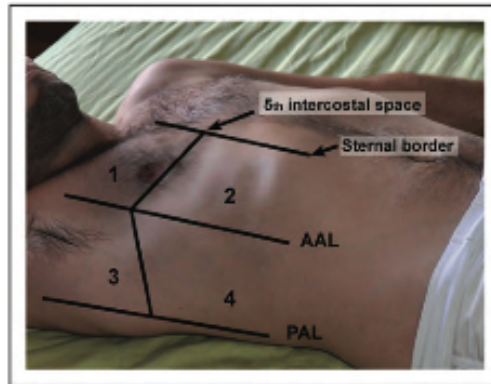
G. Via  
1st Department of Anesthesia and Intensive  
Care Pavia, IRCCS Foundation Policlinico  
San Matteo, Pavia, Italy  
e-mail: gabriele.via@winfocus.org

## International evidence-based recommendations for point-of-care lung ultrasound



- Pleura
- "Vätska"
  - I lungan
  - I lungsäcken
- Artefakter
  - A-linjer
  - B-linjer

Curr Opin Anaesthesiol. 2013 Feb;26(1):20-30



Curr Opin Anaesthesiol. 2013 Feb;26(1):20-30

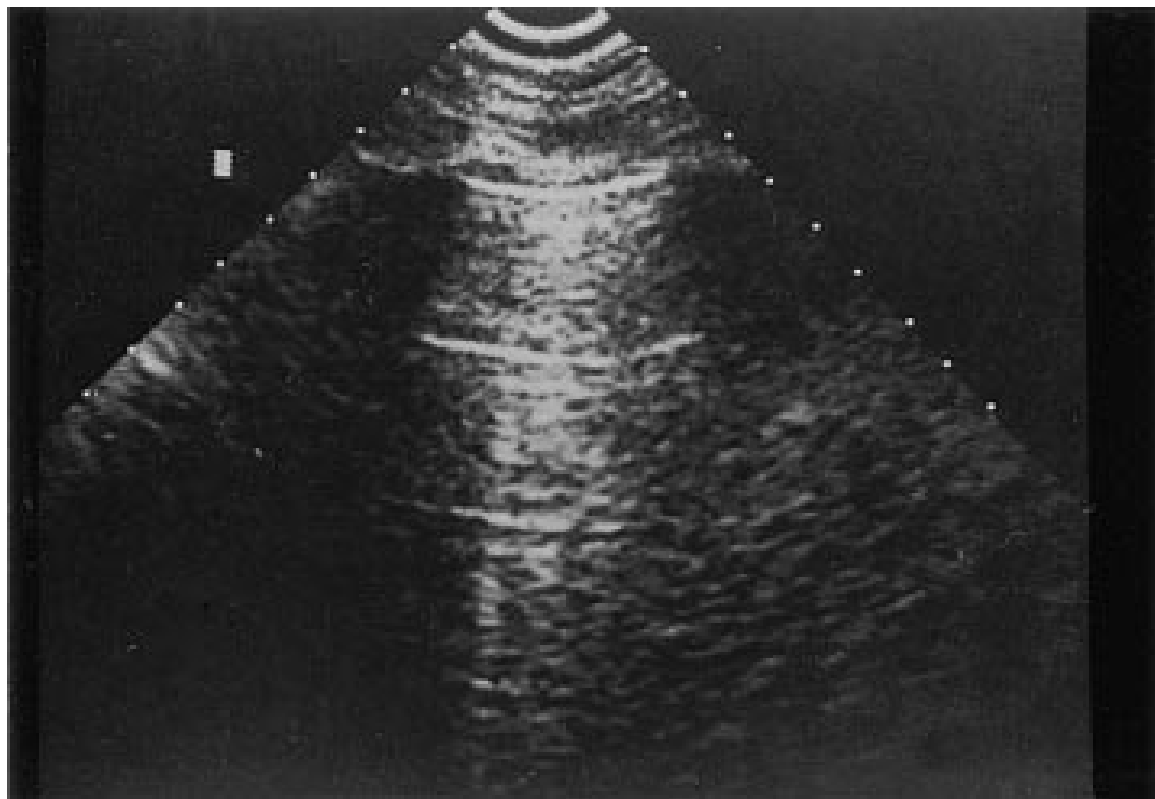
<p><b>A</b></p>	<p><b>B</b></p>	<p><b>NORMAL ("A-Pattern") (1A)</b> 2-DM-Mode anterior scans. <b>Pleural line</b> (arrow) + <b>A lines</b> (arrowheads) + <b>Lung sliding</b> ("sandy" appearance of M-Mode pattern beneath pleural line = "seashore sign")</p> <p><b>Lung Pulse (1B)</b> In absence of ventilation pleural sliding is substituted by heart-beat synced pleural motion (rhythmic changes in M-Mode artifacts beyond pleural line, arrowheads)</p>
<p><b>C</b></p>		<p><b>Sonographic INTERSTITIAL SYNDROME ("B-Pattern")</b> 2-D anterior scans. Multiple (&gt;3 / intercostal space) <b>B-lines</b> (left panel, arrowheads) originate from pleural line (arrow), and substitute A-lines. B lines can be well-spaced (left), crowded (mid) or coalescent (right panel) ("white lung" pattern). Note pleural line thickening in left &amp; right panels (arrows)</p>
<p><b>D</b></p>		<p><b>PLEURAL EFFUSION</b> 2-D longitudinal scans at the posterior axillary line, diaphragm appears as bright curvilinear boundary on the left of liver (L) or spleen (S). <b>Transudative effusion (E)</b> appears as anechoic space between the pleuras (left upper panel, arrow). <b>Complex exudative effusion (E)</b> with particulated internal echoes (right upper panel, empyema) and consolidated lung (P) inside. <b>Complex hemoragic effusion (E)</b> with free-floating clot (C) and consolidated lung (P) inside (left lower panel). <b>Complex septated effusion</b> with multiple loculated collections (e) separated by septa (right lower panel)</p>
<p><b>E</b></p>		<p><b>CONSOLIDATION</b> 2-D longitudinal scans at the posterior axillary line (left and mid panels). Tissue-like echotexture of the lung (P), similar to the liver (L). Presence in it of white costlines reinforced at inspiration ("dynamic bronchograms"), suggests a patent airway (left), their absence equates to atelectasis (mid). Small subpleural consolidation (right panel, arrows)</p>
<p><b>F</b></p>		<p><b>PNEUMOTHORAX ("A-Pattern")</b> 2-D parasternal scan (left panel) shows pleural line (arrow) and A-lines (arrowheads). <b>M-Mode</b> investigation (mid panel) indicates <b>sliding abolition</b>, representing the artifacts as parallel straight lines ("stratosphere sign") beneath the pleural line (arrow). At a more lateral point, M-Mode depicts inspiratory reappearance of sliding as transient (double-headed arrow) seashore sign ("lung point")</p>

Minerva Anesthesiol 2012;78:1282-96

# A-linjer

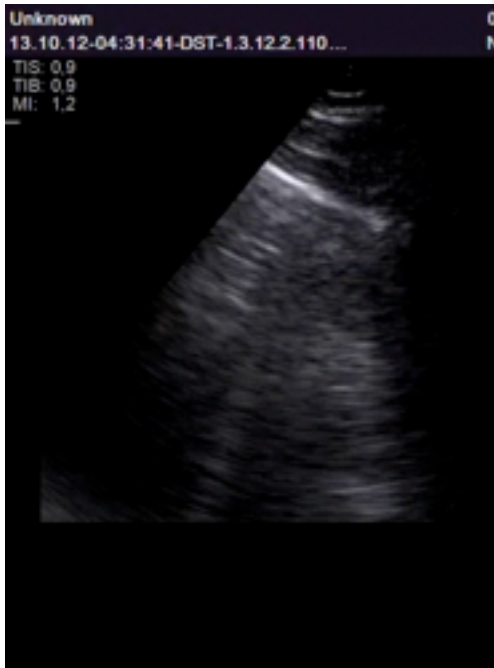


A.OLSON, ULTRAVIEW 2006

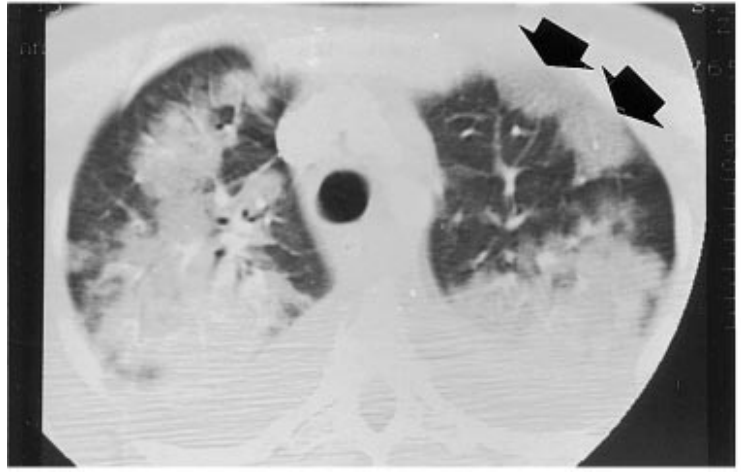


AM J RESPIR CRIT CARE MED 1997;156:1640-1646.

# B-linjer

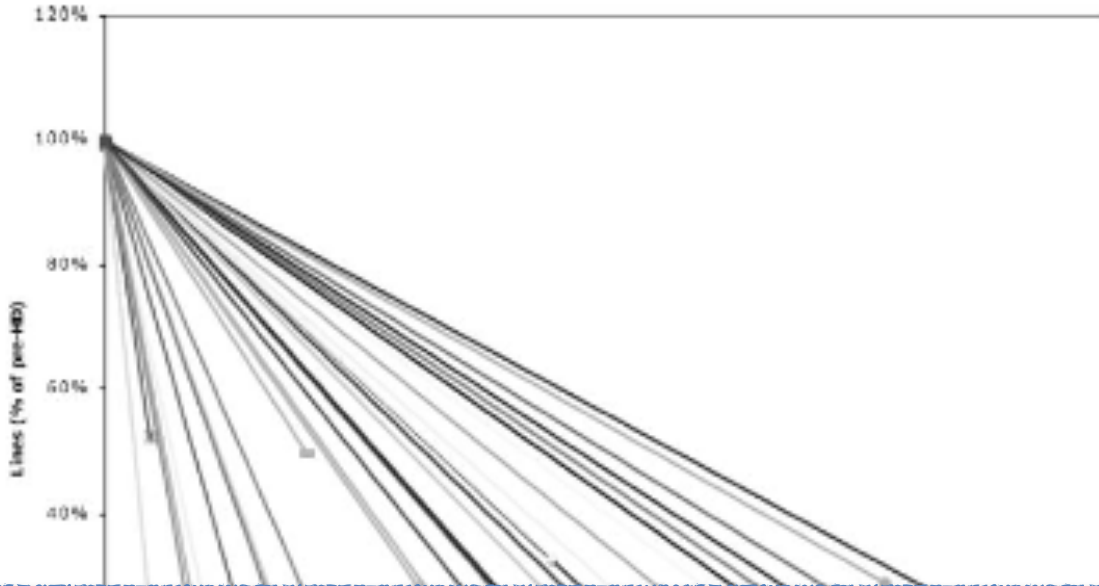


Vertikal kometsvans  
Hyperekogen  
Löper genom hela bilden  
Laserlik (Avtar ej i intensitet)  
Utgår ifrån pleura  
Rör sig med pleurarörelsen.  
<3 per intercostalrum normalt



AM J RESPIR CRIT CARE MED 1997;156:1640-1646.

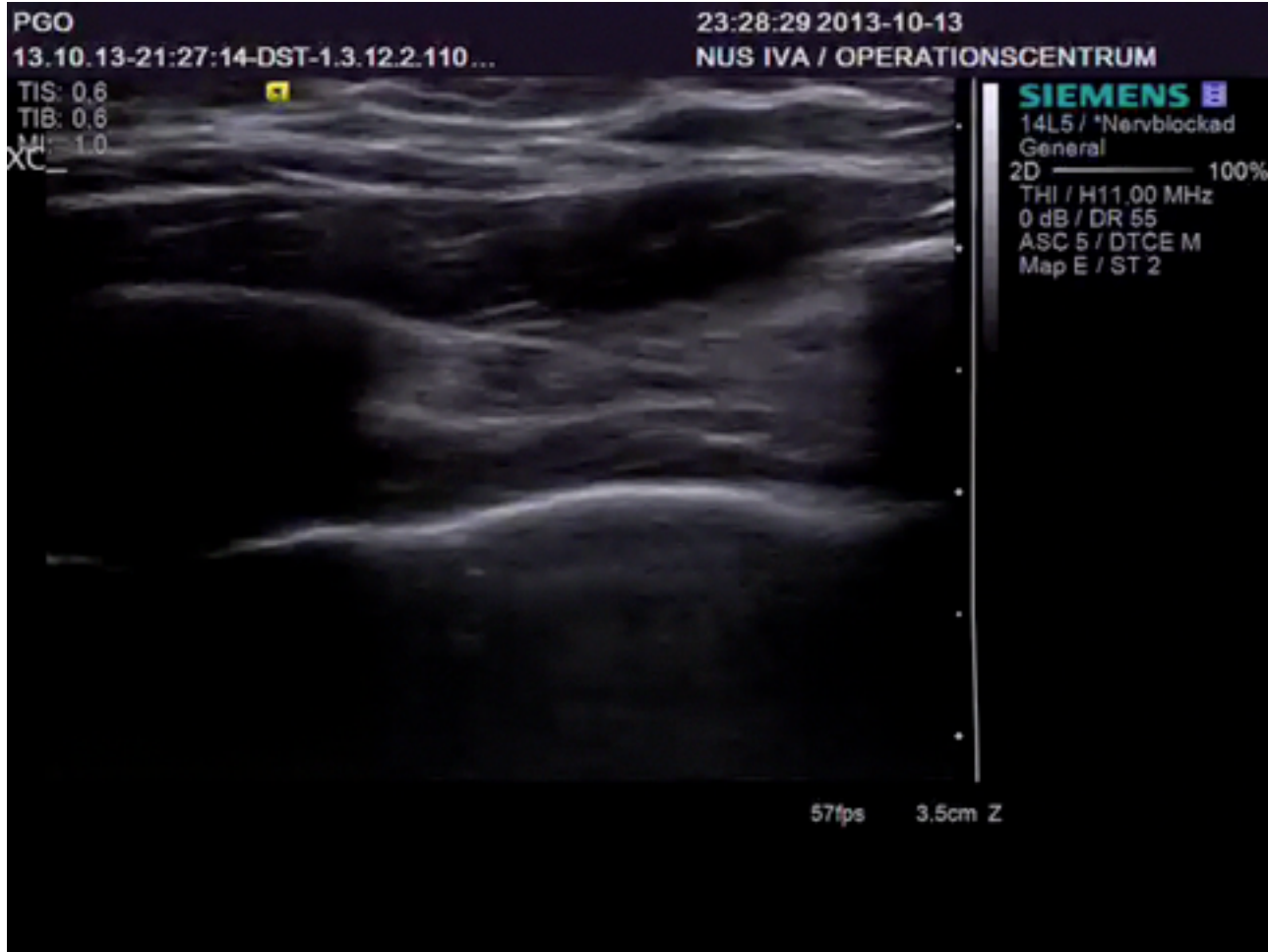
# B-linjenantalet före och efter hemodialys



Septisk chock.

Caltabeloti et al. Critical Care 2014, 18:R91

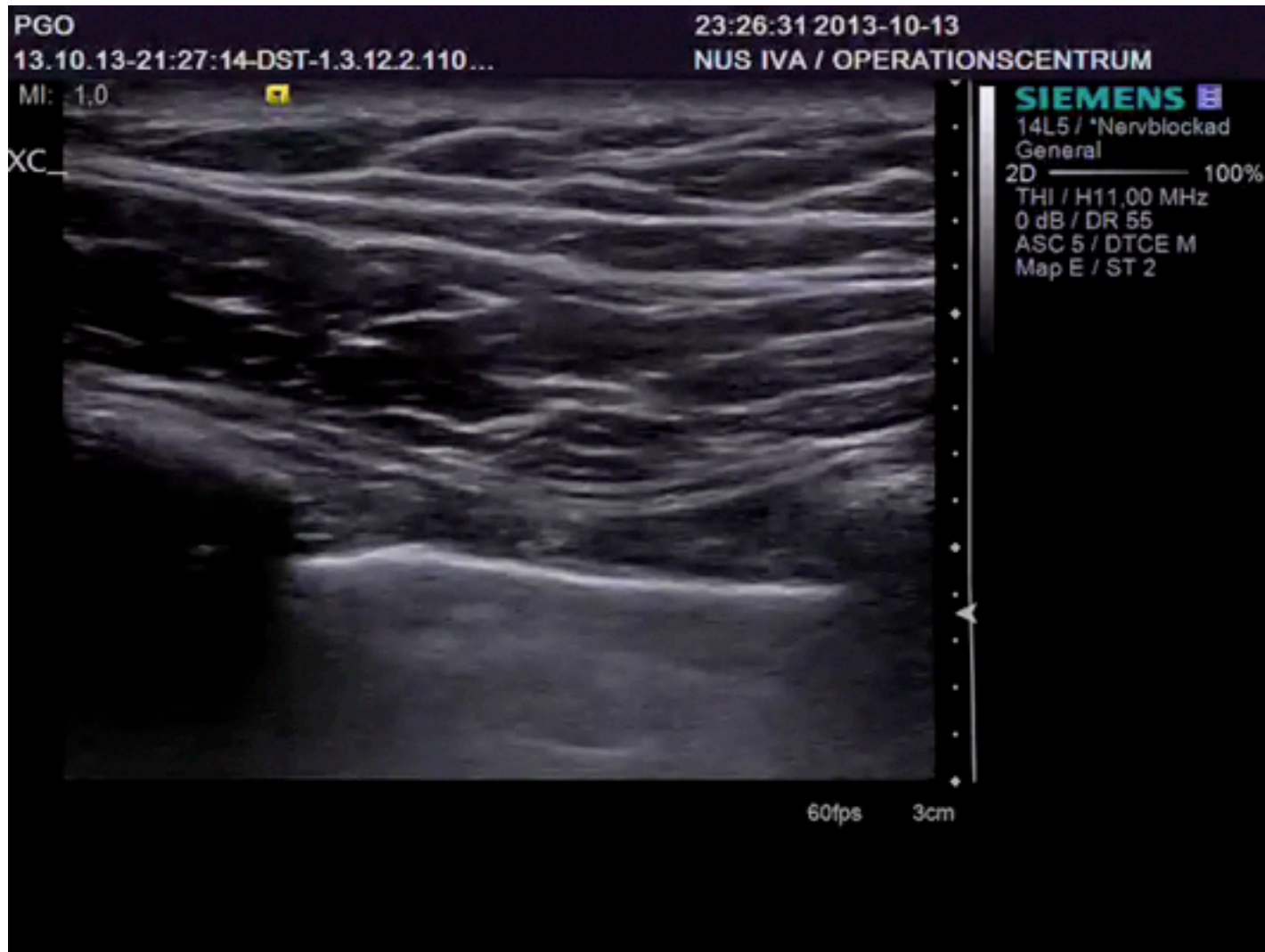
# Normalfynd vid ultraljudsundersökning



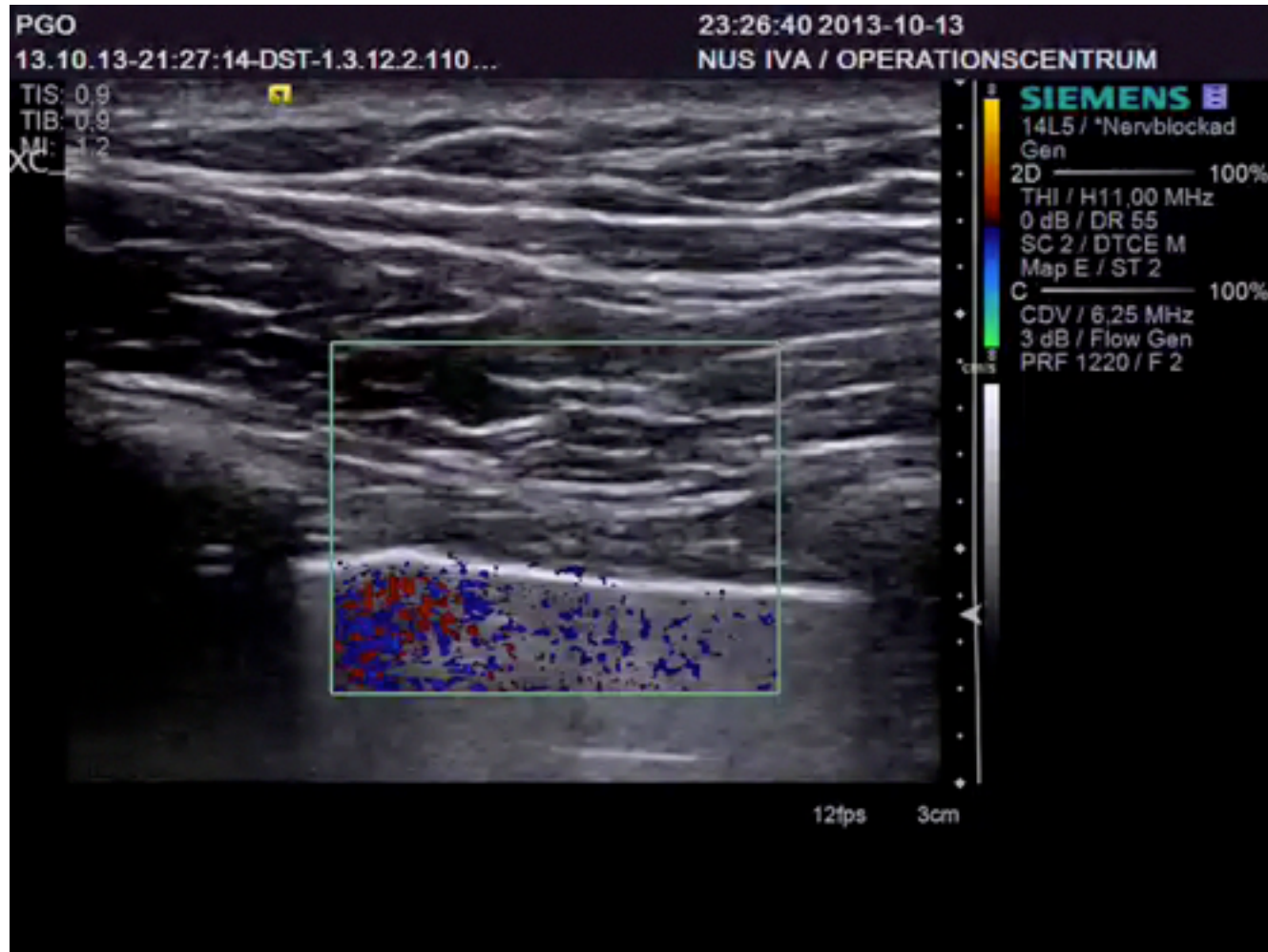
# Normalfynd vid ultraljudsundersökning



# Lungpuls



# Lungpuls



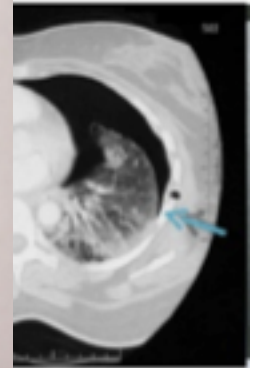
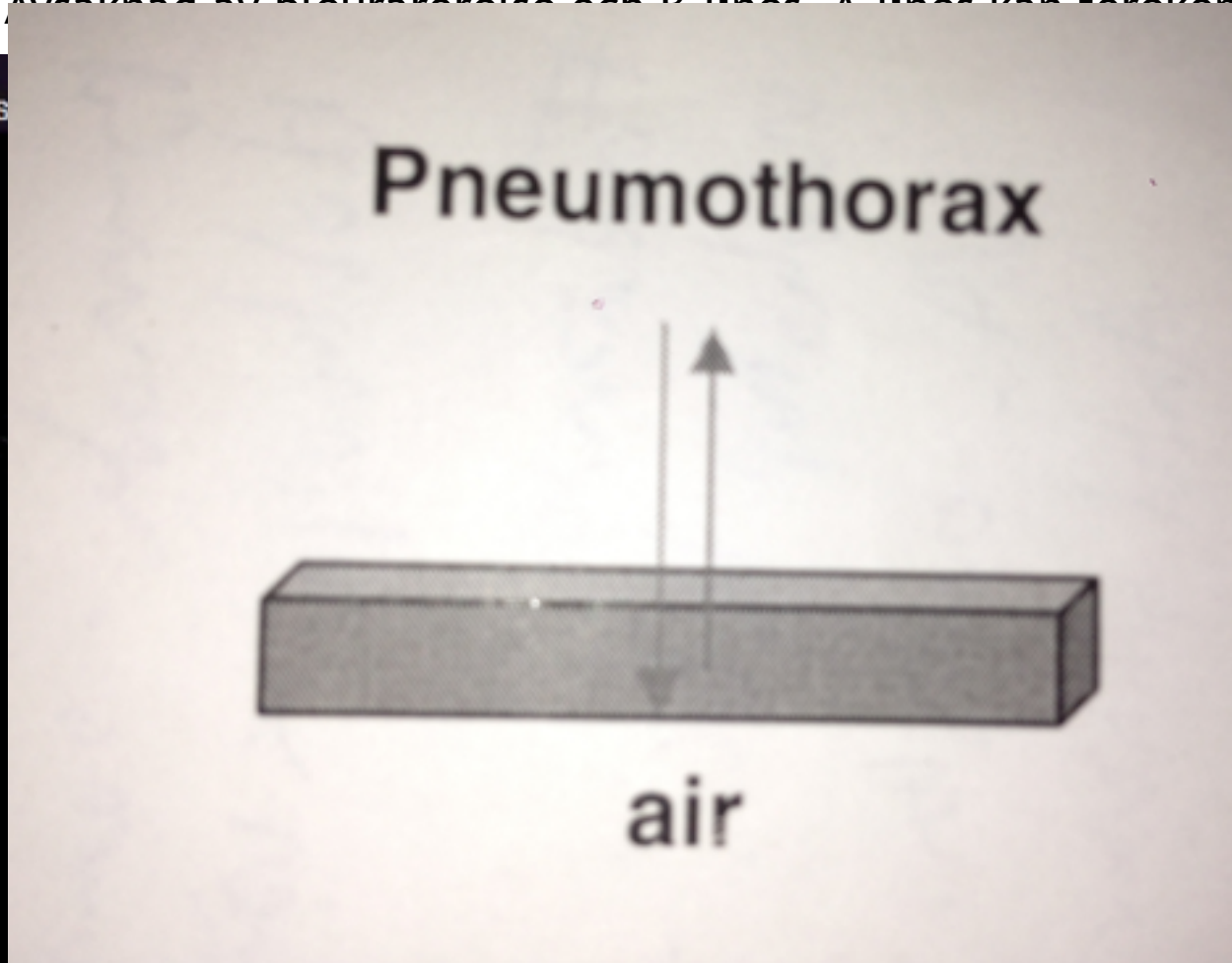
# Normalfynd



# Pneumothorax

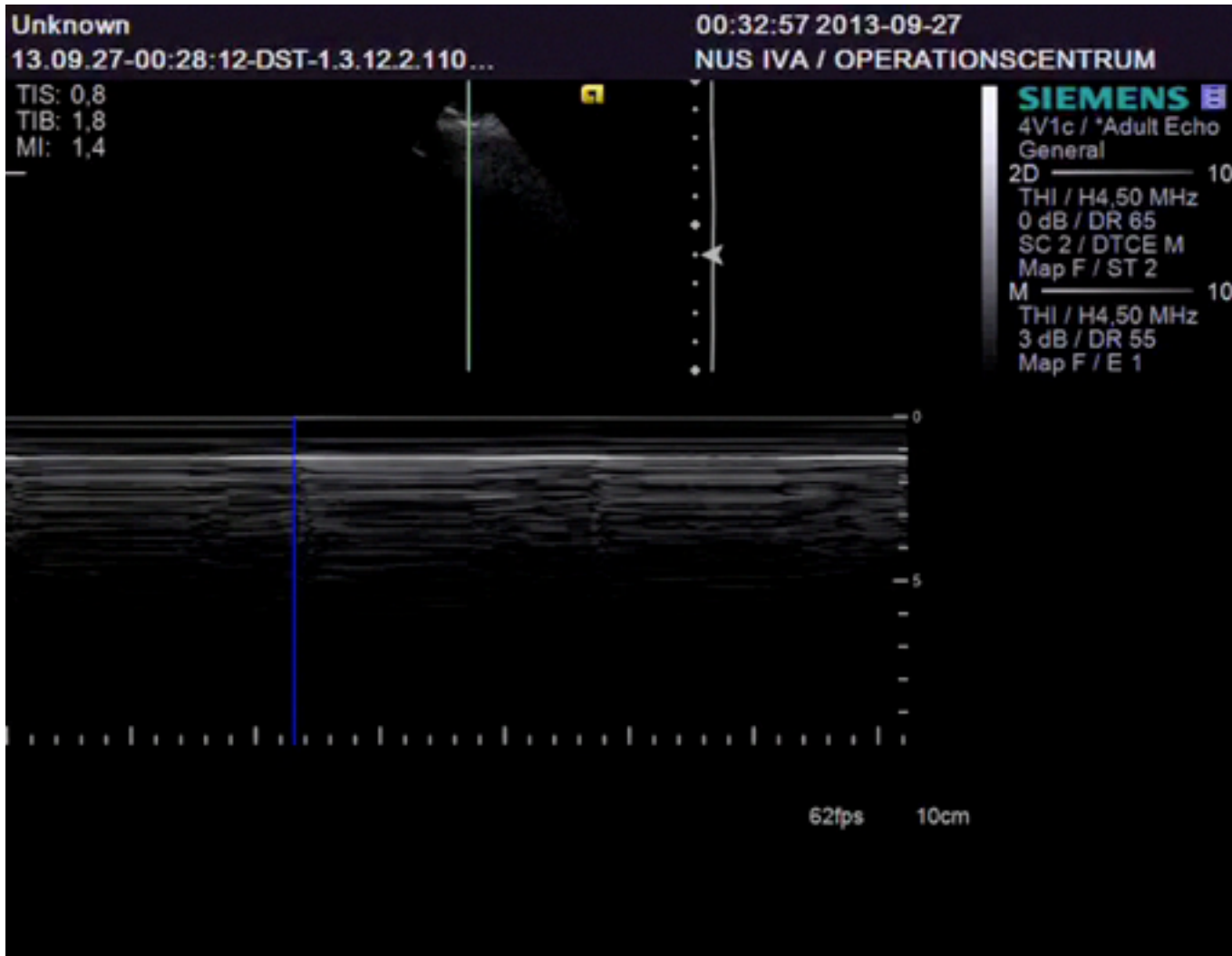
Avsaknad av pleurärörslag och B-linje. A-linje kan förekomma

Unknown  
13.09.27-00:28:12-DS  
TIS: 0,9  
TIB: 0,9  
MI: 1,2

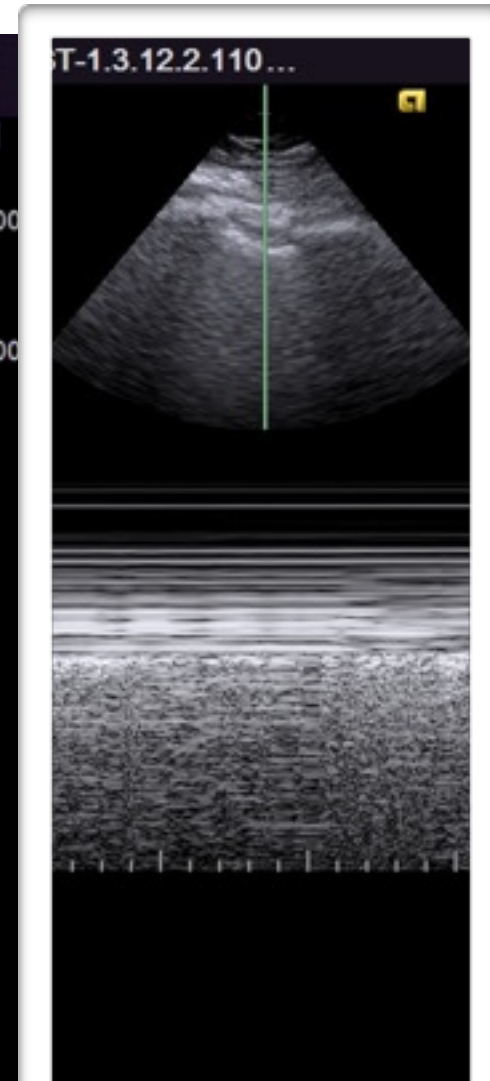


# Pneumothorax

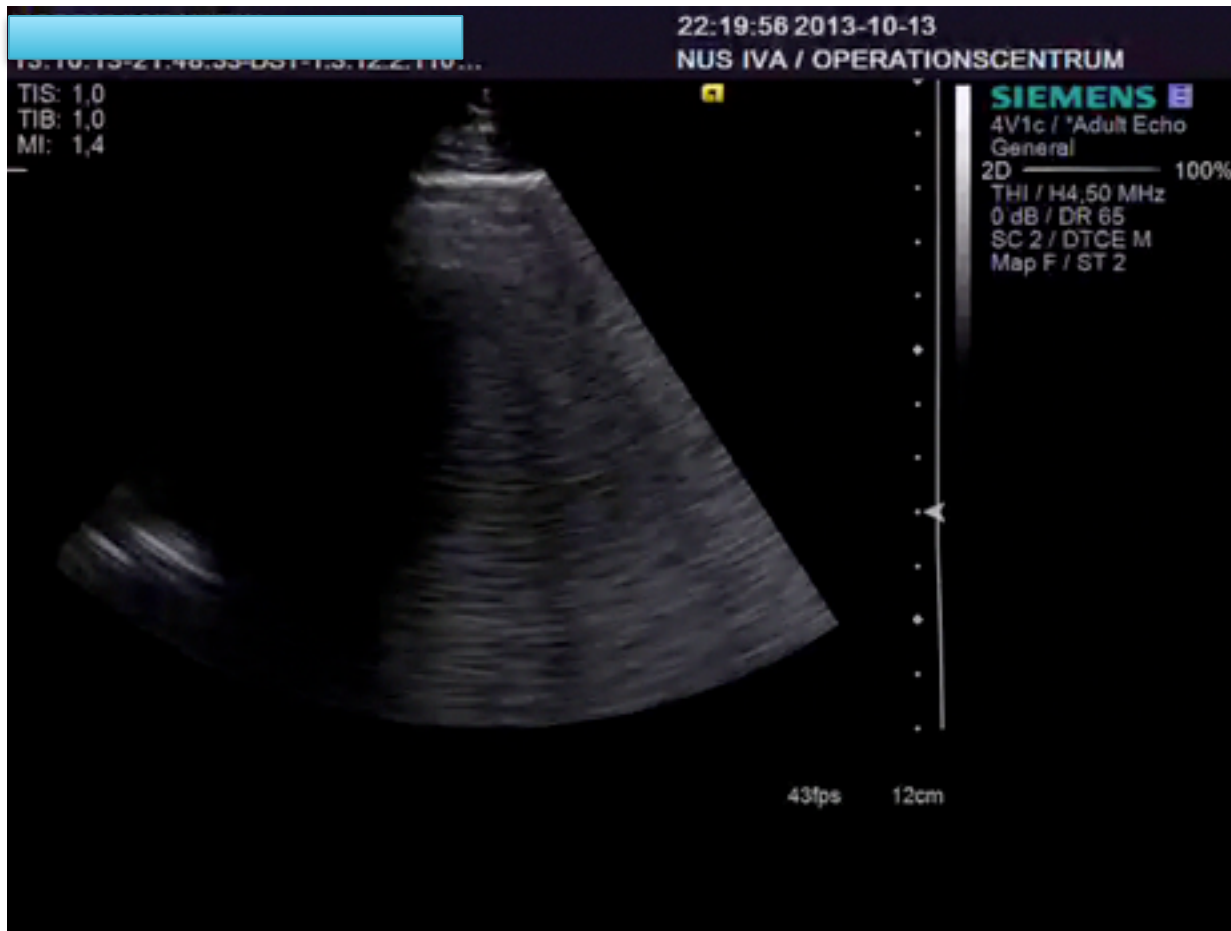
M-mode



Normal



# Alveolo-Interstitiellt syndrom



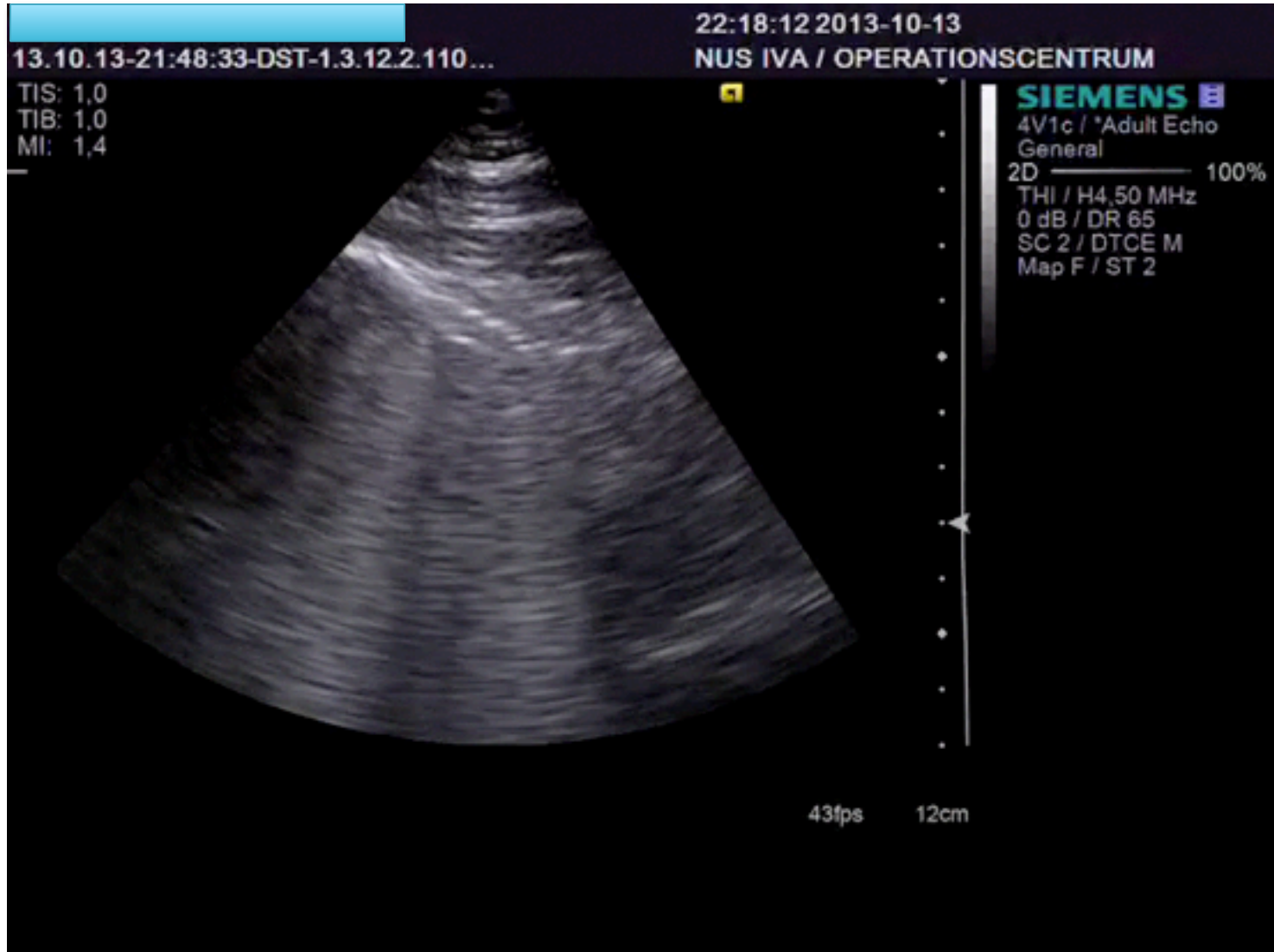
## B-linjer i alla lungfält

- Pulmonary edema of various causes
- Interstitial pneumonia or pneumonitis
- Diffuse parenchymal lung disease (pulmonary fibrosis)

## B-linjer ojämnt fördelat

- Pneumonia and pneumonitis
- Atelectasis
- Pulmonary contusion
- Pulmonary infarction
- Pleural disease
- Neoplasia

# Alveolo-Interstitiellt syndrom



# Konsolidierung



# Konsolidering



## ■ CLINICAL INVESTIGATIONS

Anesthesiology 2004; 100:9-15

© 2004 American Society of Anesthesiologists, Inc. Lippincott Williams & Wilkins, Inc.

# ***Comparative Diagnostic Performances of Auscultation, Chest Radiography, and Lung Ultrasonography in Acute Respiratory Distress Syndrome***

Daniel Lichtenstein, M.D.,\* Ivan Goldstein, M.D.,† Eric Mourgeon, M.D.,† Philippe Cluzel, M.D., Ph.D.,‡  
Philippe Grenier, M.D.,§ Jean-Jacques Rouby, M.D., Ph.D.||





■ CLINICAL INVESTIGATIONS

Anesthesiology 2004; 100:9-15

© 2004 American Society of Anesthesiologists, Inc. Lippincott Williams & Wilkins, Inc.

**Comparative Diagnostic Performances of Auscultation, Chest Radiography, and Lung Ultrasonography in Acute Respiratory Distress Syndrome**

Daniel Lichtenstein, M.D.; Ivan Goldstein, M.D.;<sup>†</sup> Eric Mourgeon, M.D.;<sup>†</sup> Philippe Cluzel, M.D., Ph.D.;<sup>†</sup> Philippe Grenier, M.D.;<sup>§</sup> Jean-Jacques Rouby, M.D., Ph.D.<sup>||</sup>

	<b>SENSITET SPECIFICITET</b>	<b>SENSITET SPECIFICITET</b>	<b>SENSITET SPECIFICITET</b>
<b>PLEURAVÄTSKA</b>	<b>42% 90%</b>	<b>39% 85%</b>	<b>92% 93%</b>
<b>INFILTRAT (alveolar consolidation)</b>	<b>8% 100%</b>	<b>68% 95%</b>	<b>93% 100%</b>
<b>ÖKAD INTERSTITIELL VÄTSKA (alveolar-interstitial syndrome)</b>	<b>34% 90%</b>	<b>60% 100%</b>	<b>98% 88%</b>

RESEARCH

Open Access

# Pleural ultrasonography versus chest radiography for the diagnosis of pneumothorax: review of the literature and meta-analysis

Saadah Alrajab<sup>1,5\*</sup>, Asser M Youssef<sup>2,5</sup>, Nuri I Akkus<sup>3,5</sup> and Gloria Caldito<sup>4,5</sup>

## Abstract

**Introduction:** Ultrasonography is being increasingly utilized in acute care settings with expanding applications. Pneumothorax evaluation by ultrasonography is a fast, safe, easy and inexpensive alternative to chest radiographs. In this review, we provide a comprehensive analysis of the current literature comparing ultrasonography and chest radiography for the diagnosis of pneumothorax.

**Methods:** We searched English-language articles in MEDLINE, EMBASE and Cochrane Library dealing with both ultrasonography and chest radiography for diagnosis of pneumothorax. In eligible studies that met strict inclusion criteria, we conducted a meta-analysis to evaluate the diagnostic accuracy of pleural ultrasonography in comparison with chest radiography for the diagnosis of pneumothorax.

**Results:** We reviewed 601 articles and selected 25 original research articles for detailed review. Only 13 articles met all of our inclusion criteria and were included in the final analysis. One study used lung sliding sign alone, 12 studies used lung sliding and comet tail signs, and 6 studies searched for lung point in addition to the other two signs. Ultrasonography had a pooled sensitivity of 78.6% (95% CI, 68.1 to 98.1) and a specificity of 98.4% (95% CI, 97.3 to 99.5). Chest radiography had a pooled sensitivity of 39.8% (95% CI, 29.4 to 50.3) and a specificity of 99.3% (95% CI, 98.4 to 100). Our meta-regression and subgroup analyses indicate that consecutive sampling of patients compared to convenience sampling provided higher sensitivity results for both ultrasonography and chest radiography. Consecutive versus nonconsecutive sampling and trauma versus nontrauma settings were significant sources of heterogeneity. In addition, subgroup analysis showed significant variations related to operator and type of probe used.

**Conclusions:** Our study indicates that ultrasonography is more accurate than chest radiography for detection of pneumothorax. The results support the previous investigations in this field, add new valuable information obtained from subgroup analysis, and provide accurate estimates for the performance parameters of both bedside ultrasonography and chest radiography for pneumothorax evaluation.

## Introduction

Chest ultrasonography (US) is gaining more attention in critical care and emergency medicine literature. US has been used recently for evaluation of pneumothorax and other lung pathologies. Several early trials [1-3] by Lichtenstein *et al.* established the diagnostic signs of

pneumothorax on US and showed a strong superiority in favor of US over chest radiography (CXR). Despite those and other cumulating original research evidence favoring ultrasonography, US remained underused. In fact, the most recent British thoracic society guidelines on pleural procedures and thoracic ultrasound stated that "The utility of thoracic ultrasound for diagnosing a pneumothorax is limited in hospital practice due to the ready availability of chest x-rays and conflicting data from published reports" [4]. During the years 2011 and 2012, an increasing number of original research publications compared US with CXR for pneumothorax evaluation,

\* Correspondence: salrajab@hotmail.com

<sup>1</sup>Department of Pulmonary, Critical Care and Sleep medicine, 1501 Kings Highway, Shreveport, LA 71103, USA

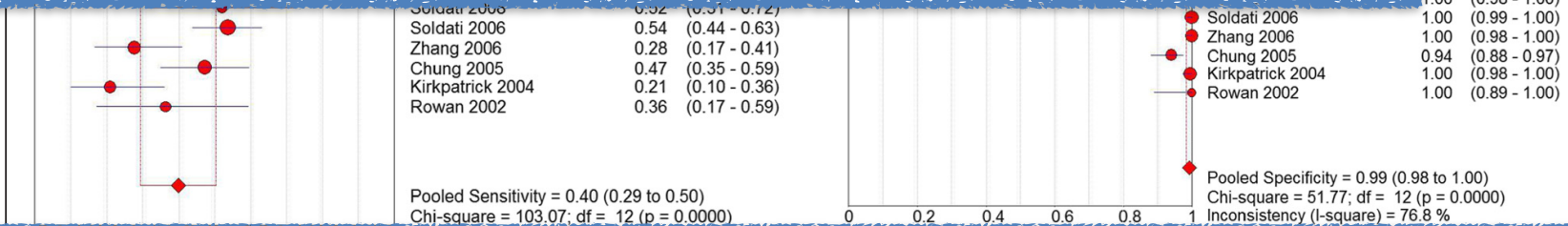
<sup>5</sup>Louisiana State University Health Sciences Center-Shreveport, 1501 Kings Highway, Shreveport, LA 71103, USA

Full list of author information is available at the end of the article

# Lung ultrasound more accurately rules out the diagnosis of pneumothorax than supine anterior chest radiography.

Intensive Care Med (2012) 38:577-591

Study	Specificity (95% CI)
Soldati 2006	0.95 (0.89 - 0.98)
Soldati 2006	1.00 (0.98 - 1.00)
Zhang 2006	1.00 (0.97 - 1.00)
Zhang 2006	0.99 (0.98 - 1.00)
Chung 2005	1.00 (0.97 - 1.00)
Chung 2005	0.99 (0.93 - 1.00)
Kirkpatrick 2004	1.00 (0.99 - 1.00)
Kirkpatrick 2004	1.00 (0.98 - 1.00)
Rowan 2002	1.00 (0.98 - 1.00)
Rowan 2002	1.00 (0.98 - 1.00)



# Lung ultrasound should be used in clinical settings when pneumothorax is in the differential diagnosis

Intensive Care Med (2012) 38:577-591

- Presence of lung point(s)
- Absence of lung sliding
- Absence of B-lines
- Absence of lung pulse

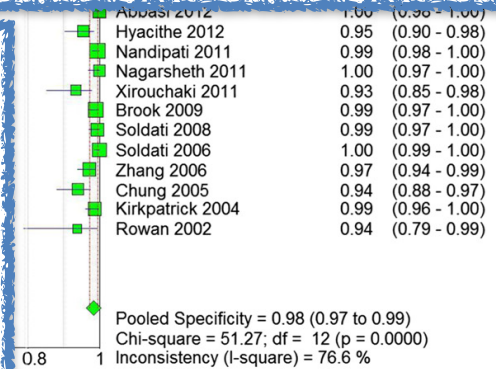
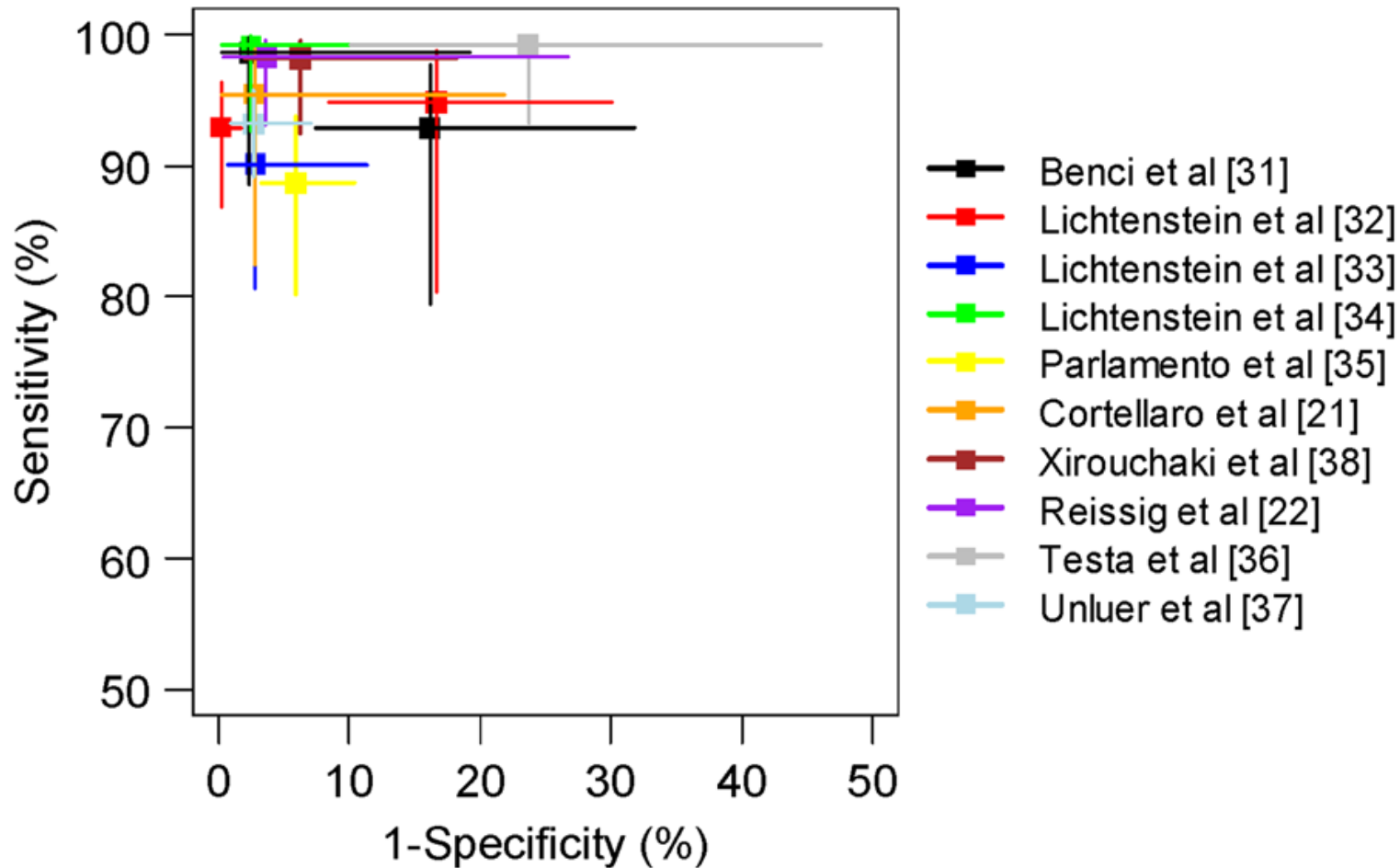


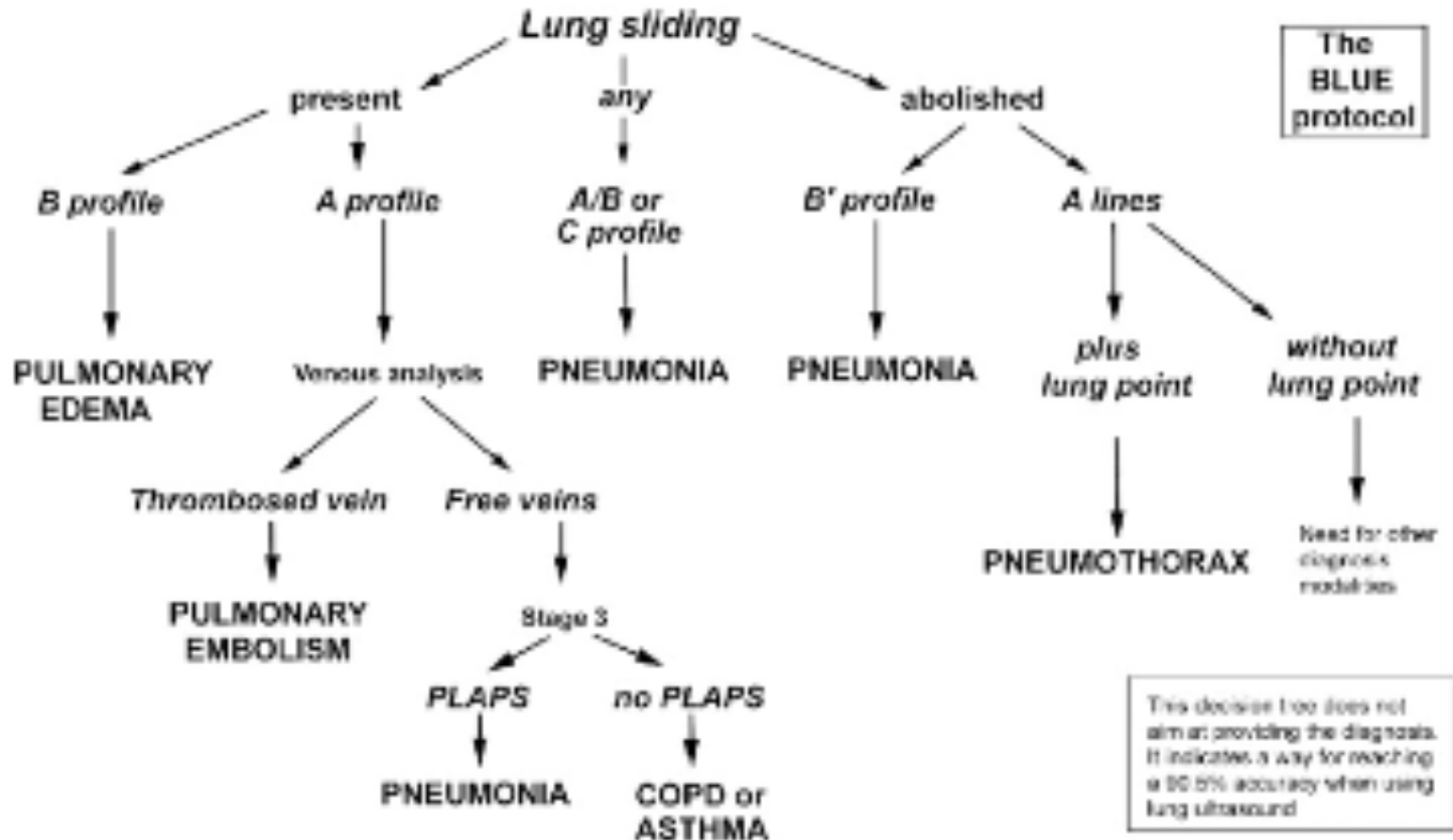
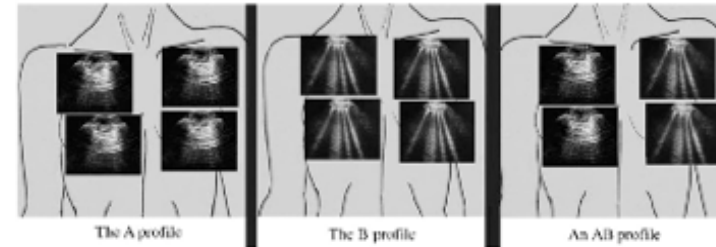
Figure 3 Forest plot showing specificity for various studies. Intensive Care Med (2012) 38:577-591

Chi-square (I<sup>2</sup>) describes the percentage of heterogeneity (I<sup>2</sup>).

# Pneumoni



# The BLUE protocol



# The BLUE protocol

## SENS

Pneumothorax 88%, KOL/astma 89%, Kardiellt lungödem 97%  
samt pneumoni 89%

## SPEC

Pneumothorax 100%, KOL/astma 97%, Kardiellt lungödem 95%  
samt pneumoni 94%

Table 4—Accuracy of the Ultrasound Profiles\*

Disease	Ultrasound Signs Used	Sensitivity, %	Specificity, %	Positive Predictive Value, %	Negative Predictive Value, %
Cardiogenic pulmonary edema	Diffuse bilateral anterior B + lines associated with lung sliding (B profile)	97 (62/64)	95 (187/196)	87 (62/71)	99 (187/189)
COPD or asthma	Predominant anterior A lines without PLAPS and with lung sliding (normal profile), or with absent lung sliding without lung point	89 (74/83)	97 (172/177)	93 (74/79)	95 (172/181)
Pulmonary embolism	Predominant anterior bilateral A lines plus venous thrombosis	51 (17/21)	99 (238/239)	94 (17/18)	98 (238/242)
Pneumothorax	Absent anterior lung sliding, absent anterior B lines and present lung point	88 (8/9)	100 (251/251)	100 (8/8)	99 (251/252)
Pneumonia	Diffuse bilateral anterior B + lines associated with abolished lung sliding (B profile)	11 (9/83)	100 (177/177)	100 (9/9)	70 (177/251)
	Predominant anterior B + lines on one side, predominant anterior A lines on the other (A/B profile)	14.5 (12/83)	100 (177/177)	100 (12/12)	71.5 (177/248)
	Anterior alveolar consolidation (C profile)	21.5 (18/83)	99 (175/177)	90 (18/20)	73 (175/240)
	A profile plus PLAPS	42 (35/83)	96 (170/177)	83 (35/42)	78 (170/218)
	A profile plus PLAPS, B', A/B or C profile	89 (74/83)	94 (167/177)	88 (74/84)	95 (167/176)

\*Data in parenthesis indicate No. of patients (total).

# Impact of lung ultrasound on clinical decision making in critically ill patients

- 189 mekaniskt ventilerade patienter.
- Lungultraljud ordinerades av ansvarig läkare vid behov tex pnemothoraxmisstanke, försämrad blodgas,etc
- Hos 188 hittades patologi, varav hos flertalet sågs bilateralt posterioert konsolidering, interstitiellt syndrom samt pleuravätska.

# The Use of Point-of-Care Bedside Lung Ultrasound Significantly Reduces the Number of Radiographs and Computed Tomography Scans in Critically Ill Patients

Adriano Peris, MD,\* Lorenzo Tutino, MD,\* Giovanni Zagli, MD,\* Stefano Batacchi, MD,\*  
Giovanni Cianchi, MD,\* Rosario Spina, MD,\* Manuela Bonizzoli, MD,\* Luisa Migliaccio, MD,\*  
Lucia Perretta, MD,\* Marco Bartolini, MD,† Kevin Ban, MD,‡ and Martin Balik, MD, PhD§

”A significant reduction in the total number of chest radiographs obtained (-26%;  $P < 0.001$ ) and CT scans (-47%;  $P < 0.001$ ) in comparison with the comparison group”

Beräknad kostnad för utbildning/utrustning 25000 Euro

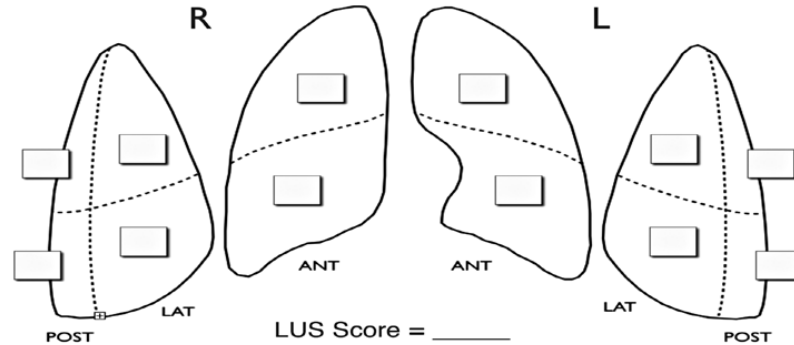
Beräknad kostnadsbesparing i minskad CXR/CT 27000 Euro

(Anesth Analg 2010;111:687-92)



 **LUNG ULTRASOUND**   
 Report Form

PATIENT NAME: ..... GENDER:  M  F DATE OF BIRTH: .....  
 OPERATOR: ..... EXAM DATE: ..... HOUR ..... STORAGE CODE .....  
 HISTORY: .....  
 SPONT VENTILATION: RR = ..... Resp Distress:  Yes  No DECUBITUS:  Sup  Lat  Pron  Semirec  
 MECH VENTILATION: a) Modality:  PCV  DuoPAP  ASV  PSV  SIMV  NIV  CPAP  
 b) Settings/Pattern: PEEP/Ps = ..... / ..... Ppeak ..... Pplat ..... RR ..... I:E ..... VT .....  
 EGA/EAB: pH ..... pCO2 ..... HCO3- ..... BE ..... PO2 ..... P/F ..... SpO2% ..... Hb .....  
 INDICATION:  DIAGNOSTIC  SCREENING  MONITORING  PROCEDURAL GUIDANCE  
 TYPE OF EXAM:  simplified  comprehensive  focused (ANT / POST)



**Legenda:** 0 = A-Pattern (or nearly normal); 1 = B-Pattern (B-lines >3/field, well spaced); 2 = B-Pattern (crowded, coalescent +/- subpleural consolidations) 3 = Consolidation\* E= Effusion\*; Pn = Pneumothorax\*\*;  
 NS= Sliding Abolition; LP=Lung Pulse \*(3 and E: characterize below in description) \*\*(indicate Lung Point(s) )

DESCRIPTION .....

DIAGNOSIS .....

Suspected  Not made  Second Opinion needed

-----  
 Signature

Figure 2.—Simplified report form for lung ultrasound in the ICU. With simple check-boxing and minimal typing, it allows for rapid reporting of diagnostic, screening, monitoring and procedure-guidance examinations. Visual representation of different explored regions (2 anterior, 2 lateral, 2 posterior, according to anatomical landmarks set by axillary lines) and number-coded rating of findings provide instantaneous perception of the overall lung ultrasound representation. Calculation of a lung ultrasound (LUS) score allows semi-quantification of the state of aeration of the entire lung. Additional free-text description and presumptive diagnosis complete the report. The examination can be conducted in a simplified manner (inspection at a single representative point per region), as comprehensive investigation (each intercostal space entirely inspected, with the worst finding per region considered for rating), or even as a focused, single-region examination (for example, just dorsal, to quantify a known effusion). For the purpose of correct interpretation, detailed history, clinical conditions, and ventilation are reported. Storage code for retrieval of images from an archive is indicated.